

## WE WANT YOU ON OUR TEAM!



The City of Dublin Parks and Community Services Department (P&CS) offers a rewarding working environment and can provide an excellent opportunity for work experience. P&CS offers:

Flexible Hours • Excellent Wages

Professional Development and Training Opportunities • Advancement Opportunities

TITLE	HOURLY PAY RANGES*		
Lifeguard/Swim Instructor I	\$12.00 - \$16.80		
Lifeguard/Swim Instructor II	\$14.40 - \$20.15		
Recreation Leader/Facility Attendant I	\$10.00 - \$14.00		
Recreation Leader/Facility Attendant II	\$12.00 - \$16.80		
Senior Recreation Leader/Senior Facility Attendant	\$14.40 - \$20.15		
Customer Service Assistant I	\$16.00 - \$22.40		
Customer Services Assistant II	\$19.20 - \$26.88		

<sup>\*</sup> Actual placement within range depends on your experience

## ACCEPTING APPLICATIONS NOW!

See complete job descriptions for full details and qualifications. Job descriptions and applications can be found at <u>CalOpps.org</u>. Search Member Agencies for City of Dublin, or for more information, call (925) 833-6645, or email <u>glentheguide@dublin.ca.gov</u>.

### **CHECK OUT OUR NEW GUIDE** TO DINING OUT IN DUBLIN!



Take your taste buds on a trip around the world, all from the comfort of Dublin's backyard! Our deliciously diverse community is home to a broad collection of international cuisine and dining establishments just waiting to be experienced. Whether you want a familyfriendly meal, a special night out, or a quick bite to eat, you will always sample something exceptional in Dublin.



Download our new restaurant and dining guide to find just what your taste buds are

January is California Restaurant month, and Visit Tri-Valley will once again offer randomly selected diners gifts of free meals and bottles of local wine. Follow the trail of goodwill on Twitter @SecretSommCA or on Instagram @SecretSomm. Dine in Dublin in January, and you may be one of the lucky winners!



#### All City offices will be closed for the following holidays:

Martin Luther King Day - Monday, January 18 Presidents' Day - Monday, February 15 Easter - Sunday, March 27 Memorial Day - Monday, May 30

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## **CALENDAR OF EVENTS**

#### **DancEscape Social**

Friday, February 12

Dublin Senior Center See page 47

#### **Artist Date: Love Collage**

Saturday, February 13

Dublin Heritage Park & Museums See page 9

#### **Be a Sustainable Citizen Workshop**

Thursday, February 25

Dublin City Hall See page 3

#### Teen Job Fair

Saturday, March 5

Dublin Senior Center See page 3

#### St. Patrick's Day Celebration

Saturday & Sunday, March 12 & 13

See inside back cover

Green & White Gala

Friday, March II

Pancake Breakfast

Saturday, March 12

Parade

Saturday, March 12

**Festival** 

Saturday & Sunday, March 12 & 13

Shamrock 5K Fun Run & Walk

Sunday, March 13 See page 41

#### **Summer Camp Registration**

Monday, March 15 (Dublin residents only)
See page 5

#### **Eggstravaganza**

Saturday, March 26

Emerald Glen Park See page 3

#### **Spring Book Sale**

Saturday & Sunday, March 26 & 27

Dublin Public Library See page 59

#### **Spring Break Camps**

April 4 – 8

See pages 28 & 29

#### **Youth Benefit Concert**

Sunday, April 10

**Dublin Senior Center** 

#### Farm-to-Table Exhibit

April 16 - July 31

Dublin Heritage Park & Museums See page 9

#### Farmers' Market

Thursdays, April 14 - September 22

**Emerald Glen Park** 

#### **Dublin Pride Week**

April 30 - May 7

See page 4

#### Be a Sustainable Citizen Workshop

Wednesday, May 4

Dublin City Hall See page 3

#### **Spring Faire**

Saturday, May 7

Heritage Park & Museums See page 9

#### Farm-to-Table Tea Lunch

Saturday, May 7

Heritage Park & Museums See page 9

#### Farm-to-Table Tea Lunch

Tuesday, May 10

Heritage Park & Museums See page 9

#### Bike to Work Day

Thursday, May 12

See page 4

#### **Swim Lesson Assessment Day**

Saturday, June 4

Dublin Swim Center See page 14



## BE A SUSTAINABLE CITIZEN Waste Prevention Workshops

Thursday, February 25 Wednesday, May 4 6:30-8:30 PM

Regional Meeting Room, Dublin City Hall

This interesting and engaging workshop will explain how we are all part of the solution to reducing our resource consumption of waste, energy, water and more. The workshop will focus on the principles of "Sustainable in 10"—ten actions that cost no money, create cost savings, and reduce your environmental footprint. The average "sustainable citizen" household can save over \$550 per year, while simultaneously eliminating tons, literally, of carbon dioxide per year  $(CO_2)$ , thus reducing greenhouse gas emissions.

Workshops are free, but space is limited and registration is required. Register at es@dublin.ca.gov (preferred) or call (925) 833-6630.

## Eggstravaganza

SATURDAY, MARCH 26 8:30 AM, 10:00 AM & 11:30 AM Emerald Glen Park

Rain or Shine

Eggciting Egg Hunt • Bounce Houses
Photos with Peter Rabbit and Flopsy
Crafts • Entertainment

Childen must be pre-registered to participate in activities (parents and grandparents are free).

Space is limited so register early!

Dublin Residents: \$14 per child Non-Residents: \$17 per child 8:30 AM Activity #40475 10:00 AM Activity #40474 11:30 AM Activity #40473

On-site registration is not available. Register online at www.DublinRecGuide.com or complete a registration form and mail or drop off at Shannon Community Center. Call (925) 556-4500 for more information.





Saturday, March 5 • 12 PM - 4 PM
Dublin Senior Center
7600 Amador Valley Blvd., Dublin 94568

FOR AGES 14–19 FREE ADMISSION! FREE FOOD FOR JOB SEEKERS!

Meet with Employers • Apply for Jobs • Mock Interviews Resumé Workshops • How to Sell Yourself & More!

Bring a copy of your resumé, and dress in professional attire

Info: 925.556.4500 or glentheguide@dublin.ca.gov

Don't Miss Your Chance For a Summer Job!













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## Saturday, April 30 through Saturday, May 7

**Dublin Pride Week** is an annual event that promotes a positive image for the City of Dublin. The events encourage people to work to improve our world through environmental awareness and volunteerism.

The following events and activities will be occurring throughout the week:

**Volunteer Day – Saturday, April 30** from 8 AM to 12 noon. **Volunteers are needed** to help with Senior Assistance, School and Park Beautification and Creek Clean-up Projects. Volunteers will be invited to a free BBQ, hosted by the Dublin Lions Club, at Emerald Glen Park following all volunteer activities.

Household Hazardous Waste (HHW)
Collection and Compost Give-a-Way

**Day – Saturday, May 7**. A detailed flyer describing this event, including appointment information, will be mailed to all single-family residences in April.

Food Drive – Food will be collected on Volunteer Day at grocery stores in Dublin. The donations will be presented to food banks that service the Dublin community, including the Children's Emergency Food Bank.

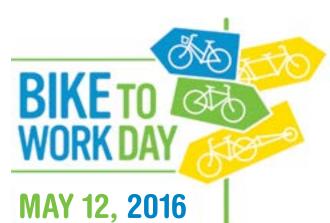
Poster & Essay Contest for students, grades K-12. Prizes include certificates for all participants, gift cards, and City Council recognition for the winners.

#### Sustainable Citizen Workshop -

Wednesday, May 4, 6:30 – 8:30 PM. Be part of the solution to reducing our resource consumption of waste, energy, water and more. The workshop focus is "Sustainable in 10" – ten actions that help you save money and reduce your carbon impact on the community.

To volunteer or to obtain more information about any of the Pride Week activities, please visit www.dublinprideweek.com or call (925) 833-6630.





Multiple ENERGIZER STATIONS will be set up throughout Dublin!

7 to 9 AM

For Bike to Work Day info and other National Bike Month activities, visit www.dublin.ca.gov/btwd.



## BE PREPARED

**DUBLIN'S EMERGENCY ALERT SYSTEM**Be informed in the event of an emergency

It is important that we are prepared for emergencies that could face our community. The City posts important information, including emergency tips to keep you, your family, and your home safe in the event of an emergency.

To learn more, go to:

www.dublin.ca.gov/DisasterPrep

In the event of an emergency, we will post information on our City website, and we will also send notifications to residents who sign up to receive Emergency Alerts. Please sign up at:

www.dublin.ca.gov/Alerts





Thank you to our event sponsors, our restaurant and winery community, local businesses, and residents for your support and participation at Splatter 2015. Your generosity, as well as the support from our media partners, greatly contributed to the success of this year's event!







MORE CARS, MORE DEALS AND BETTER SERVICE!



18/8 Men's Salon | Avalon Dublin Station
Blue Waters Marketing | Comcast
Intero Chiropractic | JEI Learning Center

Persimmon Place | Waterford Dental



## DUBLIN RENTAL FAGILITIES

#### **SHANNON COMMUNITY CENTER**



- 6,000-square foot banquet hall seats 300
- Lobby available as a pre-function area
- · Full catering kitchen
- · Perfect setting for weddings, parties or fundraising/gala
- Floor to ceiling windows overlooking the creek below



#### DUBLIN SENIOR CENTER

- Ballroom seats 208 for dining, 248 for assembly; can be divided
- · Full catering kitchen
- · Bamboo floor, raised stage, and two beautifully landscaped outdoor patios
- · Lobby available as a pre-function area or for a grand buffet









#### **Dublin Civic Center**

Regional Meeting Room — 80 dining/125 assembly; podium, built-in screen; kitchenette

Council Chambers — Theater-style seating for 142/panel seating for 11; 2 podiums, 2 built-in projectors and screens

#### **Dublin Library Community Room**

1,830 square feet, accommodates 80 dining/125 assembly; PA system, video projection system with inputs for a laptop, and presentation screen; fabric wall for hanging items; built-in dry-erase board; kitchenette

#### **Swim Center**

Pool — Available for rental February through Labor Day; includes lifeguard

Picnic Area — Seating for 60; available during Recreational Swim hours





## ...FOR YOUR NEXT SPECIAL OCCASION

#### ST. RAYMOND CHURCH



- Traditional church pews seat 84
- Intimate, historical setting is ideal for small weddings, baptisms, recitals, funerals, memorials and lectures
- Oldest wooden church in Alameda County



#### HERITAGE PARK SUNDAY SCHOOL BARN

- · Seats 88 for dining, 110 assembly
- · Rustic stage with built-in lighting and sound system
- Picnic area with barbeques and grounds included in rental







#### **Group Picnic Areas**

**Emerald Glen Park** — Three separate picnic areas:

- Areas A, B, and C: seating for up to 200; large barbecues, sinks, prep counters and electrical outlets; adjacent to bocce ball courts, soccer fields, cricket field, children's play area, and restrooms
- Area D: seating for up to 36; barbecues; adjacent to tennis courts, children's play area, and restrooms
- Area E: seating for up to 24; barbecues; adjacent to children's play area, and restrooms

Kolb Park — Area A has seating for up to 48; barbecues; located beneath a shade structure; tennis courts and restrooms nearby Schaefer Ranch Park — Area A has seating for up to 64; barbecues; located beneath a shade structure; adjacent to children's play area and restrooms

#### **Sports Fields and Courts**

Dublin Sports Grounds, Dublin High School Tennis Complex, Stager Community Gymnasium, Emerald Glen Park, Ted Fairfield Park and Fallon Sports Park — Fields for softball, baseball, cricket, lacrosse and soccer; courts for basketball and tennis

### PARK & MUSEUMS

#### **Dublin Heritage Park and Museums**

At the Corner of Dublin Boulevard and Donlon Way 6600 Donlon Way, Dublin, CA 94568 (925) 452-2100

#### Hours

Park is open daily during daylight hours, 365 days per year
Murray Schoolhouse is open Wednesday, Thursday, Saturday and Sunday, 1:00-4:00 PM
Open Tuesday from 7:00-9:00 PM
Closed on Monday and Friday, City holidays and St. Patrick's Day Celebration, March 12 & 13
Kolb House is open selected Saturdays and Sundays, 1:00-4:00 PM, please call for details
Free admission

#### Plan Your Visit

Dublin's Heritage Park provides a picturesque environment to walk, relax, picnic, play, and explore Dublin's heritage. Historic buildings preserved within the park include the St. Raymond Church (1859), Murray School (1856), the Kolb family house (1911) barns, and outbuildings. The grounds include vegetable and flower beds reminiscent of those common in the Kolbs' day.

The Heritage Park is adjacent to Dublin's Pioneer Cemetery, which was established in 1859. A walk along the path in the shade of giant oak and walnut trees takes visitors back in time. Inscriptions on old tombstones and historical signs provide an easy history lesson.

Park restrooms are located in the Old House building. The park has picnic and game tables and an area for children's imaginative play behind the Sunday School Barn. The Sunday School Barn, St. Raymond Church, and the picnic tables are occasionally closed for private events.

#### Visit the Murray Schoolhouse, Museum of Local History

The historic Murray Schoolhouse is open for self-guided tours during regular museum hours. The permanent exhibit allows you to follow the journey settlers as they travel from Ireland, live in New York, cross the great plains, and arrive in Dublin in 1846.

#### Visit the Kolb House, Historic House Museum

This 1911 Craftsman bungalow was the home of the Kolb family who lived and farmed in Dublin from 1900-2006. The house contains original furniture, décor and personal items that reveal the everyday lives of a typical family farm. Room exhibits and hands-on activities change with the seasons to reflect the real lives of this Dublin area farming family.

#### **Walking Tours**

Grab a walking tour map for a self-guided tour of Heritage Park and nearby sites of historic interest. Maps are available at the Murray Schoolhouse and the Sunday School Barn.

#### **Docent-Led Tours**

Guided tours offer links and lessons to local and California history. Tours can be customized for your school, group, and club or corporate outing. Tours begin in St. Raymond Church with an orientation video, and proceed to the Murray Schoolhouse, the Dublin Pioneer Cemetery and the Kolb House. Additional activities—including tractor and wagon rides, gold panning, a cemetery scavenger hunt, and tea or lemonade served with cookies—can be arranged when you make your reservation. Basic tour fee is \$3.50 per person. Reservations are required. For tour reservations and the full menu of add-on activities and prices, call (925) 556-4501.



#### SPECIAL EXHIBIT

#### Farm-to-Table: Dublin's Farmers

Opens April 16, through July 31 Little Classroom

Explore Dublin's farming past and the lives of farmers in this valley. This exhibit highlights the Kolb Family and how they interacted with other farmers and businesses in the region. The Kolbs would take cattle to Moller Ranch for butchering. Walnuts went to Travis Boone's place. Chicks and eggs were sent to Hayward and then off to foreign markets. Bushels of tomatoes were shared. Photos and personal documents help tell the story of how Dublin's farmers cooperated with kin and community.

#### **SPECIAL EVENTS**

#### **Artist Date: Love Collage**

Saturday, February 13, 7:00-10:00 PM Kolb Sunday School Barn

\$25 Residents, \$30 Non-Residents Activity #40038

Do you have a couple of great old photos that hold a special place in your heart? Turn those beloved images of a parent, grandparent, first love or favorite pet into an original work of art. Treat yourself to a fun, creative "adults only" evening, crafting a frame-worthy collage to celebrate your happiest memories. No crafting experience is necessary, as an artist guides and inspires you with examples from the past. Bring your photos and any related small mementos, such as fabric scraps, medals or pressed flowers. We'll provide fabulous embellishments and all the other supplies you need to preserve and display your memories. Work at your own pace with breaks to enjoy a glass of wine or fancy coffee drink and an indulgent dessert, listen to live music, catch up with friends or make new ones.

#### **Spring Faire**

#### Saturday, May 7, 1:00-4:00 PM

Free admission; Activities wristband \$5 per person

Celebrate springtime in the country with farm activities, lively bluegrass music and fresh foods straight from the garden. Take a tractor-drawn wagon ride, milk a 'cow,' churn butter and ice cream. Children can work in the garden with small tools and learn about historic gardening. Farm vendors will sell unique products and demonstrate sustainable practices. Our Upcycling DIY Project Pen gives creatives of all ages an opportunity to create with recycled materials and take home one-of-a-kind crafts. Visit our Farm-to-Table exhibit in the Schoolhouse and tour the home of Dublin's farm family, the Kolbs, to see what they'd be up to on this day in 1949.

#### **Volunteer**

Help us share Dublin's history by volunteering at Dublin Heritage Park and Museums. Contact us to learn how you can lead site tours, assist with the park's numerous year-round events, work in the library, or perhaps even help in the gardens. With so many different volunteer opportunities there's sure to be something of interest to you. For more information, call (925) 452-2100.

#### **TEAS**

#### Farm-to-Table Tea Lunch

Saturday, May 7 at 11:00 AM Kolb Sunday School Barn

\$25 per person, all ages Activity #40537

Tuesday, May 10 at 2:00 PM Kolb Sunday School Barn

\$25 per person, all ages Activity #40538

Taste the freshness of spring. Our springtime tea lunches center on locally grown produce. Enjoy a selection of farmhouse treats and lively music, served up inside our rustic Sunday School Barn, which is beautifully decorated with gorgeous flowers from our gardens.



#### TRADITIONAL MUSIC JAMS

Dublin welcomes both musicians and music fans to enjoy traditional music in our Murray Schoolhouse Little Classroom on Tuesday evenings. Enter through the Museum entrance. Admission is free, however donations are gladly accepted and help support the Dublin Heritage Park and Museums.

#### **Bluegrass Jam**

**2nd & 4th Tuesday of the month, 7:00-9:00 PM** For more information, call (925) 462-7667.

#### Irish/Old-Tyme Music Jam

**1st & 3rd Tuesday of the month, 7:00-9:00 PM** For more information, call (925) 829-4269.



## SWINING

### & AQUATICS

#### **Dublin Swim Center**

8157 Village Parkway, Dublin, CA 94568 (925) 556-4590

The Dublin Swim Center is conveniently located next to Dublin High School. This community facility includes two heated swimming pools—a wading pool for preschool-aged children, and the main pool which features a shallow tot area, waterslide, lap area, and deep end with a 1-meter diving board.

Aquatics programs include:

- · swim lessons for all ages
- · recreational swimming
- lap swimming
- competitive swimming classes
- · certification classes

#### **Spring Office Hours**

**April 26 - May 26** 

Tue & Thu, 5:00-7:30 PM

May 31 - June 10

Mon-Fri, 3:00-7:30 PM

May 7 - June 12

Sat & Sun, 1:00-5:00 PM

#### **Recreational Swimming**

May 7 - September 5<sup>‡</sup>

Sat & Sun, 1:00-5:00 PM

June 13 – August 19

Mon-Fri, 1:00-4:30 PM

June 20 – August 17

Mon & Wed, 7:00-9:00 PM

<sup>‡</sup> includes Memorial Day on 5/30 and Labor Day on 9/5

**Daily Admission Fees** 

All Ages \$4

Swim Passes (15 swims)\*

Resident \$53 Non-Resident \$60

#### Family Season Passes\*

A family pass can save you money and be more convenient! Family passes may be used during recreational swim hours from May 7 to September 5, 2016, by any immediate family member residing at the same address (maximum of 6 people).

Resident \$165 Non-Resident \$198

#### Lap Swim/ Water Walking

Swimming is one of the best forms of exercise. Swimming is especially beneficial to those

who are pregnant, have back problems

or sore joints. Lanes and equipment are provided.

Swimmers of all abilities are welcome. Lap Swimming is conveniently offered at the same time as swimming lessons—take advantage of this opportunity to get some exercise while your child takes lessons. Circle swimming may be enforced in order to accommodate more swimmers if it is crowded.

#### **Spring Schedule**

May 9 - June 10

Mon/Wed/Fri, 6:00-8:00 PM

April 26 - June 9

Tue/Thu, 5:00-8:00 PM

#### Fees

Adult/Teen \$3.75 Senior \$3.50

Passes (15 visits)\*

Resident \$48.75 Non-Resident \$56.25

\* Passes are valid for the 2016 season and are non-transferable.

Refunds will not be issued for unused visits.





#### **AMERICAN RED CROSS**

#### **Lifeguard Training and Title 22**

This course provides all of the training necessary to gain employment as a lifeguard. Those completing the program will receive certification in American Red Cross Lifeguard Training (valid two years and includes First Aid), CPR/AED for Lifeguards (valid two years), and Administering Emergency Oxygen (valid one year). This course also includes Title 22 – First Aid for Public Safety Personnel, which is a requirement for lifeguards. Pre-requisites: 15 years old on or before the last day of class, ability to swim continuously for 300 yards, tread water for 2 minutes using only the legs, and complete a timed brick retrieval. **Class is held rain or shine.** 

15 Years+

DATE	DAY	TIME	FEE (R/NR)	ACT #
4/4-4/8*	Mon-Fri	9:00 AM-5:00 PM	\$251/\$301	40667
4/24-5/15*	Sun	8:30 AM-5:30 PM	\$251/\$301	40670
6/13-6/17*	Mon-Fri	9:00 AM-5:00 PM	\$251/\$301	40668

<sup>\*</sup> classes include 10 hours of online homework in addition to the in-person sessions

#### **Water Safety Instructor Class**

Our comprehensive course provides you with the knowledge necessary to teach American Red Cross swimming and water safety classes. Students will learn to teach aquatic skills and address issues common in the teaching environment. Individuals successfully completing this course will be qualified to issue certificates in swimming and water safety. This course includes Fundamentals of Instructor Training (FIT). A pre-course written test and skills test will be given at the first class session. Students must attend all classes to receive certificates. **Class is held rain or shine.** 

16 Years+

DAY	DATE	TIME	FEE (R/NR)	ACT#
4/30-5/21	Sat	9:00 AM-5:00 PM	\$201/\$241	40672



#### **Green Gator Swim Team**

Last year's first place Dublin Green Gators is a summer recreational swim team that participates in the Tri-Valley Swim League. Anyone 18 or under who has not attended college on or before June 1, 2015, and has not competed or practiced with a U.S. Swim Team since January 1, 2015, is eligible to participate. The season will begin with daily practices starting Tuesday, May 31, and it will end with the Tri-Valley Swim League Championship Meet on July 30. This is a popular program and space is limited, so register early! Minimum skills include the ability to safely swim 25-yards (one lap of the pool) using two of the four competitive swimming strokes (freestyle, backstroke, breaststroke, butterfly). Registration begins on Thursday, February 11 at 6:00 PM. Class is held rain or shine.

May 31 - July 30

AGE	BOYS	GIRLS	FEE (R/NR)
6 Years & under	40390	40389	\$275/\$330
7-8 Years	40388	40387	\$275/\$330
9-10 Years	40386	40385	\$275/\$330
11-12 Years	40396	40395	\$275/\$330
13-14 Years	40394	40393	\$275/\$330
15-18 Years	40392	40391	\$275/\$330

#### **Junior Green Gator Swim Team**

Participants will learn about competitive swimming in a non-competitive environment. Practices are held three times per week, and participants will showcase their improvement during two non-competitive swim meets. Swim meets will be held on July 15 and August 12 at 4:30 PM. This program is designed for children who would like to ease into the competitive swimming environment. Minimum skills include the ability to safely swim 25 yards (one lap of the pool) using any of the four competitive swimming strokes (freestyle, backstroke, breaststroke, or butterfly). Registration begins on Thursday, March 3 at 6:00 PM. **Class is held rain or shine.** 

June 21 - August 11: Tue, Wed, Thu

AGE	TIME	FEE (R/NR)	ACT #		
7 Years & under	10:15 AM-11:00 AM	\$120/\$144	40381		
7 - 14 Years	5:00 PM-6:00 PM	\$120/\$144	40384		
8 & 9 Years	11:00 AM-12:00 PM	\$120/\$144	40382		
10 - 14 Years	12:00 PM-1:00 PM	\$120/\$144	40383		



#### **Competitive Stroke: Pre-Season** Conditioning

This class will focus on building endurance for the upcoming summer swim season. Proper swimming technique will be covered, but it will not be the primary focus of this class. Participants must be able to swim 25 yards using any two competitive strokes. **Class is held rain or shine.** 

Session I: April 18 – May 6 (9 Classes)

AGES	DAY	TIME	FEE (R/NR)	ACT#
6 - 10 Years	Mon/Wed/Fri	6:00-7:00 PM	\$76/\$91	40682
11 - 18 Years	Mon/Wed/Fri	7:00-8:00 PM	\$76/\$91	40683

#### Session 2: May 9 – May 27 (9 Classes)

AGES	DAY	TIME	FEE (R/NR)	ACT#
6 - 10 Years	Mon/Wed/Fri	6:00-7:00 PM	\$76/\$91	40684
11 - 18 Years	Mon/Wed/Fri	7:00-8:00 PM	\$76/\$91	40685

#### Want to be Part of Our **Award-Winning Team?**

If you are energetic, responsible, and enjoy working with people, you might be just right for a position at the Dublin Swim Center. Applications are being accepted for the following positions: Assistant Pool Manager, Lifeguard, Swim Instructor and Cashier. Offers of employment are contingent upon successful completion of the required certification courses. See our ad on the inside front cover of this Guide. For more information,



#### **Competitive Stroke: Advanced Swimming Techniques**

These classes are designed to increase the effectiveness and efficiency of the specific strokes listed for each session. Swimmers will participate in drills and games that focus on the details of each stroke. Participants must be able to swim 25 yards of each stroke covered in the session. Class is held rain or shine.

#### Session I: Freestyle and Backstroke April 19 - 28 (4 Classes)

AGES DAY		TIME	FEE (R/NR)	ACT#
6 - 10 Years	Tue/Thu	6:00-7:00 PM	\$43/\$52	40675
11 - 18 Years	Tue/Thu	7:00-8:00 PM	\$43/\$52	40676

#### Session 2: Breaststroke and Butterfly May 3 - May 12 (4 Classes)

AGES	DAY	TIME	FEE (R/NR)	ACT #
6 - 10 Years	Tue/Thu	6:00-7:00 PM	\$43/\$52	40677
11 - 18 Years	Tue/Thu	7:00-8:00 PM	\$43/\$52	40678

#### Session 3: Starts and Turns May 17 – 26 (4 Classes)

AGES	DAY	TIME	FEE (R/NR)	ACT #
6 - 10 Years	Tue/Thu	6:00-7:00 PM	\$43/\$52	40679
11 - 18 Years	Tue/Thu	7:00-8:00 PM	\$43/\$52	40680



**Dublin Swim Center** 

(925) 556-4590

#### **SWIMMING LESSONS**

The City of Dublin's swim lesson program is designed to promote learning in a safe and comfortable swimming environment. Our instructors are fully trained with the latest swimming and water safety instructional techniques.

Please read the course descriptions carefully before you select a class, to ensure that the student is placed in the appropriate level. Classes are available for all ages and abilities. Each level of the program includes training in basic water safety, in addition to the skills outlined below.

Swim lessons are held rain or shine.

#### **Tiny Tots and Toddler Lessons**

#### Pollywogs – Ages 6 months to 2 years Guppies – Ages 3 years to 4 years

Are you looking to start your young child's relationship with the water? This water exploration class is designed to give young students exposure to water safety and swimming techniques. The adult is the primary instructor for the student and will be required to be in the water. All classes will be directed by an instructor who will lead the class through age-appropriate water games and beginning swimming techniques to enhance the child's comfort in the water.

#### Preschool Lessons (Ages 3 – 5 years)

For the following levels, the student must be willing to work without a parent in the water.

#### **Minnows PS1: Water Exploration**

Do you want to start your child in swimming lessons? This class focuses on the most elementary aquatic skills which your child will continue to build on as they progress through the swim lesson levels. At this first level, children start developing good attitudes and safe practices through supported teaching techniques that will enhance their comfort in and around the water.

#### **Starfish PS2: Primary Skills**

The objectives of this class are to build on the basic aquatic skills learned in the Minnows class and to give participants further success with fundamental aquatic skills performed to a slightly more advanced degree than at the Minnows class. This level marks the beginning of independent aquatic locomotion skills.

**Prerequisite:** Completion of Minnows or equivalent course

#### **Seahorse PS3: Stroke Readiness**

This class is designed for children that can swim on their front and back for a minimum of 15 feet and are comfortable submerging themselves underwater. Participants continue to improve coordination of combined arm and leg actions. As in all levels, additional safety skills will be presented.

**Prerequisite:** Completion of Starfish or equivalent course

#### Youth Lessons (Ages 6 – 14 years)

#### Otters Y1: Introduction to Water Skills

Do you want to start your child in swimming lessons? This class focuses on the most elementary aquatic skills which your child will continue to build on as they progress through the swim lesson levels. At this first level, children start developing good attitudes and safe practices through supported teaching techniques that will enhance their comfort in and around the water.

#### **Sunfish Y2: Fundamental Aquatic Skills**

The objective of this class is to give participants success with fundamental skills. Participants learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop arm and leg actions on the front and back that lay the foundation for future strokes.

**Prerequisite:** Completion of Otters or Minnows

#### **Whales Y3: Stroke Development**

This class is designed to build on previously learned skills by providing additional guided practice. Participants learn to survival float, swim the front crawl and elementary backstroke. The scissors and dolphin kicks are introduced and participants build on the fundamentals of treading water. Participants also learn rules for headfirst entries and learn to enter the water headfirst from a seated position at poolside.

**Prerequisite:** Completion of Sunfish or Starfish

#### Marlins Y4: Stroke Improvement

Participants continue to improve their skills and increase their endurance by swimming familiar strokes at greater distances. Participants add the arms to the scissors kick for the sidestroke. Participants also start to learn the back crawl, breaststroke, and butterfly and the basics of turning at a wall

**Prerequisite:** Completion of Whales

#### **Dolphins Y5: Stroke Refinement**

The purpose of this class is to improve coordination and refinement of strokes. Participants refine their performance of all the strokes and increase their distances. Flip turns on the front and back are also introduced. This class is designed for youths that can swim at least 15 yards in each swimming stroke.

**Prerequisite:** Completion of Marlins

#### **Sharks Y6: Swimming and Skill Proficiency**

Do you think your child has learned all they can about swimming? Guess again! This Sharks class is designed for youths that can swim at least 25 yards in each swimming stroke. Students will continue to work on advanced stroke technique and endurance while learning advanced swimming and water safety techniques.

**Prerequisite:** Completion of Dolphins or equivalent course

#### **Private Swimming Lessons**

Instruction is available on a one-to-one basis for both children and adults. Private lessons are for those who want more individualized attention. Private lessons are 25 minutes in length and held rain or shine. Children must be at least 3 years old to participate in private lessons.

#### **SWIMMING LESSONS**

#### **Swim Lesson Assessment Day**

#### Saturday, June 4, 10:00 AM-12:00 PM Assessment periods will begin every 15 minutes

This is an opportunity for participants to spend a few minutes in the water with one of our experienced swim instructors. Participants will be separated into small groups based on ability. Swim instructors will review standard swimming techniques and give their recommendation of which level the participant should enroll in.

#### **Spring Session 1:**

April 26 - May 12; Tuesday & Thursday (6 Classes)

CLASS LEVEL	FEE (R/NR)	5:00 PM	5:30 PM	6:00 PM	6:30 PM
Pollywogs	\$35/\$41	_	40241	_	_
Guppies	\$35/\$41	40233	_	_	40234
Minnows PS1	\$50/\$59	40353	40354	40355	_
Starfish PS2	\$50/\$59	40260	_	40373	40261
Seahorse PS3	\$50/\$59	_	40272	40273	_
Otters Y1	\$50/\$59	_	40221	_	40222
Sunfish Y2	\$50/\$59	_	40293	_	_
Whales Y3	\$50/\$59	40303	_	40302	40304
Marlins Y4	\$42/\$50	_	40318	_	_
Dolphins Y5	\$42/\$50	_	_	40367	_
Sharks Y6	\$42/\$50	40326	_	_	40327
Private	\$240/\$288	40334	_	40335	40336

Spring Session 2: May 17 – June 2; Tuesday & Thursday (6 Classes)

CLASS LEVEL	FEE (R/NR)	5:00 PM	5:30 PM	6:00 PM	6:30 PM
Pollywogs	\$35/\$41	40243	_	_	_
Guppies	\$35/\$41	_	40235	_	_
Minnows PS1	\$50/\$59	40356	40357	40358	
Starfish PS2	\$50/\$59	40262	40263	_	40264
Seahorse PS3	\$50/\$59	40274	_	40275	_
Otters Y1	\$50/\$59	40223	_	40224	40225
Sunfish Y2	\$50/\$59	_	40294	40375	40299
Whales Y3	\$50/\$59	40305	40306	40307	40308
Marlins Y4	\$42/\$50	_	40319	_	40320
Dolphins Y5	\$42/\$50	_	_	40368	40369
Sharks Y6	\$42/\$50	_	_	_	40328
Private	\$240/\$288	40337	40338	40351	_



#### Saturday Session: April 30 – May 21 (4 Classes)

CLASS LEVEL	FEE (R/NR)	10:00 AM	10:30 AM	11:00 AM	11:30 AM
Pollywogs	\$23/\$28	40245	_	40246	40247
Guppies	\$23/\$28	_	40236	_	_
Minnows PS1	\$33/\$40	40359	_		40360
Starfish PS2	\$33/\$40	_	40265	40266	_
Seahorse PS3	\$33/\$40	_	40276		_
Otters Y1	\$33/\$40	40226	_		40227
Sunfish Y2	\$33/\$40	_	40295	40300	_
Whales Y3	\$33/\$40	40309	40310		40316
Marlins Y4	\$28/\$34	40321	_	40322	_
Dolphins Y5	\$28/\$34	_		40370	_
Sharks Y6	\$28/\$34			<u> </u>	40329
Private	\$160/\$192	40339	40340	40341	40342

#### Sunday Session I: May I – May 22 (4 Classes)

			,		
CLASS LEVEL	FEE (R/NR)	5:00 PM	5:30 PM	6:00 PM	6:30 PM
Pollywogs	\$23/\$28	_	40248	_	
Guppies	\$23/\$28	40237	_	_	
Minnows PS1	\$33/\$40	40361	_	40362	_
Starfish PS2	\$33/\$40	_	40267	_	40268
Seahorse PS3	\$33/\$40	40277	_	40278	
Otters Y1	\$33/\$40	_	40228	_	40231
Sunfish Y2	\$33/\$40	_	_	40301	
Whales Y3	\$33/\$40	40311	40317	_	40312
Marlins Y4	\$28/\$34	_	_	40323	40324
Dolphins Y5	\$28/\$34	40371	_	_	_
Sharks Y6	\$28/\$34		40330		
Private	\$160/\$192	40343	40344	40345	40346

#### **Sunday Session 2:** June 5 – June 26 (4 Classes)

CLASS LEVEL	FEE (R/NR)	5:00 PM	5:30 PM	6:00 PM	6:30 PM
Pollywogs	\$23/\$28	40250	_	40251	_
Guppies	\$23/\$28	_	40239	_	40240
Minnows PS1	\$33/\$40	40363	40364	40365	40366
Starfish PS2	\$33/\$40	40269	40270	_	40271
Seahorse PS3	\$33/\$40	_	40279	40780	_
Otters Y1	\$33/\$40	40229	_	_	40230
Sunfish Y2	\$33/\$40	40296		40297	40298
Whales Y3	\$33/\$40		40313	40314	40315
Marlins Y4	\$28/\$34	40325		_	
Dolphins Y5	\$28/\$34		40372	_	_
Sharks Y6	\$28/\$34			40331	_
Private	\$160/\$192	40347	40348	40349	40350



#### **Teen and Adult Swimming Lessons**

Whether you want to overcome a lifelong fear of the water, or just want to improve on stroke techniques, this class can help. Instruction is individualized for each student. This class is also ideal for pre-teens who have not yet learned to swim and may not feel comfortable in the regular lesson program. **Class is held rain or shine.** 

4 Classes Instructor: Dublin Swim Center

#### 12 Years+

DAY	DATE	TIME	FEE (R/NR)	ACT#
Tue/Thu	4/26-5/12	7:00-7:45 PM	\$50/\$59	40376
Tue/Thu	5/17-6/2	7:00-7:45 PM	\$50/\$59	40377
Sat	4/30-5/21	12:00-12:45 PM	\$33/\$40	40378
Sun	5/1-5/22	6:00-6:45 PM	\$33/\$40	40379
Sun	6/5-6/26	7:00-7:45 PM	\$33/\$40	40380

#### **Private Pool Rentals**

The Dublin Swim Center is available for private rentals. It's the perfect place to have a school or class party, company picnic, family reunion or other special event. Fees are reasonable and include lifeguard services. Reservations may be made by calling the Parks & Community Services Department at (925) 556-4500.



#### **ACTIVITIES & SPORTS**

#### **DUBLIN PRESCHOOL PROGRAM**

#### **DUBLIN PRESCHOOL AT SHANNON COMMUNITY CENTER**

11600 Shannon Avenue

#### **DUBLIN PRESCHOOL AT DUBLIN ELEMENTARY SCHOOL**

7997 Vomac Road

#### Fall 2016-2017, Session I Registration

Priority registration for Session III enrolled students, their siblings, and current Little Lovies participants:

February 25 at 8 AM - March II at 8 AM

**Dublin Residents:** 

March 24 at 8 AM - April 8 at 8 AM

Non-Residents:
April 14 at 8 AM

#### 2015-2016 Schedule

#### Session III: 2/29 - 5/20

Join us for a nurturing two-, three-, or four-day thematic-based preschool program with an exciting curriculum that's fun and engaging, and includes parent participation. Staff fosters a warm and caring environment, where each child is free to express themselves, learn new preschool skills, and simply have fun! Students are taught basic social and emotional development, language, communication skills, pre-reading, and cognitive processing skills. We also offer special activity days, both on- and off-site.

Proof of age is required for final acceptance of registration. Children must be fully potty-trained; this program is designed for children who are completely responsible for their own toileting needs without diapers, Pull-ups, or disposable underwear of any kind.

This is a parent-participation preschool program where parents are encouraged to assist in the classroom a minimum number of times as follows, depending on class selection:

#### Tuesday/Thursday (two days per week students):

Parents are encouraged to volunteer a minimum of 2 times per session.

#### Monday/Wednesday/Friday (three days per week students):

Parents are encouraged to volunteer a minimum of 3 times per session.

Pre-K and Monday/Tuesday/Wednesday/Thursday (four days per week students):

Parents are encouraged to volunteer a minimum of 4 times per session.

All registered students will be assessed non-participation fees at the time of registration. If a parent elects to volunteer during a session, and is able to fulfill their minimum parent participation requirement, previously assessed non-participation fees will be rolled over towards future preschool session non-participation fees. Non-participation fees will not be refunded during a session. However, they may be refunded upon termination, or at the end of the school year.

#### 2016–2017 Parent Non-Participation Fee Schedule per session:

Resident/Non-Resident - \$60/Day

\$120 Tuesday/Thursday students

\$180 Monday/Wednesday/Friday students

\$240 Pre-K & Monday/Tuesday/Wednesday/Thursday students

Non-participation fees for the 2016-2017 school year must be paid in full prior to the onset of the session. If volunteer days are fulfilled, the non-participation fees will roll over to the next session.

#### Fall 2016 Three-Year-Old Classes

Children must be three years old by December 1, 2016.

**Dublin Preschool at Shannon Community Center** 

\$616 Res/\$739 Non-Res

Mon, Wed, Fri 9/7-11/18 9:00-11:30 AM Activity #40710

3 Years \$412 Res/\$494 Non-Res

Tue, Thu 9/6-11/17 9:00-11:30 AM Activity #40712 Tue, Thu 9/6-11/17 1:00-3:30 PM Activity #40713





#### Fall 2016 Four-Year-Old Classes

Children must be four years old by December 1, 2016.

**Dublin Preschool at Shannon Community Center** 

\$437 Res/\$524 Non-Res

Tue, Thu 9/6-11/17 9:00 AM-12:00 PM Activity #40728

\$641 Res/\$769 Non-Res
Mon, Wed, Fri 9/7-11/18 9:00 AM-12:00 PM Activity #40724
Mon, Wed, Fri 9/7-11/18 1:00 PM-4:00 PM Activity #40725

#### **Dublin Preschool at Dublin Elementary School**

This class will partner with high-functioning special needs preschoolers at Dublin Elementary School. Our preschool students will develop valuable friendships and improve language and social skills. Staff is partnering with Dublin Unified School District to offer this unique opportunity.

\$962 Res/\$1154 Non-Res

Mon-Thu 9/6-11/17 9:00 AM-12:00 PM Activity #40718

#### Fall 2016 Pre-K Class

Children must be four years old by September 1, 2016.

The program provides a strong foundation of cognitive and developmental curriculum in preparation for public Kindergarten. Instruction covers basic social and emotional development, language, communication skills, pre-reading, and cognitive processing skills. Returning students eligible for the Fours program may participate with teacher recommendation. Parents of new students who are four years old by September 1, and have previous preschool experience, may call (925) 556-4500 for a teacher meet-and-greet, or e-mail dublinpreschools@dublin.ca.gov to schedule an appointment.

4 - 5 Years \$962 Res/\$1154 Non-Res

Dublin Preschool at Dublin Elementary School Mon-Thu 9/6-11/17 1:00-4:00 PM Activity #40731

#### MINI-PRESCHOOL

#### **Little Lovies**

Have your "Little Lovie" join us weekly for mini-preschool. Our preschool staff fosters a warm and caring environment where each "Little Lovie" can listen to enchanting stories, enjoy a small craft, play at manipulative centers, join in sing-alongs, and much more. Participants should arrive in a clean diaper if needed, as our staff is not authorized to change diapers.

7 Classes Instructor: City of Dublin Preschool

18 Months - 3 Years \$140 Res/\$168 Non-Res

#### **Shannon Community Center**

Mon 3/7-4/25\* 9:00-11:00 AM Activity #40416

\* no class 4/4

Tue 3/8-4/26\* 9:00-11:00 AM Activity #40417

\* no class 4/5

Wed 3/9-4/27\* 9:00-11:00 AM Activity #40418

\* no class 4/6

Thu 3/10-4/28\* 9:00-11:00 AM Activity #40419 \* no class 4/7

#### **PARENT & ME**

#### **Boogie with Your Baby**

Have fun as you and your baby boogie to favorite nursery songs. Hop, jump, and dance with scarves, beanbags, parachutes and more. This class encourages imagination and creativity and is lots of fun for everyone. Adult participation is required.

8 Classes Instructor: Castro Valley Performing Arts

19 - 30 Months \$83 Res/\$99 Non-Res

#### **Shannon Community Center**

Thu 2/25-4/21\* 10:00-10:45 AM Activity #40168 \* no class 4/7

#### Tiny Dancers

A perfect first dance class. Young dancers learn how to use movement as self-expression, while developing motor, social and coordination skills. This includes creative dance movement, memory games, scarf dancing, exploration with musical instruments, and obstacle courses. Adult participation is required.

6 Classes Instructor: Studio 8

18 Months - 3 Years \$96 Res/\$115 Non-Res

#### **Dublin Public Library**

**Thu 2/18-4/14\* 10:00-10:30 AM Activity #40458** \* no class 3/10, 3/24, 4/7

Thu 4/21-6/9\* 10:00-10:30 AM Activity #40459 \* no class 5/26, 6/2





#### **Gym Explorers**

Toddlers explore the gym, feel the equipment, and acclimate to the gym space. Class begins with a group warm-up with music to get the children moving, and ends with circle time, songs, bubbles, stamps, and coloring activities. Children must be walking independently. 13 Classes Instructor: Edge Gymnastics

9 - 20 Months \$133 Res/\$160 Non-Res

**Edge Gymnastics** 

Fri 2/19-5/13 10:30-11:00 AM Activity #40202

#### Kindergym

Assist your toddler on gymnastics apparatus. Kindergym starts with a group warm-up with music to get moving, and then it's on to activities. Students will finish with songs, bubbles, stamps, and coloring activities. Adult participation is required.

13 Classes Instructor: Edge Gymnastics

18 Months - 3 Years \$198 Res/\$238 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 12:50-1:35 PM Activity #40203 Thu 2/18-5/12 9:30-10:15 AM Activity #40204

#### **Parent & Me Gymnastics**

With your help, your young gymnast will focus on movement, rolling, climbing, kicking and jumping, along with basic gymnastic skills, in a fun and social environment. Adult participation is required and significantly contributes to your child's motor development and confidence. No unregistered siblings.

4 Classes Instructor: CGS Gymnastics

18 Months - 3 Years \$60 Res/\$72 Non-Res

**Dublin Public Library** 

Mon 2/22-3/21\* 9:30-10:15 AM Activity #40214 Mon 4/11-5/2 9:30-10:15 AM Activity #40215 \* no class 3/14

#### Pee Wee Playtime

Enjoy interactive songs and games during circle time. Each week includes an engaging art activity, exploration and story time. This nurturing environment allows your child to have fun while building on social/physical development and creativity. This class is a perfect introduction and/or supplement to preschool. Adult participation is required.

7 Classes Instructor: Ava Chinn

2 - 5 Years \$127 Res/\$152 Non-Res; plus \$15 materials fee

**Shannon Community Center** 

Tue 4/12-5/24 10:00-11:15 AM Activity #40155

#### Twist and Shout with Your Tot

Encourage creativity and imagination as you twist and shout together to some of your child's favorite preschool songs. Students explore dance and movement through the use of beanbags, scarves, balls, parachutes, and more. This class is designed to enhance basic motor skills and introduce students to a classroom environment. Join the fun and prepare to boogie, as adult participation is required.

8 Classes Instructor: Castro Valley Performing Arts

32 Months - 4 Years \$83 Res/\$99 Non-Res

**Shannon Community Center** 

Thu 2/25-4/21\* 11:00-11:45 AM Activity #40170

\* no class 4/7

#### **Pee Wee Art Time**

Be creative, get inspired, and have fun! Each week little artists will do an instructor-directed art or craft project, and explore art mediums such as clay, stencils, stamps, recycled material, paper, collage, paint, glitter, glue, and much more! Class ends with storytime and a chance to view each other's masterpieces. Adult participation is required. 4 Classes Instructor: Ava Chinn

2 - 6 Years \$78 Res/\$94 Non-Res; plus \$15 materials fee

**Shannon Community Center** 

Tue 3/1-3/22 9:30-10:30 AM Activity #40153
Tue 3/1-3/22 11:00 AM-12:00 PM Activity #40154

#### Parent & Me Acrylic Painting

Paint with your preschooler. Create artwork by finger painting, sponge painting and using paint rollers, brushes and other fun materials. Adult participation is required.

6 Classes Instructor: Zina Kassab

2½ - 5½ Years \$120 Res/\$144 Non-Res; plus \$8 materials fee

**Shannon Community Center** 

Thu 2/18-3/24 1:30-2:30 PM Activity #40156 Thu 3/31-5/5 1:30-2:30 PM Activity #40157



#### **Tiny Tot Science**

Introduce your little ones to the exciting world of science! Each week explores a new topic, and includes a story, songs, and science experiments specially tailored for this curious age group. This supportive environment allows children to develop fine motor skills and a love of science. Adult participation is required.

6 Classes Instructor: Maria Kapadia

2 - 4 Years \$105 Res/\$126 Non-Res; plus \$10 materials fee

**Shannon Community Center** 

Thu 2/25-3/31 9:30-10:30 AM Activity #40624

#### Lil' Buddy Bowling

If fun is "right up your alley," bumper bowling is sure to be a big hit. This bowling class guarantees success for your child because the gutters are filled with bumpers. Children bowl one game or play one hour, whichever comes first. Adult supervision is required.

8 Classes Instructor: Earl Anthony's Dublin Bowl

3 - 7 Years \$80 Res/\$96 Non-Res; plus \$10 materials fee

Earl Anthony's Dublin Bowl

Thu 2/4-3/24 10:30-11:30 AM Activity #40520

#### Wee Hoop Basketball: Dribblers

Help your child develop motor skills and coordination pertinent to the game of basketball. Repetition helps build their confidence level, so adult participation lessens over time. Activities include organized games that help children to develop listening skills and learn to follow directions. Adult participation is required.

8 Classes Instructor: Wee Hoop

18 Months - 3 Years \$104 Res/\$125 Non-Res

**Dublin Elementary School** 

Tue 3/8-5/3\* 6:00-6:35 PM Activity #40494

\* no class 4/5

**Stager Community Gymnasium** 

Sat 3/19-5/14\* 9:00-9:35 AM Activity #40495

\* no class 4/9

#### **Kidz Love Soccer: Parent & Me Soccer**

All the fun happens on the field, so don't just watch from the sidelines! Here's your chance to join in as your toddler is introduced to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities will be played each week. Children receive a Kidz Love Soccer jersey. Adult participation is required.

8 Classes Instructor: Kidz Love Soccer

2 - 31/2 Years \$114 Res/\$137 Non-Res

**Shannon Park** 

Sat 4/16-6/11\* 9:00-9:30 AM Activity #40503

\* no class 5/28

Fallon Sports Park
Sat 4/16-6/11\* 5:45-6:15 PM Activity #40504

\* no class 5/28

**Emerald Glen Park** 

Tue 4/19-6/7 5:40-6:10 PM Activity #40502

#### **NEW!** Lil' All-Stars Sports Movement

Discover a different sport each week. You and your child will participate together to learn the fundamental movements of basketball, baseball, soccer, football, track, and golf. This class will develop your child's athleticism, socialization skills, and love for playing outdoor games. All age-appropriate equipment will be provided. Take 1 Sports will provide a safe and fun, family-oriented learning environment. Adult participation is required.

6 Classes Instructor: Take 1 Sports

3 - 5 Years \$99 Res/\$119 Non-Res

**Emerald Glen Park** 

Thu 3/3-4/14\* 10:00-10:45 AM Activity #40540
Thu 4/28-6/2 10:00-10:45 AM Activity #40541
\* no class 4/7

#### DANCE

#### **Bollywood Bugs**

Have fun with dancing with your little one, Bollywood-style! Children will have a great time developing motor skills and handeye coordination through this fun, energetic dance form. Music and songs are age-appropriate.

11 Classes Instructor: Vaishnavi Misra

3 - 4 Years \$140 Res/\$168 Non-Res

**Shannon Community Center** 

Mon 2/22-5/2 6:00-6:30 PM Activity #40477

#### **Pre-Ballet and Creative Dance**

Preschoolers learn beginning ballet positions and creative dance, as well as simple exercises to increase coordination and flexibility. Your child will learn musical patterns that can be coordinated with dance movements. Students must be potty-trained.

8 Classes Instructor: Jan Manning

3 - 4 Years \$80 Res/\$96 Non-Res

**Shannon Community Center** 

Wed 2/17-4/6 10:30-11:15 AM Activity #40446

#### **Princess Ballet & Creative Dance**

Everyone's favorite princesses, including Elsa, Ana, Cinderella, Sleeping Beauty, Tinkerbell and Snow White, are welcome here. Students exercise their imaginations and dance to beloved Disney songs, while learning basic ballet techniques and building motor skills through creative dance. Fun props like wands, scarfs, and dress-up accessories are incorporated into the curriculum to help engage young dancers. Ballet attire is required. Students may wear princess dresses over ballet attire.

6 Classes Instructor: Studio 8

3 - 5 Years \$96 Res/\$115 Non-Res

**Dublin Public Library** 

Thu 2/18-4/14\* 10:30-11:15 AM Activity #40460

\* no class 3/10, 3/24, 4/7

Thu 4/21-6/9\* 10:30-11:15 AM Activity #40461

\* no class 5/26, 6/2

#### Kids Ballet/Jazz/Tap Combo

Dancers are introduced to beginning concepts of ballet, tap and jazz/creative movement. Props and age-specific music will keep them engaged and having fun. Students will share what they're learning in mini performances. Wear tap shoes and bring ballet or jazz shoes. 12 Classes Instructor: Jillian Green

4 - 6 Years \$180 Res/\$216 Non-Res

Shannon Community Center

Thu 2/18-5/12\* 4:30-5:10 PM Activity #40691
\* no class 4/7

#### **MUSIC & ART**

#### Kindermusik®

Kindermusik's engaging, developmentally appropriate movementand-music classes introduce music of varying styles, genres and cultures. Kindermusik's award-winning research-based curriculum ensures activities support not only musical literacy, but also creativity, cognition, language and math skills, and social-emotional and physical development.

12 Classes Instructor: Kindermusik with Ms Lindsay & Friends

#### Village: Feathers & Old MacDonald

Help your baby develop early appreciation and accelerated aptitude for language, music and movement as we explore Woodie Guthrie's poems, bird songs, and a drum-filled "Duck Dance," before going to the farm with "Old MacDonald."

Up to 18 Months \$216 Res/\$259 Non-Res; plus \$46 materials fee **Shannon Community Center** 

Mon 2/8-5/2\* 11:00-11:45 AM Activity #40124 \* no class 2/15

#### Wiggle & Grow: Silly All Over

Toddlers love singing and dancing, but when you add a sense of humor "Silly All Over," a splash of color "Colors and Shapes on the Farm" and farmyard fun it gets even better. "Get Down on the Ground" to hop like bunnies, lumber like bears and creep like caterpillars.

18 Months - 3 Years \$216 Res/\$259 Non-Res plus \$33 materials fee

#### **Dublin Public Library**

**Tue 2/9-5/3\* 10:00-10:45 AM Activity #40125** \* no class 3/8

#### **Shannon Community Center**

**Mon 2/8-5/2\* 10:00-10:45 AM Activity #40122** \* no class 2/15

#### Wiggle & Grow with Siblings

Babies and siblings are welcome to join this family-style class.

Newborn - 4 Years \$216 Res/\$259 Non-Res; plus \$33 materials fee

#### **Shannon Community Center**

Sat 2/13-5/14\* 10:15 AM-11:00 AM Activity #40127 Sat 2/13-5/14\* 9:15 AM-10:00 AM Activity #40126 Sat 2/13-5/14\* 11:15 AM-12:00 PM Activity #40128 \* no class 2/20, 3/26

#### **Kinder Drama**

Learn about the world of theater. Children build self-confidence while playing theater games, creating characters, and performing a show for family and friends during the last class.

10 Classes Instructor: Tri Valley Young Performers Academy

4 - 7 Years \$130 Res/\$156 Non-Res; plus \$10 materials fee

#### **Shannon Community Center**

**Tue 2/16-4/26\* 4:00-5:00 PM Activity #40199** \* no class 4/5

## Young Rembrandts: FUNdamental Drawing

As young children learn the skills necessary to draw complex images, using Young Rembrandts step-by-step method, they build observation and fine motor skills, learn to follow directions, increase their attention span, and develop self-confidence to be successful in kindergarten.

6 Classes Instructor: Young Rembrandts

4 - 7 Years \$105 Res/\$126 Non-Res

Heritage Park & Museums

**Sat 2/20-4/2\* 10:00-11:00 AM Activity #40151** \* no class 3/26

#### MARTIAL ARTS

#### **Introduction to Martial Arts**

Fun, active martial arts drills help students develop focus and concentration. This unique bi-weekly class will introduce good posture, eye contact, respect, and discipline—all key components to listening and conversing with adults. This program is for new students only. Free uniform included.

10 Classes Instructor: Shir Martial Arts

3½ - 6 Years \$169 Res/\$203 Non-Res

#### **Shir Martial Arts**

Tue, Thu 2/16-3/17 3:20-3:50 PM Activity #40410 Tue, Thu 4/12-5/12 3:20-3:50 PM Activity #40411

#### **Kidz Club Karate: Junior (Tigers)**

Pallen's Martial Arts' Kid Club Karate offers an energetic, fun, non-contact, structured martial arts curriculum. Children learn basic martial arts skills and "kid-friendly self-defense techniques," and develop skills for interacting with peers at school, using group drills and games. Focus is on self-control, listening and following directions. Activities strengthen balance and motor skills. Free uniform included. 8 Classes Instructor: Pallen's Martial Arts

4 - 6 Years \$150 Res/\$180 Non-Res

#### Pallen's Martial Arts

Mon, Wed 3/7-3/30 5:00-5:45 PM Activity #40427 Mon, Wed 4/11-5/4 5:00-5:45 PM Activity #40428



#### Tae Kwon Do: Tiny Tigers

Martial Arts America teaches techniques based on centuries-old Korean martial arts knowledge, but tailors its program to each student's own size, strength and physical capabilities. Curriculum is designed to teach focus, self-control and self-awareness. Preschoolers learn basic stances, blocks, kicks and hand techniques, and practice positive behaviors though fun activities. An official Martial Arts America uniform is required and is available from instructor for \$49. 12 Classes Instructor: Martial Arts America

4½ - 6½ Years \$169 Res/\$203 Non-Res

Martial Arts America

Thu 2/18-5/5 4:00-4:30 PM Activity #40404 Sat 2/20-5/7 10:00-10:30 AM Activity #40403

#### TUMBLING & GYMNASTICS

#### **Mini-Mites**

Students enhance their motor skills and eve-hand coordination while learning basic skills on all gymnastics apparatus. Students will also learn gymnastics terminology, body positions and gym safety. Students must be potty-trained. Parents are not allowed on the floor. 13 Classes Instructor: Edge Gymnastics

3 - 4 Years \$198 Res/\$238 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 1:40-2:25 PM Activity #40205 Tue 2/16-5/10 12:50-1:35 PM Activity #40206

#### Mighty Mites

Students will enhance their motor skills and hand-eye coordination while learning basic gymnastics skills on all gymnastics apparatus. Gymnastics terminology, body positions, and gym safety will also be covered.

13 Classes Instructor: Edge Gymnastics

4 - 5 Years \$198 Res/\$238 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 11:10-11:55 AM Activity #40207 Thu 2/18-5/12 12:50-1:35 PM Activity #40208

#### **Pee Wee Gymnastics**

Preschoolers will love using the bars, low beam, ladders, mini trampolines, barrel, incline mats, and vaulting blocks. Music is incorporated into all activities. Each week brings more challenges and more fun.

4 Classes Instructor: CGS Gymnastics

3 - 5 Years \$60 Res/\$72 Non-Res

**Dublin Public Library** 

Mon 2/22-3/21\* 10:15-11:00 AM Activity #40216 Mon 4/11-5/2 10:15-11:00 AM Activity #40217

\* no class 3/14

#### **SPORTS**

#### Wee Hoop Basketball

8 Classes Instructor: Wee Hoop

#### Jump Shooters

Children will develop physical skills such as balancing on one foot and hopping. The class introduces basketball skills while increasing coordination. At this level, parents are encouraged to take a supportive role with lots of high-fives and praise from the sideline.

3 - 4 Years \$104 Res/\$125 Non-Res

**Green Elementary School** 

Thu 3/10-5/5\* 6:00-6:40 PM Activity #40496

\* no class 4/7

**Stager Community Gymnasium** 

Sat 3/19-5/14\* 9:40-10:20 AM Activity #40497

\* no class 4/9

#### **Hot Shots**

Placing more of an emphasis on developing basketball skills, this class also teaches the basic rules of the game. As the class progresses, participants will be able to use their skills and knowledge in controlled, instructional scrimmages. The activities encourage teamwork and help build new friendships.

4 - 5 Years \$104 Res/\$125 Non-Res

**Dublin Elementary School** 

Tue 3/8-5/3\* 6:40-7:25 PM Activity #40498

\* no class 4/5

**Stager Community Gymnasium** 

Sat 3/19-5/14\* 10:25-11:10 AM Activity #40499

\* no class 4/9





#### **Kidz Love Soccer**

For over 33 years Kidz Love Soccer (KLS) has been dedicated to teaching children the world's most popular game within a nurturing environment. At KLS, the emphasis is always on fun! The goal is to instill an exuberant, skillful confidence in the young player through the Kidz Love Soccer method. Sessions include age-appropriate activities, skill demonstrations, fun games, and instructional scrimmages—always conducted in a non-competitive recreational format. All children receive a Kidz Love Soccer jersey.

8 Classes Instructor: Kidz Love Soccer

#### **Tot Soccer**

Just like the big kids, your little tyke will enjoy running, kicking and playing on the soccer field. This class introduces small children to soccer and helps to further develop their motor skills. Group/team effort will be encouraged through fun soccer games.

3½ - 4 Years \$114 Res/\$137 Non-Res

#### **Shannon Park**

**Sat 4/16-6/11\* 9:40-10:10 AM Activity #40516** \* no class 5/28

#### **Fallon Sports Park**

**Sat 4/16-6/11\* 5:05-5:35 PM Activity #40512** \* no class 5/28

#### **Emerald Glen Park**

Tue 4/19-6/7 6:20-6:50 PM Activity #40506

#### **Pre-Soccer**

Children will learn how to follow coaching instruction in a nurturing, age-appropriate environment. Fun soccer activities will teach the basic techniques of the game while helping to build self-esteem.

4 - 5 Years \$114 Res/\$137 Non-Res

#### **Shannon Park**

**Sat 4/16-6/11\* 10:10-10:45 AM Activity #40519** \* no class 5/28

#### **Fallon Sports Park**

**Emerald Glen Park** 

**Sat 4/16-6/11\* 4:30-5:05 PM Activity #40518** \* no class 5/28

\* 110 Class 5/28

Tue 4/19-6/7 6:50-7:25 PM Activity #40517

#### **Ouick Start Tennis**

This program works by getting children involved in the game immediately. Within the first hour of stepping onto the court, children are playing the game, rallying with one another, and having fun. Scaling the game and court down to their size helps make the learning process easier and more fun. These classes give children confidence by seeing their own immediate progress, making them more enthusiastic about continuing to play and improve.

6 Classes Instructor: Arora Tennis

#### Red Small Group: (3:1 ratio)

4 - 6 Years \$168 Res/\$202 Non-Res

#### **Emerald Glen Park**

Sat 2/27-4/2 2:15-3:00 PM Activity #40610 Sat 4/16-5/21 2:15-3:00 PM Activity #40611

#### **Fallon Sports Park**

Mon 2/29-4/11\* 3:15-4:00 PM Activity #40606

\* no class 4/4

Wed 3/2-4/13\* 3:45-4:30 PM Activity #40608

\* no class 4/6

Mon 4/25-6/6\* 3:15-4:00 PM Activity #40607

\* no class 5/30

Wed 4/27-6/1 3:45-4:30 PM Activity #40609

#### Red Regular Group: (6:1 ratio)

4 - 6 Years \$108 Res/\$130 Non-Res

#### **Fallon Sports Park**

 Sat
 2/27-4/2
 10:15-11:00 AM
 Activity #40604

 Fri
 3/4-4/15\*
 3:45-4:30 PM
 Activity #40602

 Sat
 4/16-5/21
 10:15-11:00 AM
 Activity #40605

 Fri
 4/29-6/3
 3:45-4:30 PM
 Activity #40603

 \* no class 4/8
 4/8

#### **FITNESS**

#### **NEW!** Fit and Fun for Preschoolers

Build healthy kids through fitness, nutrition, and yoga. Rather than focusing on one sport, we will help kids develop their natural skills by building all of the muscles in their bodies. Children will be better prepared—mentally and physically—to participate in organized sports as they grow. Class will also include a nutrition topic of the day and a craft or allergy-free snack. We will end our active class with yoga time that blends story time, play, and music. Children must be potty trained.

7 Classes Instructor: Modern Recess

3 - 5 Years \$125 Res/\$150 Non-Res

**Shannon Community Center** 

Wed 2/24-4/13\* 10:00-11:00 AM Activity #40445

\* no class 3/30

#### AFTER-SCHOOL RECREATION FOR STUDENTS IN ELEMENTARY SCHOOL

The City's After-School Recreation program promotes positive youth development and helps support the needs of families in Dublin. The After-School Recreation program is for children in first to fifth grades. It is not offered for children in Kindergarten. Programs are held at Amador, Kolb, John Green, Dougherty, Dublin, Frederiksen, and Murray Elementary Schools in Dublin, and run daily from dismissal until 5:45 PM, including minimum days. **Please note:** After-School Recreation does not operate on school holidays.

These programs include a variety of group and individual activities and indoor/outdoor games, as well as quiet time each day to complete homework. During homework time, Recreation Leaders are available to assist students with their assignments.

After School until 5:45 PM **Monday to Friday** 

Session III: 3/14 - 6/10

Registration for Session III of the 2015/2016 school year is as follows:

Priority Registration—2/16 at 8 AM Dublin Residents—3/I at 8 AM Non-Residents—3/8 at 8 AM

#### **Payment Options**

Full-Session Pass purchase allows unlimited attendance within the session purchased \$425 Resident/\$510 Non-Resident

20-Day Pass purchase allows 20 visits within the school year; no refunds \$215 Resident/\$255 Non-Resident

After-School Recreation is a popular program that fills quickly, so please register early.

#### Spring 2016

<u> </u>							
	AMADOR	DOUGHERTY	DUBLIN	FREDERIKSEN	GREEN	KOLB	MURRAY
<b>Session III</b> 3/14-6/10	40746	40742	40745	40740	40743	40744	40741
20-Day Pass	40493	40490	40487	40488	40491	40492	40489

#### DANCE

#### **Princess Ballet & Creative Dance**

Everyone's favorite princesses, including Elsa, Ana, Cinderella, Sleeping Beauty, Tinkerbell and Snow White, are welcome here. Students exercise their imaginations and dance to beloved Disney songs, while learning basic ballet techniques and building motor skills through creative dance. Fun props like wands, scarfs, and dressup accessories are incorporated into the curriculum to help engage young dancers. Ballet attire is required. Students may wear princess dresses over ballet attire.

6 Classes Instructor: Studio 8

3 - 5 Years \$96 Res/\$115 Non-Res

**Dublin Public Library** 

Thu 2/18-4/14\* 10:30-11:15 AM Activity #40460

\* no class 3/10, 3/24, 4/7

Thu 4/21-6/9\* 10:30-11:15 AM Activity #40461

\* no class 5/26, 6/2



Dancers will be introduced to beginning concepts of ballet, tap and jazz/creative movement. Props and age-specific music will keep kids engaged and having fun. Students will share what they're learning in mini performances throughout the session. Wear tap shoes and bring

ballet or jazz shoes.

12 Classes Instructor: Jillian Green

4 - 6 Years \$180 Res/\$216 Non-Res

**Shannon Community Center** 

Thu 2/18-5/12\* 4:30-5:10 PM Activity #40691 \* no class 4/7



#### Beginning Ballet I & Tap

Students will advance their ballet skills in this class. Classes start by covering basic ballet positions and terminology and then focus on tap dance during the second half.

8 Classes Instructor: Jan Manning

5 - 7 Years \$85 Res/\$102 Non-Res Shannon Community Center

Wed 2/10-3/30 4:15-5:15 PM Activity #40462

#### **NEW!** Famous Ballet

Does your dancer want to be a prima ballerina? In this one-of-a-kind class, she'll feel like one! In addition to learning beginning ballet technique, students will enjoy learning the stories and dancing to music of some of the most famous ballets. Dancers will also create accessories for use in two different in-class performances. Ballet shoes and attire required.

12 Classes Instructor: Jillian Green

6 - 8 Years \$204 Res/\$245 Non-Res; plus \$25 materials fee **Shannon Community Center** 

**Thu 2/18-5/12\* 6:00-7:15 PM Activity #40402** \* no class 4/7

#### **Bollywood Dance for Kids**

Are you looking for a happy, healthy activity for your child? They'll fall in love with dancing to their favorite Bollywood tunes. Our instructor has more than 10 years experience teaching Bollywood dance and also draws upon Indian classical dance training to provide simple, yet interesting, new routines. Children learn hand-eye coordination, spacing, and footwork, with an emphasis on movement, set to ageappropriate music.

Instructor: Vaishnavi Misra

5 - 7 Years

12 Classes \$180 Res/\$216 Non-Res

Shannon Community Center

Tue 2/16-5/3 6:00-6:45 PM Activity #40482

8 - 12 Years

11 Classes \$165 Res/\$198 Non-Res Shannon Community Center Mon 2/22-5/2 6:35-7:20 PM Activity #40480

#### **Irish Dance Classes**

You've seen our Irish dancers kicking up their heels at St. Patrick's Day and other community events. Now's your chance to join the fun. Learn traditional Irish dance from a former champion and second-generation Irish dance teacher. Class concludes with a recital for family and friends. Students also may be invited to participate in public performances as opportunities arise. Irish dance shoes are not required until the dancer reaches intermediate level.

6 Classes Instructor: Valerie Deam

#### **Beginning**

Students learn basic reel and jig steps, the foundation of Irish dance. Emphasis is on learning correct posture and hand positions for Irish dance, as well as proper foot placement, timing and lifting techniques. Both individual and group dances are included. No dance experience necessary.

5 - 12 Years \$55 Res/\$66 Non-Res

**Heritage Park & Museums** 

Thu 2/18-3/31\* 6:00-7:00 PM Activity #40197
Thu 4/14-5/19 6:00-7:00 PM Activity #40198
\* no class 3/10

#### **Intermediate**

Students who have completed at least one year of beginning Irish dance and received instructor permission to enroll at the intermediate level work intermediate level reels and jigs and begin to learn hardshoe and figure dances. Emphasis is on developing performance skills and stage presence.

5 - 12 Years \$55 Res/\$66 Non-Res

#### **Heritage Park & Museums**

Thu 2/18-3/31\* 7:00-8:00 PM Activity #40469 Thu 4/14-5/19 7:00-8:00 PM Activity #40470 \* no class 3/10

#### Give me a C for Cheerleading

Give your aspiring cheerleader a chance to learn cheerleading fundamentals, including sideline cheers, jumps, kicks, turns, and dance routines. Class concludes with a cheer team performance for family and friends.

8 Classes Instructor: Castro Valley Performing Arts

5 - 12 Years \$93 Res/\$112 Non-Res; plus \$13 materials fee

#### **Heritage Park & Museums**

**Fri 2/26-4/29\* 5:45-6:45 PM Activity #40164** \* no class 3/11, 4/8

#### **Pom Squad**

If your child dreams of performing with competitive dance team or pom squad, this class is perfect. Students learn basic pom techniques and jazz fundamentals used by high school dance teams and pom squads.

8 Classes Instructor: Castro Valley Performing Arts

5 - 11 Years \$66 Res/\$79 Non-Res; plus \$13 materials fee

**Heritage Park & Museums** 

Fri 2/26-4/29\* 6:45-7:45 PM Activity #40166

\* no class 3/11, 4/8

### **Hip Hop Dance for Children and Tweens**

Do you want to dance like your favorite hip-hop stars? Join the fun as we learn the street-style dance made popular by music videos. Classes help dancers loosen up, develop rhythm, and control isolated movements. All music and movement is age-appropriate. Hip-hop classes are for students who want to have serious fun while learning all the latest moves.

8 Classes Instructor: Castro Valley Performing Arts

5 - 8 Years \$66 Res/\$79 Non-Res

Dublin Senior Center Mon 2/22-4/18 6:15-7:15 PM Activity #40160

9 - 13 Years \$66 Res/\$79 Non-Res **Dublin Senior Center** 

Mon 2/22-4/18 7:15-8:15 PM Activity #40161

#### **Junior Hip-Hop**

Kids will have a blast learning to move and groove in the style of hip-hop and develop coordination and confidence while doing so. This super-charged class blends beginning hip-hop technique with introductory movement concepts, such as the use of space (levels/directions), energy (flow/force), rhythm, ways to move the body (isolations and shapes). Our littlest hip-hoppers will share what they're learning in mini-performances throughout the session.

12 Classes Instructor: Jillian Green

5 - 7 Years \$180 Res/\$216 Non-Res

Shannon Community Center

Thu 2/18-5/12\* 5:15-5:55 PM Activity #40401
\* no class 4/7

#### PERFORMING ARTS

#### **KinderDrama**

Learn about the world of theater. Children build self-confidence while playing theater games, creating characters, and performing a show for family and friends during the last class.

10 Classes Instructor: Tri Valley Young Performers Academy

4 - 7 Years \$130 Res/\$156 Non-Res; plus \$10 materials fee

**Shannon Community Center** 

**Tue 2/16-4/26\* 4:00-5:00 PM Activity #40199** \* no class 4/5



#### **NEW! Metamorphoses**

Everyone plays a role in this Tony Award-winning play based on stories from classic Greek mythology. This script gives young actors a chance to portray a wide range of emotions, and make their audiences laugh and cry with the characters. Please note, in addition to scheduled classes, participants must attend dress rehearsals on Wednesday, May 11, 5:30-8:30 PM and Friday, May 13, 4-9 PM; and performances, Saturday, May 14, and Sunday, May 15. Tickets to performance are \$10.

12 Classes Instructor: Tri Valley Young Performers Academy

8 - 17 Years \$320 Res/\$384 Non-Res; plus \$50 materials fee

**Shannon Community Center** 

**Tue 2/16-5/10\* 5:30-8:30 PM Activity #40213** \* no class 4/5

#### **ART & MUSIC**

#### **Pee Wee Art Time**

Be creative, get inspired, and have fun! Each week little artists will do an instructor-directed art or craft project, and explore art mediums such as clay, stencils, stamps, recycled material, paper, collage, paint, glitter, glue, and much more! Class ends with storytime and a chance to view each other's masterpieces. Adult participation is required.

4 Classes Instructor: Ava Chinn

2 - 6 Years \$78 Res/\$94 Non-Res; plus \$15 materials fee

**Shannon Community Center** 

Tue 3/1-3/22 9:30 AM-10:30 AM Activity #40153
Tue 3/1-3/22 11:00 AM-12:00 PM Activity #40154

#### **Parent & Me Acrylic Painting**

Paint with your preschooler. Create artwork by finger painting, sponge painting and using paint rollers, brushes and other fun materials. Adult participation is required.

6 Classes Instructor: Zina Kassab

2½ - 5½ Years \$120 Res/\$144 Non-Res; plus \$8 materials fee

**Shannon Community Center** 

Thu 2/18-3/24 1:30-2:30 PM Activity #40156 Thu 3/31-5/5 1:30-2:30 PM Activity #40157

## Young Rembrandts: FUNdamental Drawing

As young children learn the skills necessary to draw complex images, using Young Rembrandts step-by-step method, they build observation and fine motor skills, learn to follow directions, increase their attention span, and develop self-confidence to be successful in kindergarten.

6 Classes Instructor: Young Rembrandts

4 - 7 Years \$105 Res/\$126 Non-Res

Heritage Park & Museums

Sat 2/20-4/2\* 10:00-11:00 AM Activity #40151

\* no class 3/26

#### **Acrylic Painting**

Learn all about painting with acrylics! In each class, students will be guided with a step-by-step demonstration to create a painting, while earning about composition, mixing colors, brush work, acrylic techniques and textures.

6 Classes Instructor: Zina Kassab

5 - 10 Years \$120 Res/\$144 Non-Res; plus \$8 materials fee

**Heritage Park & Museums** 

Thu 2/18-3/24 5:00-6:00 PM Activity #40158 Thu 3/31-5/5 5:00-6:00 PM Activity #40159

#### **EverPro Kids Art**

EverPro art classes use a unique step-by-step approach to help children create realistic, original drawings and paintings. Students start their drawings using basic shapes and learn to use color mixing, light and shadow, contrast patterns, movement and texture techniques and different mediums. New projects are always available for returning students.

5 Classes Instructor: EverPro Kids

#### **Realistic Drawing and Painting**

Create bright, vibrant watercolor paintings of animals, scenery and more, using drawing and watercolor techniques and brushwork in combination with other media.

5 - 12 Years \$85 Res/\$102 Non-Res; plus \$10 materials fee **Dublin Public Library** 

Sat 2/20-4/2 10:30-11:30 AM Activity #40190 Sat 4/16-5/14 10:30-11:30 AM Activity #40191

#### **Art of Pencil and Oil Pastel**

Create artwork using pencils and richly pigmented oil pastels. Learn pencil and pastel techniques through hands-on exercises.

5 - 12 Years \$85 Res/\$102 Non-Res; plus \$10 materials fee **Dublin Public Library** 

Sat 2/20-4/2 11:45 AM-12:45 PM Activity #40194 Sat 4/16-5/14 11:45 AM-12:45 PM Activity #40195

#### Guitar & Bass I

Beginning guitar and bass students learn fundamentals of technique, rhythm, and music notation, as well as songs in various styles. Bring an acoustic or electric guitar with amplifier.

6 Classes Instructor: Marvin Ibe

8 - 15 Years \$99 Res/\$119 Non-Res; plus \$20 materials fee

**Ingram & Brauns Studio** 

Mon 2/22-3/28 3:40-4:35 PM Activity #40218 Mon 4/11-5/16 3:40-4:35 PM Activity #40219



#### **Beginning Violin**

Viola, cello and double bass are welcome, too, in this small ensemble setting, where violin beginners can learn the basics of playing a string instrument. Learn plucking, bowing, technique, and how to play in a group. Bring your own instrument, and required texts, Suzuki Volume 1 and Essential Elements Volume 1.

6 Classes Instructor: Marvin Ibe

8 - 15 Years \$99 Res/\$119 Non-Res

**Ingram & Brauns Studio** 

Mon 2/22-3/28 4:40-5:35 PM Activity #40220 Mon 4/11-5/16 4:40-5:35 PM Activity #40232

#### **ENRICHMENT**

#### Lil' Buddy Bowling

If fun is "right up your alley," bumper bowling is sure to be a big hit. This bowling class guarantees success for your child because the gutters are filled with bumpers. Children bowl one game or play one hour, whichever comes first.

8 Classes Instructor: Earl Anthony's Dublin Bowl

3 - 7 Years \$80 Res/\$96 Non-Res; plus \$10 materials fee

Earl Anthony's Dublin Bowl

Adult supervision is required.

Thu 2/4-3/24 10:30-11:30 AM Activity #40520

#### **My First Sewing Class**

Sewing is not only fun and creative, but it's also a useful skill. Children will learn how to safely thread a needle, draw and cut out patterns, and sew their own pieces. Sewing techniques taught include running stitch, slip stitch, how to sew buttons, and more. Children will make sock monsters, T-shirt creatures, bags/sacks, and other projects. 6 Classes Instructor: A+ Spanish Academy

7 - 11 Years \$108 Res/\$130 Non-Res; plus \$12 materials fee

**Dublin Public Library** 

Wed 2/17-3/23 5:00-6:00 PM Activity #40555 Wed 3/30-4/27 5:00-6:00 PM Activity #40556

#### Video Game Design: Platform Games

Using Multi Media Fusion 2 software, game developers will learn how to create an original video game. Students will work together to create unique levels, characters, and original plot line in a side-scrolling video game, giving characters gravity and creating interesting and original bad guys to challenge players. Design, animation and program tools will be used.

5 Classes Instructor: Freshi Films

8 - 12 Years \$130 Res/\$156 Non-Res Shannon Community Center

Man 2/14 4/11 2:45 5:45 DM

Mon 3/14-4/11 3:45-5:45 PM Activity #40617

#### Video Game Design: Advanced Skills

Game developers will work with a partner, at their same experience level, to design and build their own original computer game using Multimedia Fusion 2 software. This software allows more advanced students to use simple logic statements to program their games, instead of long, intricate code-writing. Advanced developers will program a platform game, creating a theme and designing their own artwork.

5 Classes Instructor: Freshi Films

8 - 13 Years \$130 Res/\$156 Non-Res Shannon Community Center Wed 4/6-5/4 3:45-5:45 PM Activity #40522

#### Yes Kids Code: Coding Made Easy-Intro to Computer Science

Coding is becoming an essential skill. Participants will be introduced to computer science using block-based programming, and explore coding by creating fun animation projects with MIT's Scratch program—a programming language that makes it easy to create interactive art, stories, simulations and games.

4 Classes Instructor: SF Bay Resources

9 - 12 Years \$115 Res/\$138 Non-Res; plus \$15 materials fee

**Dublin Public Library** 

Tue 2/2-2/23 3:30-4:30 PM Activity #40686

#### **Public Speaking: Impromptu Speech**

What is crucial to success in school and personal life? Good communication! Impromptu Speech teaches skills critical to speaking on the spot. Students learn to manage anxiety, present themselves with confidence, organize ideas quickly, and speak effectively, gaining confidence and valuable skills. Final speeches are recorded. 8 Classes Instructor: Communication Academy

9 - 11 Years \$212 Res/\$254 Non-Res; plus \$25 materials fee **Shannon Community Center** 

Tue 2/23-4/12 4:00-6:15 PM Activity #40549

## Public Speaking: Confident Communication

Want your child to be an effective class participant and successful public speaker? Confidence is the key! Confident Communication emphasizes skills critical to communicating with others. Students learn how to engage an audience, become better listeners, and build confidence. A final group performance showcases their skills. 8 Classes Instructor: Communication Academy

9 - 11 Years \$205 Res/\$246 Non-Res; plus \$15 materials fee **Shannon Community Center Wed 2/24-4/13\* 5:15-6:15 PM Activity #40558** 

\* no class 4/5

#### **MARTIAL ARTS**

#### **Introduction to Martial Arts**

Fun, active martial arts drills help students develop focus and concentration. This unique bi-weekly class will introduce good posture, eye contact, respect, and discipline—all key components to listening and conversing with adults. This program is for new students only. Free uniform included.

10 Classes Instructor: Shir Martial Arts

3½ - 6 Years \$169 Res/\$203 Non-Res

**Shir Martial Arts** 

Tue, Thu 2/16-3/17 3:20-3:50 PM Activity #40410 Tue, Thu 4/12-5/12 3:20-3:50 PM Activity #40411

#### **Kidz Club Karate**

Pallen's Martial Arts' Kid Club Karate offers an energetic, fun, non-contact, structured martial arts curriculum. Free uniform included. 8 Classes Instructor: Pallen's Martial Arts

#### Junior (Tigers)

Younger children learn basic martial arts skills and "kid-friendly self defense techniques," and develop skills for interacting with peers at school, using group drills and games. Focus is on self-control, listening and following directions. Activities strengthen balance and motor skills.

4 - 6 Years \$150 Res/\$180 Non-Res

**Pallen's Martial Arts** 

Mon, Wed 3/7-3/30 5:00-5:45 PM Activity #40427 Mon, Wed 4/11-5/4 5:00-5:45 PM Activity #40428

#### **Freshman**

Older children learn to be goal-oriented, not only in martial arts, but in life. Children learn to set and achieve obtainable goals through monthly testing. Classes are challenging, yet encouraging, and promote a fit and healthy lifestyle.

7 - 12 Years \$150 Res/\$180 Non-Res

**Pallen's Martial Arts** 

Mon, Wed 3/7-3/30 4:15-5:00 PM Activity #40430 Mon, Wed 4/11-5/4 4:15-5:00 PM Activity #40431

#### **NEW!** Intro to Brazilian Jiu-Jitsu

Learn the basics of Brazilian Jiu-Jitsu in a structured and fun environment. Students will learn pace moves of wrestling on the ground, while practicing basic Jiu-Jitsu moves. Instructors teach ground defense and self-defense moves without striking. This is a class for all levels with the instructor encouraging students to improve their fitness, confidence, and grappling skills. Uniform required and is available for purchase for \$30 at the first class.

8 Classes Instructor: Ralph Gracie Jiu-Jitsu

5 - 14 Years \$179 Res/\$215 Non-Res

Ralph Gracie Jiu-Jitsu

Wed 2/24-4/13 5:00-5:55 PM Activity #40465

## SPRING BREAK CAMPS

#### **Acrylic Painting Camp**

Create art with acrylic paints by sponge painting and finger painting, and using brushes, pens and colored pencils. Children will be guided with step-by-step instructions and will take home beautiful works of art every day. Please wear clothes that can get messy.

5 Classes Instructor: Zina Kassab

5 - 10 Years \$150 Res/\$180 Non-Res; plus \$8 materials fee

**Shannon Community Center** 

Mon-Fri 4/4-4/8 2:30-4:30 PM Activity #40196

#### **Young Rembrandts Art Camps**

5 Classes Instructor: Young Rembrandts

#### Down on the Farm Workshop

Explore a farm through art. Learn to draw a barn, tractor and a variety of animals that live and play on the farm. On the last day we will combine all the pieces we learned previously into one large farm scene full of fun. We will use pencils, markers and colored pencils to complete our drawings.

5 - 10 Years \$150 Res/\$180 Non-Res

**Heritage Park & Museums** 

Mon-Fri 4/4-4/8 9:00 AM-12:00 PM Activity #40185

#### **Fashion Runway Workshop**

This stylish workshop is tailored for the aspiring fashionista. Join us for five days of runway chic, as we illustrate the various aspects of fashion design. Hip hairstyles and awesome accessories will adorn the close-up drawings of our beautiful models. Step into the shoes of a fashion magazine editor as you design and draw an eye-catching fashion magazine cover. Finally, draw your model stepping out onto the runway in your fashion originals. If you love to design clothes and are hip to the latest fashions, this drawing workshop is a perfect fit.

7 - 12 Years \$150 Res/\$180 Non-Res; plus \$10 materials fee

**Heritage Park & Museums** 

Mon-Fri 4/4-4/8 1:00-4:00 PM Activity #40189

## **NEW!** Delhi Safari: Bollywood Musical Theatre Camp

Journey with the animals of the forest to meet the Prime Minister in Delhi. This fun dance-and-drama camp is a quick introduction to the performing arts, Bollywood-style. Kids learn singing, dancing, recitation, dialogue delivery and stage blocking and develop public speaking confidence as they rehearse. Camp concludes with a performance for family and friends.

5 Classes Instructor: Vaishnavi Misra

7 - 12 Years \$275 Res/\$330 Non-Res; plus \$25 materials fee

**Heritage Park & Museums** 

Mon-Fri 4/4-4/8 9:00 AM-3:00 PM Activity #40484

#### **Coolinary Kids Spring Break Camp**

Baking is part science, and this more advanced class will have kitchen scientists conducting sweet and savory experiments in the oven. Join Chef Chelsea to bake fresh bread, pastries, and classic desserts every kid will love.

5 Classes Instructor: Chelsea Ozuna

8 - 13 Years \$275 Res/\$330 Non-Res; plus \$25 materials fee

**Shannon Community Center** 

Mon-Fri 4/4-4/8 9:00 AM-4:00 PM Activity #40523

#### **Little Jacks Spring Break Tennis Camp**

Introduce your child to tennis! Students will be taught basic strokes through a variety of fun and non-competitive games in this Spring Break camp. Prizes and awards will be handed out at the end of camp. This is a great opportunity to introduce your child to a sport that can be played for a lifetime. Please bring your own racket.

5 Classes Instructor: Arora Tennis

4 - 6 Years \$119 Res/\$143 Non-Res

**Emerald Glen Park** 

Mon-Fri 4/4-4/8 9:00-11:00 AM Activity #40656

#### Make Me a Pro Basketball Camp

Campers will improve their hoop skills through drills, competitions and games. Camps are taught by successful basketball players and coaches. Make Me a Pro's philosophy is "To Play like a Pro, Learn from a Pro." Coaches express their joy of the sport and enable campers to be the best they can be.

5 Classes Instructor: Make Me a Pro Sports

4 - 5 Years \$99 Res/\$119 Non-Res

Stager Community Gymnasium

Mon-Fri 4/4-4/8 9:00-11:00 AM Activity #40687

6 - 12 Years \$139 Res/\$167 Non-Res

**Stager Community Gymnasium** 

Mon-Fri 4/4-4/8 9:00 AM-12:00 PM Activity #40688

#### Skyhawks Basketball Camp

This fun, skill-intensive camp is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. The participant-to-coach ratio is approximately 10:1. Campers are separated by age and ability.

5 Classes Instructor: Skyhawks Sports

6 - 12 Years \$139 Res/\$167 Non-Res

Stager Community Gymnasium

Mon-Fri 4/4-4/8 1:00-4:00 PM Activity #40564



Registration begins Tuesday, January 19

#### Spring Break Fun in the Sun

Spend Spring Break making new friends while participating in creative crafts, fun games, active sports, and exciting group projects. Fun and energetic recreation leaders will facilitate this fun and exciting camp! Space is limited and registration is taken on a first-come, first-served basis. Combine the camp at Passatempo Park with one of the sports camps below at Fallon Sports Park to create a full-day camp experience.

5 Classes Instructor: City of Dublin

6 - 12 Years \$64 Res/\$77 Non-Res

Passatempo Park

Mon-Fri 4/4-4/8 1:00-4:00 PM Activity #40437

**Shannon Community Center** 

Mon-Fri 4/4-4/8 1:00-4:00 PM Activity #40501

#### **Mighty Aces Spring Break Tennis Camp**

Camp will focus on improving stroke techniques, consistency, and gaining control of your shots while having loads of fun and making new friends. Each day will include a half-hour of a different sport, skill-building, or hand-eye coordination team game. Campers will be divided up by age and skill levels. A tournament will be played on the last day of Spring Break camp that will include prizes and awards. 5 Classes Instructor: Arora Tennis

7 - 14 Years \$179 Res/\$215 Non-Res

**Fallon Sports Park** 

Mon-Fri 4/4-4/8 9:00 AM-12:00 PM Activity #40657

#### **Dublin United Soccer Camp**

Dublin United Soccer, in partnership with the City of Dublin, will host a Spring Break Scholarship Fundraising Soccer Camp. Proceeds benefit Dublin United's Financial Aid Program, as well as the City's Youth Fee Assistance Program, and is tax deductible. The suggested donation is \$125 for all five days, but no one will be turned away for lack of funds. Attend some or all of the days, and pay daily if preferred. No preregistration is necessary, sign-up at camp. All experience levels welcome. 5 Classes Instructor: Dublin United Soccer

4 - 14 Years

Fallon Sports Park Mon-Fri 4/4-4/8 9:00 AM-12:00 PM

#### **Spring Break Camp Connector**

Connect your morning sports camp at Fallon Sports Park to Spring Break Fun in the Sun at Passatempo Park in the afternoon. Staff will walk children from Fallon Sports Park to Passatempo Park, have lunch with them, and connect them to their afternoon camp.

5 Classes Instructor: City of Dublin

6 - 12 Years \$19 Res/\$22 Non-Res

**Fallon Sports Park** 

Mon-Fri 4/4-4/8 12:00-1:00 PM Activity #40929

#### Tae Kwon Do

Martial Arts America teaches techniques based on centuries-old Korean martial arts knowledge, but tailors its program to each student's own size, strength and physical capabilities. Curriculum is designed to teach focus, self-control and self-awareness. An official Martial Arts America uniform is required and is available from the instructor for \$49.

12 Classes Instructor: Martial Arts America

#### Tiny Tigers Tae Kwon Do

Preschoolers learn basic stances, blocks, kicks and hand techniques, and practice positive behaviors though fun activities.

4½ - 6½ Years \$169 Res/\$203 Non-Res

#### **Martial Arts America**

Thu 2/18-5/5 4:00-4:30 PM Activity #40404 Sat 2/20-5/7 10:00-10:30 AM Activity #40403

#### Tae Kwon Do for Children

Students use drills requiring memorization of up to five moves at a time, while arming students with tools to make all their goals achievable: self-esteem, focus, respect and integrity.

7 - 12 Years \$169 Res/\$203 Non-Res

#### Martial Arts America

Thu 2/18-5/5 6:15-6:45 PM Activity #40407 Sat 2/20-5/7 10:30-11:00 AM Activity #40406

#### **NEW!** Traditional Japanese Karate

Train in the traditional Japanese-style karate, Shito Ryu, with a family-owned Dojo that puts the focus building confidence, living honorably, and learning effective self-defense. Classes feature run and challenge drills. Participants can earn a certified Black Belt in this program.

4 Classes Instructor: Dan Reddell

5 - 14 Years \$40 Res/\$48 Non-Res

#### **Dublin Senior Center**

Fri 2/19-3/11 5:00-6:00 PM Activity #40463 Fri 3/18-4/8 5:00-6:00 PM Activity #40542 Fri 4/15-5/6 5:00-6:00 PM Activity #40543

#### Karate

Train in the Korean martial art of Tang Soo Do. *9 Classes Instructor: Robert Berger* 

#### **Beginning**

Participants will develop respect, discipline, and coordination, while learning basic blocks, punches, kicks, patterns and sparring techniques.

7 - 14 Years \$54 Res/\$65 Non-Res

#### **Dublin Public Library**

**Mon 2/22-5/2\* 5:45-6:30 PM Activity #40181** \* no class 3/14, 3/28

#### **Advanced**

Students at purple belt or higher will learn advanced blocking, striking and kicking techniques. Students will learn balance, fluidity, speed, power, and control. Karate attire required.

7 - 14 Years \$54 Res/\$65 Non-Res

#### **Dublin Public Library**

Mon 2/22-5/2\* 6:30-7:30 PM Activity #40183

\* no class 3/14, 3/28

## Fitness, Self Defense & Safety Awareness Training

Be safe! Learn to recognize an attacker's motion and movement, and respond in a preparatory manner and reactionary mode. Students will also learn effective controlling techniques/maneuvers to restrain an attacker without the use of excessive force. The program includes stretching, conditioning, breathing techniques, blocking/striking, kicks to specific target areas, breaking away from grabs, falling, joint-locking, throwing and grappling defense techniques, and defense against weapon attacks. More importantly, learn to avoid conflict, be aware of your surroundings, and build your self-esteem. Uniforms and equipment required, must be purchased through the instructor for \$30. 8 Classes Instructor: Ed Untalan

5 - 12 Years \$110 Res/\$132 Non-Res

**Dublin Public Library** 

Thu 2/18-4/28\* 4:30-5:30 PM Activity #40457

\* no class 3/10, 3/24, 4/7

#### **TUMBLING & GYMNASTICS**

#### **Pee Wee Gymnastics**

Preschoolers will love using the bars, low beam, ladders, mini trampolines, barrel, incline mats, and vaulting blocks. Music is incorporated into all activities. Each week brings more challenges and more fun.

4 Classes Instructor: CGS Gymnastics

3 - 5 Years \$60 Res/\$72 Non-Res

**Dublin Public Library** 

Mon 2/22-3/21\* 10:15-11:00 AM Activity #40216 Mon 4/11-5/2 10:15-11:00 AM Activity #40217

\* no class 3/14

#### **Mighty Mites**

Students will enhance their motor skills and hand-eye coordination while learning basic gymnastics skills on all gymnastics apparatus. Gymnastics terminology, body positions, and gym safety will also be covered.

13 Classes Instructor: Edge Gymnastics

4 - 5 Years \$198 Res/\$238 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 11:10-11:55 AM Activity #40207 Thu 2/18-5/12 12:50-1:35 PM Activity #40208

#### **Beginning Tumbling**

This class will provide your child with the proper techniques to tumble. This acrobatic discipline is often used in other sports such as cheerleading and diving. Students will learn basic skills including cartwheels, handstands, rolls and progressions for round-offs. Learn how to do tumbling and back hand springs on our in-ground and above-ground Tumble-Tracks.

13 Classes Instructor: Edge Gymnastics

6 - 17 Years \$220 Res/\$264 Non-Res

**Edge Gymnastics** 

Tue 2/16-5/10 2:30-3:30 PM Activity #40212

#### **Beginning Gymnastics**

Learn the basics of this Olympic sport. Students will leave each class with the proper techniques to performing these skills confidently.

13 Classes Instructor: Edge Gymnastics

#### Boys

Learn to vault, pommel horse, rings, floor, parallel bars and high bar.

6 - 17 Years \$220 Res/\$264 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 2:30-3:30 PM Activity #40211

#### Girls

Learn to vault, uneven parallel bars, balance beam, and floor exercises.

6 - 17 Years \$220 Res/\$264 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 2:30-3:30 PM Activity #40209 Tue 2/16-5/10 2:30-3:30 PM Activity #40210

#### **FITNESS & SPORTS**

#### **Modern Recess Fitness for Kids**

Get kids moving to build strength and confidence. Whether kids play for sports or recreation, they will learn a variety of skills and movement patterns including strength, coordination, balance, speed, agility, and flexibility. This non-competitive class can help build confidence, healthy muscles, joints, and bones. Class is designed for all fitness levels. We will end class with a proper cool down that combines mindfulness and yoga.

7 Classes Instructor: Modern Recess

7 - 12 Years \$115 Res/\$138 Non-Res

**Shannon Community Center** 

Thu 2/18-3/31 5:30-6:30 PM Activity #40444

#### **Cadence Basketball Academy**

The fast-paced game of basketball meets rhythm in this creative and cooperative class that reinforces and combines individual, skill-based basketball fundamentals with a synergistic team concept. With the use of creative visuals, the class aims to reinforce proper offensive and defensive techniques while emphasizing the basics of how to control the speed of the game. Gain a head start on team competitive play while further enhancing your child's individual skills. All sessions will include 40 minutes of fundamental skills work and 30 minutes of scrimmages. This class is a great option for Junior Warriors players as it is taught by one of the City's most-requested Junior Warriors coaches. All participants receive a reversible Cadence Sports Academy basketball jersey.

6 Classes Instructor: Coach Ryan Reth & Cadence Sports Academy

#### **Stager Community Gymnasium**

5 - 6 Years \$125 Res/\$150 Non-Res

Sun 3/13-4/24\* 11:15 AM-12:25 PM Activity #40531

7 - 9 Years \$125 Res/\$150 Non-Res

Sun 3/13-4/24\* 12:30-1:40 PM Activity #40530

10 - 12 Years \$125 Res/\$150 Non-Res

Sun 3/13-4/24\* 1:45-2:55 PM Activity #40529

\* no class 3/27

#### **Wee Hoop Basketball**

8 Classes Instructor: Wee Hoop

#### **Hot Shots**

The emphasis is on developing basketball skills and learning the basic rules of the game. Participants will use their skills and knowledge in controlled, instructional scrimmages.

4 - 5 Years \$104 Res/\$125 Non-Res

#### **Dublin Elementary School**

Tue 3/8-5/3\* 6:40-7:25 PM Activity #40498 \* no class 4/5

**Stager Community Gymnasium** Sat 3/19-5/14\* 10:25-11:10 AM Activity #40499 \* no class 4/9

#### **Ballers**

This class will introduce team dynamics and incorporate game play. Prior basketball experience is required.

5 - 6 Years \$109 Res/\$131 Non-Res

#### **Green Elementary School**

Thu 3/10-5/5\* 6:45-7:45 PM Activity #40500

\* no class 4/7

#### **Stager Community Gymnasium**

Sat 3/19-5/14\* 11:15 AM-12:15 PM Activity #40565 \* no class 4/9

#### Make me a Pro Basketball

Continue to improve your skills following the Junior Warriors season, or get a jump on the summer season. Students will participate in fun games and drills to improve shooting, passing, dribbling, defense and the triple threat position. Each class ends with a game.

6 Classes Instructor: Make Me a Pro Sports

\$85 Res/\$102 Non-Res

#### **Stager Community Gymnasium**

5 - 7 Years

Wed 3/9-4/20\* 6:00-6:45 PM Activity #40560 Wed 4/27-6/1 6:00-6:45 PM Activity #40562

\* no class 4/6

8 - 12 Years

Wed 3/9-4/20\* 6:50-7:35 PM Activity #40561 Wed 4/27-6/1 6:50-7:35 PM Activity #40563

\* no class 4/6

#### Skyhawks Basketball

This program consists of equal parts skill training and game play. Athletes will be challenged to develop their basketball skills.

5 Classes Instructor: Skyhawks Sports

\$99 Res/\$119 Non-Res

#### **Stager Community Gymnasium**

6 - 9 Years

Sat 3/12-4/16 1:30-3:00 PM Activity #40545 Sat 4/23-5/21\* 1:30-3:00 PM Activity #40553 \* no class 4/9

9 - 12 Years

Sat 3/12-4/16\* 3:00-4:30 PM Activity #40546 Sat 4/23-5/21 3:00-4:30 PM Activity #40554

\* no class 4/9

#### **Kidz Love Soccer**

For over 33 years Kidz Love Soccer (KLS) has been dedicated to teaching children the world's most popular game within a nurturing environment. At KLS, the emphasis is always on fun! The goal is to instill an exuberant, skillful confidence in the young player through the Kidz Love Soccer method. Sessions include age-appropriate activities, skill demonstrations, fun games, and instructional scrimmages—always conducted in a non-competitive recreational format. All participants receive a Kidz Love Soccer jersey. 8 Classes Instructor: Kidz Love Soccer

#### **Pre-Soccer**

Children will learn how to follow coaching instruction in a nurturing, age-appropriate environment. Fun soccer activities will teach the basic techniques of the game while helping to build self-esteem.

4 - 5 Years \$114 Res/\$137 Non-Res

#### **Shannon Park**

Sat 4/16-6/11\* 10:10-10:45 AM Activity #40519

\* no class 5/28

#### **Fallon Sports Park**

Sat 4/16-6/11\* 4:30-5:05 PM Activity #40518 \* no class 5/28

#### **Emerald Glen Park**

Tue 4/19-6/7 6:50-7:25 PM Activity #40517

#### Soccer 1: Techniques & Teamwork

Dribbling, passing, receiving, shooting and age-specific defense will be featured. Fun skill-building games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be gradually introduced.

5 - 6 Years \$114 Res/\$137 Non-Res

#### **Shannon Park**

Sat 4/16-6/11\* 10:45-11:30 AM Activity #40526 \* no class 5/28

#### **Fallon Sports Park**

Sat 4/16-6/11\* 3:45-4:30 PM Activity #40525 \* no class 5/28

#### **Emerald Glen Park**

Tue 4/19-6/7 4:00-4:45 PM Activity #40524

#### Soccer 2: Skillz & Scrimmages

Your young soccer player will love the small-sided scrimmages played during each practice. Advanced skill-building is emphasized through dribbling, passing and shooting in a team play format, a perfect continuation from Soccer 1. All skill levels are welcome.

7 - 10 Years \$114 Res/\$137 Non-Res

#### **Fallon Sports Park**

Sat 4/16-6/11\* 3:00-3:45 PM Activity #40528 \* no class 5/28

#### **Emerald Glen Park**

Tue 4/19-6/7\* 4:45-5:30 PM Activity #40527 \* no class 5/28

#### **Ouick Start Tennis**

This program works by getting children involved in the game immediately. Specially designed nets and color-coded balls created by the USTA (United States Tennis Association) have revolutionized the game for beginning players. Within the first hour of stepping onto the court, children are playing the game, rallying with one another, and having fun. Scaling the game and court down to their size helps make the learning process easier and more fun. These classes give children confidence by seeing their own immediate progress, making them more enthusiastic about continuing to play and improve. Green level classes prepare players to enter the Tennis Tournament Group: Novice level for players seeking more competitive direction.

6 Classes Instructor: Arora Tennis

#### Small Groups (3:1 ratio)

#### Red

4 - 6 Years \$168 Res/\$202 Non-Res

**Emerald Glen Park** 

Sat 2/27-4/2 2:15-3:00 PM Activity #40610 Sat 4/16-5/21 2:15-3:00 PM Activity #40611

**Fallon Sports Park** 

Mon 2/29-4/11\* 3:15-4:00 PM Activity #40606 \* no class 4/4

Wed 3/2-4/13\*

3:45-4:30 PM Activity #40608 \* no class 4/6

Mon 4/25-6/6\* 

\* no class 5/30

3:45-4:30 PM Activity #40609 Wed 4/27-6/1

#### Orange (Beginner)

7 - 12 Years \$222 Res/\$266 Non-Res

**Emerald Glen Park** 

Sat 2/27-4/2 3:00-4:00 PM Activity #40627 Sat 4/16-5/21 3:00-4:00 PM Activity #40628

**Fallon Sports Park** 

Mon 2/29-4/11\* 4:00-5:00 PM Activity #40616

\* no class 4/4

Tue 3/1-4/12\* 

\* no class 4/5

Thu 3/3-4/14\* 

\* no class 4/7

Mon 4/25-6/6\* 4:00-5:00 PM Activity #40618

\* no class 5/30

3:00-4:00 PM Activity #40620 Tue 4/26-5/31

Thu 4/28-6/2 4:00-5:00 PM **Activity #40626** 

#### **Green (Intermediate)**

7 - 12 Years \$222 Res/\$266 Non-Res

**Fallon Sports Park** 

Mon 2/29-4/11\* 5:00-6:00 PM Activity #40633

\* no class 4/4

Thu 3/3-4/14\* 5:00-6:00 PM Activity #40635

\* no class 4/7

Mon 4/25-6/6\* 5:00-6:00 PM Activity #40634

\* no class 5/30

Thu 4/28-6/2 5:00-6:00 PM Activity #40636

#### Regular Groups (6:1 ratio)

**Activity #40603** 

#### Red

4 - 6 Years \$108 Res/\$130 Non-Res

**Fallon Sports Park** 

Sat 2/27-4/2 10:15-11:00 AM Activity #40604 Fri 3/4-4/15\* 3:45 PM-4:30 PM Activity #40602 Sat 4/16-5/21 10:15 AM-11:00 AM Activity #40605

3:45-4:30 PM

Fri 4/29-6/3 \* no class 4/8

#### Orange (Beginner)

7 - 12 Years \$132 Res/\$158 Non-Res

**Fallon Sports Park** 

Sat 2/27-4/2 11:00 AM-12:00 PM Activity #40614 Tue 3/1-4/12\* 4:00 PM-5:00 PM **Activity #40612** Sat 4/16-5/21 11:00 AM-12:00 PM Activity #40615 Tue 4/26-5/31 4:00 PM-5:00 PM **Activity #40613** 

\* no class 4/5

#### **Green (Intermediate)**

7 - 12 Years \$132 Res/\$158 Non-Res

**Fallon Sports Park** 

Sat 2/27-4/2 12:00-1:00 PM Activity #40631 **Activity #40629** Tue 3/1-4/12\* 5:00-6:00 PM Sat 4/16-5/21 12:00-1:00 PM Activity #40632 Tue 4/26-5/31 5:00-6:00 PM **Activity #40630** 

\* no class 4/5

#### **Private Tennis Lessons**

Both private and semi-private lessons are available for youth (4 years+) through adults.

Lessons are held at an agreedupon date, time and location. Look for detailed descriptions of our five highly qualified Arora Tennis instructors and registration information at www.DublinRecGuide.com. Click on Programs, then Children's Classes, then Children's Sports.

Questions? Contact

rich.jochner@dublin.ca.gov.



# ELEMENTARY

#### **Tennis Tournament Groups**

Lessons focus on preparing players to compete in USTA tournament play. Instructor/student ratio for Tournament Groups is 1:6. 6 Classes Instructor: Arora Tennis

#### **Novice**

Lessons focus on stronger stroke production and point development for Novice level USTA tournament play. **Prerequisite:** Quick Start Green Intermediate.

7 - 15 Years \$188 Res/\$226 Non-Res

#### **Fallon Sports Park**

Sat	2/27-4/2	1:00-2:30 PM	Activity #40641
Wed	3/2-4/13*	4:30-6:00 PM	Activity #40637
Fri	3/4-4/15	4:30-6:00 PM	Activity #40639
Sat	4/16-5/21	1:00-2:30 PM	Activity #40642
Wed	4/27-6/1	4:30-6:00 PM	Activity #40638
Fri	4/29-6/3	4:30-6:00 PM	Activity #40640
* no cla	ss 4/6		•

#### **Challenger**

Lessons focus on point play and shot strategy; participants should already possess solid strokes. For players ready to compete in Challenger level USTA tournament play. **Prerequisite:** Novice Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

#### **Fallon Sports Park**

Mon	2/29-4/11*	6:00-8:00 PM	Activity #40647
* no cla	ss 4/4		•
Wed	3/2-4/13*	6:00-8:00 PM	Activity #40649

\* no class 4/6

Mon 4/25-6/6\* 6:00-8:00 PM Activity #40648

\* no class 5/30

Wed 4/27-6/1 6:00-8:00 PM Activity #40650

#### Open

Lessons focus on high-level competition with an emphasis on conditioning. For those players ready to compete in Open level USTA tournament play. **Prerequisite:** Challenger Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

#### **Fallon Sports Park**

Tue	3/1-4/12*	6:00-8:00 PM	Activity #40643
	ass 4/5		•

Thu 3/3-4/14\* 6:00-8:00 PM Activity #40645 \* no class 4/7

Tue 4/26-5/31 6:00-8:00 PM Activity #40644 Thu 4/28-6/2 6:00-8:00 PM Activity #40646

#### Championship

Lessons focus on very high-level competition with a strong emphasis on conditioning. For players ready to compete in Championship level USTA tournament play. **Prerequisite:** Open Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

#### **Emerald Glen Park**

Mon	2/29-4/11*	6:00-8:00 PM	<b>Activity #40651</b>
* no cla			•

**Wed 3/2-4/13\* 6:00-8:00 PM Activity #40653** \* no class 4/6

Mon 4/25-6/6\* 6:00-8:00 PM Activity #40652 \* no class 5/30

Wed 4/27-6/1 6:00-8:00 PM Activity #40654



#### Core Girls Volleyball Program

The Core Girls Volleyball program is open to girls ages 8-14. Highly trained and experienced staff will teach the fundamentals using philosophies from Gold Medal Squared and USA Volleyball. This program is a great introduction to the world of club volleyball. For the more experienced players, staff will continue to emphasize fundamentals, and add advanced volleyball techniques with a heavy concentration on footwork and arm swing. Players will be placed on teams based on age, and skill level. Teams will train twice weekly during this six week program. The registration fee includes a T-shirt for each participant.

12 Practices Instructor: Jack Cowden, Dominican College & USA Volleyball High Performance Coach

8 - 13 Years \$249 Res/\$299 Non-Res

#### **Core Performance**

Tue, Thu 2/23-3/31 4:00-5:30 PM Activity #40692 Tue, Thu 4/12-5/19 4:00-5:30 PM Activity #40693

#### **Junior Golf School**

Golf continues to be one of the hottest youth sports trends and often becomes a lifetime sport! This friendly introductory class is open to all skill levels. Basic full swing fundamentals and short game skills (chipping and putting) will be taught, as well as golf rules and golf etiquette. Bring your own clubs if possible; however, loaner clubs are available if needed. Students must wear golf or tennis shoes.

5 Classes Instructor: Dublin Ranch Golf Course

7 - 17 Years \$114 Res/\$137 Non-Res

#### **Dublin Ranch Golf Course**

Dubi	III IIuiicii oc	ii course	
Thu	4/14-5/12	4:00 PM-5:00 PM	Activity #40571
Sat	4/16-5/14	10:15 AM-11:15 AM	Activity #40572
Sat	4/16-5/14	11:30 AM-12:30 PM	Activity #40573
Sun	4/17-5/15	10:00 AM-11:00 AM	Activity #40574
Thu	5/19-6/16	5:00 PM-6:00 PM	Activity #40578
Sat	5/21-6/18	10:15 AM-11:15 AM	Activity #40579
Sat	5/21-6/18	11:30 AM-12:30 PM	Activity #40580
Sun	5/22-6/19	10:00 AM-11:00 AM	Activity #40581

## STUDENT UNION: AFTER-SCHOOL RECREATION FOR MIDDLE SCHOOL STUDENTS

The City's After-School Recreation programs promote positive youth development and help support the needs of families in Dublin. Student Union programs are held at Fallon and Wells Middle Schools in Dublin. Programs run daily from dismissal until 5:45 PM, including minimum days. **Please note:** Student Union does not operate on school holidays.

These programs include a variety of group and individual activities and indoor/outdoor games. Each school site also has a **dedicated**, **credentialed teacher** to assist students with their homework assignments each day.

After School until 5:45 PM Monday to Friday

Registration for Session III of the 2015-2016 school year is as follows:

Priority Registration—2/16 at 8 AM
Dublin Residents—3/1 at 8 AM
Non-Residents—3/8 at 8 AM

Session III: 3/14 - 6/10

**Payment Options** 

Full-Session Pass purchase allows unlimited attendance within the session purchased \$425 Resident/\$510 Non-Resident

20-Day Pass purchase allows 20 visits within the school year; no refunds \$215 Resident/\$255 Non-Resident

Middle School Student Union is a popular program that fills quickly, so please register early.

#### Spring 2016

	FALLON	WELLS
<b>Session III:</b> 3/14-6/10	40737	40736
20-Day Pass	38863	38862

#### **DANCE**

### Hip Hop Dance for Children and Tweens

Do you want to dance like your favorite hip-hop stars? Join the fun as we learn the street-style dance made popular by music videos. Classes help dancers loosen up, develop rhythm, and control isolated movements. All music and movement is age-appropriate. Hip-hop classes are for students who want to have serious fun while learning all the latest moves.

8 Classes Instructor: Castro Valley Performing Arts

9 - 13 Years \$66 Res/\$79 Non-Res

**Dublin Senior Center** 

Mon 2/22-4/18 7:15-8:15 PM Activity #40161

#### Irish Dance: Teens/Adults

Beginner and intermediate level dancers will learn a variety of soft and hard shoe dances, as well as group dances. Traditional 'set dances' will also be taught. A recital will be held on the last night of class. Beginning students do not need Irish Dance shoes.

6 Classes Instructor: Valerie Deam

13 Years+ \$55 Res/\$66 Non-Res
Heritage Park & Museums
Thu 2/18-3/31\* 8:00-9:00 PM Activity #40471
Thu 4/14-5/19 8:00-9:00 PM Activity #40472
\* no class 3/10

#### **MUSIC**

#### Guitar & Bass I

Beginning guitar and bass students learn fundamentals of technique, rhythm, and music notation, as well as songs in various styles. Bring an acoustic or electric guitar with amplifier.

6 Classes Instructor: Marvin Ibe

8 - 15 Years \$99 Res/\$119 Non-Res; plus \$20 materials fee

Ingram & Brauns Studio

Mon 2/22-3/28 3:40-4:35 PM Activity #40218 Mon 4/11-5/16 3:40-4:35 PM Activity #40219

#### **Beginning Violin**

Viola, cello and double bass are welcome, too, in this small ensemble setting, where violin beginners can learn the basics of playing a string instrument. Learn plucking, bowing, technique, and how to play in a group. Bring your own instrument, and required texts, Suzuki Volume 1 and Essential Elements Volume 1.

6 Classes Instructor: Marvin Ibe

8 - 15 Years \$99 Res/\$119 Non-Res

**Ingram & Brauns Studio** 

Mon 2/22-3/28 4:40-5:35 PM Activity #40220 Mon 4/11-5/16 4:40-5:35 PM Activity #40232

Teens...be sure to check out the **ADULT** section for many more dance, art, special interest, martial arts, fitness and sports classes!

# IEEUS 13 to 17 years

#### **ENRICHMENT**

#### **Child and Babysitting Safety**

Babysitting is not just "watching" children, but being responsible for their safety and well-being. This course will focus on setting up a babysitting business, safety and emergency response, diapering, playtime, bedtime, interacting with parents and more.

1 Class Instructor: American Safety Academy

12 - 17 Years \$50 Res/\$60 Non-Res

**American Safety Academy** 

Sat 3/5 10:00 AM-2:30 PM Activity #40425 Sun 4/24 1:00 PM-5:30 PM Activity #40426

#### **Video Game Design: Advanced Skills**

Game developers will work with a partner, at their same experience level, to design and build their own original computer game using Multimedia Fusion 2 software. This software allows more advanced students to use simple logic statements to program their games, instead of long, intricate code-writing. Advanced developers will program a platform game, creating a theme and designing their own artwork.

5 Classes Instructor: Freshi Films

8 - 13 Years \$130 Res/\$156 Non-Res

**Shannon Community Center** 

Wed 4/6-5/4 3:45-5:45 PM Activity #40522

#### **MARTIAL ARTS**

#### **NEW!** Intro to Brazilian Jiu-Jitsu

Learn the basics of Brazilian Jiu-Jitsu in a structured and fun environment. Students will learn pace moves of wrestling on the ground, while practicing basic Jiu-Jitsu moves. Instructors teach ground defense and self-defense moves without striking. This is a class for all levels with the instructor encouraging students to improve their fitness, confidence, and grappling skills. Uniform required and is available for purchase for \$30 at the first class.

8 Classes Instructor: Ralph Gracie Jiu-Jitsu

5 - 14 Years \$179 Res/\$215 Non-Res

Ralph Gracie Jiu-Jitsu

Wed 2/24-4/13 5:00-5:55 PM Activity #40465

#### **NEW!** Traditional Japanese Karate

Train in the traditional Japanese-style karate, Shito Ryu, with a family-owned Dojo that puts the focus building confidence, living honorably, and learning effective self-defense. Classes feature run and challenge drills. Participants can earn a certified Black Belt in this program.

4 Classes Instructor: Dan Reddell

5 - 14 Years \$40 Res/\$48 Non-Res

**Dublin Senior Center** 

Fri 2/19-3/11 5:00-6:00 PM Activity #40463 Fri 3/18-4/8 5:00-6:00 PM Activity #40542 Fri 4/15-5/6 5:00-6:00 PM Activity #40543

#### **Karate**

Train in the Korean martial art of Tang Soo Do.

9 Classes Instructor: Robert Berger

#### Beginning

Participants will develop respect, discipline, and coordination. Students will learn the basic blocks, punches, kicks, patterns and sparring techniques of Tang Soo Do.

7 - 14 Years \$54 Res/\$65 Non-Res

**Dublin Public Library** 

Mon 2/22-5/2\* 5:45-6:30 PM Activity #40181

\* no class 3/14, 3/28

#### **Advanced**

Karate students at purple belt level or higher will learn advanced blocking, striking and kicking techniques. Students will advance through the colored belt ranks while learning balance, fluidity, speed, power, and control while performing forms and drills. Karate attire required.

7 - 14 Years \$54 Res/\$65 Non-Res

**Dublin Public Library** 

Mon 2/22-5/2\* 6:30-7:30 PM Activity #40183

\* no class 3/14, 3/28

# **DUBLIN LeaD**

# LEADERSHIP SKILLS, JOB EXPERIENCE AND PERSONAL DEVELOPMENT

The Dublin LEAD program is open to teens entering seventh grade or higher. Participants will have the opportunity to assist City of Dublin staff members during summer camp and swim lesson times throughout the summer. They will receive training in various job related skills including: resume writing, job search techniques, and interview skills for recreation professionals. Additional topics will include how to lead an activity, how to engage participants, water safety skills, playground and park safety, and supervising camp participants. Participants are encouraged to assist with recreational program for at least two weeks in the summer. More information about the LEAD program is available online at <a href="https://www.Dublin.ca.gov">www.Dublin.ca.gov</a>.



#### **NEW!** Intro to Muay Thai

In this introduction to the sport of Muay Thai, or Thai kick boxing, students learn basic kicks, punches, and defense moves in a noncompetitive and friendly environment. Students learn at their own pace with encouragement from the instructor to improve their health, skills, and confidence. Standard boxing gloves and hand wraps are required.

8 Classes Instructor: Ralph Gracie Jiu-Jitsu 15 Years+ \$179 Res/\$215 Non-Res

Ralph Gracie Jiu-Jitsu

Mon 2/22-4/11 6:00-6:55 PM Activity #40466

#### Krav Maga

Krav Maga is a self-defense program that uses fitness, boxing, kicks, weapons defense, ground defense and other mixed systems. Focus changes weekly, and the rotating curriculum keeps things moving and the students stimulated with a variety of material. We recommend that students be in good physical condition prior to enrollment. Martial Arts America Krav Maga gloves are required and cost \$49.

12 Classes Instructor: Martial Arts America

15 - 50 Years \$169 Res/\$203 Non-Res

**Martial Arts America** 

Thu 2/18-5/5 7:45-8:30 PM Activity #40409 Sat 2/20-5/7 9:00-10:00 AM Activity #40408

#### **TUMBLING & GYMNASTICS**

#### **Beginning Gymnastics**

Learn the basics of this Olympic sport. Students will leave each class with the proper techniques to performing these skills confidently. 13 Classes Instructor: Edge Gymnastics

#### **Boys**

Learn to vault, pommel horse, rings, floor, parallel bars and high bar. 6 - 17 Years \$220 Res/\$264 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 2:30-3:30 PM Activity #40211

#### Girls

 $Learn \,to\,vault, uneven\,parallel\,bars, balance\,beam, and\,floor\,exercises.$ 

6 - 17 Years \$220 Res/\$264 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 2:30-3:30 PM Activity #40209 Tue 2/16-5/10 2:30-3:30 PM Activity #40210

#### **Beginning Tumbling**

This class will provide your child with the proper techniques to tumble. This acrobatic discipline is often used in other sports such as cheerleading and diving. Students will learn basic skills including cartwheels, handstands, rolls and progressions for round-offs. Learn how to do tumbling and back hand springs on our in-ground and above-ground Tumble-Tracks.

13 Classes Instructor: Edge Gymnastics

6 - 17 Years \$220 Res/\$264 Non-Res

**Edge Gymnastics** 

Tue 2/16-5/10 2:30-3:30 PM Activity #40212

#### **SPORTS**

#### **Core Girls Volleyball Program**

The Core Girls Volleyball program is open to girls ages 8-14. Highly trained and experienced staff will teach the fundamentals using philosophies from Gold Medal Squared and USA Volleyball. This program is a great introduction to the world of club volleyball. For the more experienced players, staff will continue to emphasize fundamentals, and add advanced volleyball techniques with a heavy concentration on footwork and arm swing. Players will be placed on teams based on age, and skill level. Teams will train twice weekly during this six week program. The registration fee includes a T-shirt for each participant.

12 Practices Instructor: Jack Cowden, Dominican College & USA Volleyball High Performance Coach

8 - 13 Years \$249 Res/\$299 Non-Res

#### **Core Performance**

Tue, Thu 2/23-3/31 4:00-5:30 PM Activity #40692 Tue, Thu 4/12-5/19 4:00-5:30 PM Activity #40693

#### **Junior Golf School**

Golf continues to be one of the hottest youth sports trends and often becomes a lifetime sport! This friendly introductory class is open to all skill levels. Basic full swing fundamentals and short game skills (chipping and putting) will be taught, as well as golf rules and golf etiquette. Bring your own clubs if possible; however, loaner clubs are available if needed. Students must wear golf or tennis shoes.

5 Classes Instructor: Dublin Ranch Golf Course

7 - 17 Years \$114 Res/\$137 Non-Res

#### **Dublin Ranch Golf Course**

Thu	4/14-5/12	4:00 PM-5:00 PM	Activity #40571
Sat	4/16-5/14	10:15 AM-11:15 AM	Activity #40572
Sat	4/16-5/14	11:30 AM-12:30 PM	Activity #40573
Sun	4/17-5/15	10:00 AM-11:00 AM	Activity #40574
Thu	5/19-6/16	5:00 PM-6:00 PM	Activity #40578
Sat	5/21-6/18	10:15 AM-11:15 AM	Activity #40579
Sat	5/21-6/18	11:30 AM-12:30 PM	Activity #40580
Sun	5/22-6/19	10:00 AM-11:00 AM	Activity #40581



#### **Tennis Tournament Groups**

Lessons focus on preparing players to compete in USTA tournament play. Instructor/student ratio for Tournament Groups is 1:6. 6 Classes Instructor: Arora Tennis

#### **Novice**

Lessons focus on stronger stroke production and point development for Novice level USTA tournament play. **Prerequisite:** Quick Start Green Intermediate.

7 - 15 Years \$188 Res/\$226 Non-Res

#### **Fallon Sports Park**

Sat	2/27-4/2	1:00-2:30 PM	Activity #40641
Wed	3/2-4/13*	4:30-6:00 PM	Activity #40637
Fri	3/4-4/15	4:30-6:00 PM	Activity #40639
Sat	4/16-5/21	1:00-2:30 PM	Activity #40642
Wed	4/27-6/1	4:30-6:00 PM	Activity #40638
Fri	4/29-6/3	4:30-6:00 PM	Activity #40640
* no cla	iss 4/6		•

#### Challenger

Lessons focus on point play and shot strategy; participants should already possess solid strokes. For players ready to compete in Challenger level USTA tournament play. **Prerequisite:** Novice Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

#### **Fallon Sports Park**

railoi	raiion Sports Park							
Mon	2/29-4/11*	6:00-8:00 PM	Activity #40647					
* no cla	ss 4/4		•					
Wed	3/2-4/13*	6:00-8:00 PM	Activity #40649					
* no cla	ss 4/6		•					
	4/25-6/6*	6:00-8:00 PM	Activity #40648					
* no cla	ss 5/30		•					
Wed	4/27-6/1	6:00-8:00 PM	Activity #40650					

#### Open

Lessons focus on high-level competition with an emphasis on conditioning. For those players ready to compete in Open level USTA tournament play. **Prerequisite:** Challenger Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

#### **Fallon Sports Park**

lue	3/1-4/12*	6:00-8:00 PM	Activity #40643
* no cl	ass 4/5		·
TL	2/2 4/444	C.OO O.OO DIA	A -4::4 # 40C AF

Thu 3/3-4/14\* 6:00-8:00 PM Activity #40645 \* no class 4/7

Tue 4/26-5/31 6:00-8:00 PM Activity #40644 Thu 4/28-6/2 6:00-8:00 PM Activity #40646

#### Championship

Lessons focus on very high-level competition with a strong emphasis on conditioning. For players ready to compete in Championship level USTA tournament play. **Prerequisite:** Open Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

#### **Emerald Glen Park**

\* no class 5/30

<b>Activity #40651</b>	6:00-8:00 PM	Mon 2/29-4/11*
•		* no class 4/4
Activity #40653	6:00-8:00 PM	Wed 3/2-4/13*
•		* no class 4/6
Activity #40652	6:00-8:00 PM	Mon 4/25-6/6*

Wed 4/27-6/1 6:00-8:00 PM Activity #40654



# LOOKING FOR A SUMMER JOB? JOIN OUR TEAM!

The City of Dublin Parks and Community Services
Department (P&CS) offers a rewarding working
environment and can provide an excellent opportunity
for work experience. P&CS offers:

Flexible Hours • Excellent Wages
Professional Development and Training
Opportunities • Advancement Opportunities

TITLE	HOURLY PAY RANGES*
Lifeguard/Swim Instructor I	\$12.00 - \$16.80
Lifeguard/Swim Instructor II	\$14.40 - \$20.15
Recreation Leader/ Facility Attendant I	\$10.00 - \$14.00
Recreation Leader/ Facility Attendant II	\$12.00 - \$16.80
Senior Recreation Leader/ Senior Facility Attendant	\$14.40 - \$20.15
Customer Service Assistant I	\$16.00 - \$22.40
Customer Services Assistant II	\$19.20 - \$26.88

<sup>\*</sup> Actual placement within range depends on your experience

# APPLY TODAY!

See complete job descriptions for full details and qualifications. Job descriptions and applications can be found at CalOpps.org. Search Member Agencies for City of Dublin, or for more information, call (925) 833-6645, or email glentheguide@dublin.ca.gov.



# **ACTIVITIES & SPORTS**

#### DANCE

#### Irish Dance: Teens/Adults

Beginner and intermediate level dancers will learn a variety of soft and hard shoe dances, as well as group dances. Traditional 'set dances' will also be taught. A recital will be held on the last night of class. Beginning students do not need Irish Dance shoes.

6 Classes Instructor: Valerie Deam

13 Years+ \$55 Res/\$66 Non-Res
Heritage Park & Museums
Thu 2/18-3/31\* 8:00-9:00 PM Activity #40471
Thu 4/14-5/19 8:00-9:00 PM Activity #40472
\* no class 3/10

#### **Adult Tap Lessons**

Tap provides great exercise for the mind and body, and is loads of fun. Tap shoes are required.

7 Classes Instructor: Castro Valley Performing Arts

#### Tap I

Appropriate for both beginner and intermediate dancers, students will be introduced to a variation of time steps, tap turns, floor combinations, and application of various syncopated rhythms to music, with an emphasis on clean footwork.

15 Years+ \$66 Res/\$79 Non-Res Heritage Park & Museums Tue 2/23-4/19 7:45-8:45 PM Activity #40129

#### Tap II

Tap II expands on the basics of Tap I, with the addition of intricate rhythm variations, so students should have previous tap dance experience.

15 Years+ \$66 Res/\$79 Non-Res
Heritage Park & Museums

Tue 2/23-4/19 6:45-7:45 PM Activity #40131

#### **Bollywood Fusion for Adults**

This exciting class has energy and artistic choreography. With a degree in Indian Classical Dance, instructor Vaishnavi Misra infuses Bollywood music and moves with rich, world choreography, to produce a dance form so spectacular that you won't want to stop dancing. With tips and tricks to doing it right, learn this art form while keeping in shape and increasing your energy level. Teens, ages 13-16 may register if accompanied by a registering adult.

12 Classes Instructor: Vaishnavi Misra

17 Years+ \$180 Res/\$216 Non-Res **Shannon Community Center** 

Tue 2/16-5/3 7:00-8:00 PM Activity #40483

#### **Ballroom Basics**

Leather sole shoes are recommended. Singles or couples welcome. 8 Classes Instructor: Catherine Morgan

#### Level I

In this popular dance series, the focus will be on Foxtrot, Waltz and Single Time Swing. The easy pace and simple instructions will help you learn quickly, and feel comfortable on any dance floor. This is an excellent class for all levels and for those who want to improve their leading and following.

16 Years+ \$50 Res/\$60 Non-Res

**Dublin Senior Center Fri 3/18-5/13\* 7:00-8:00 PM Activity #40436**\* no class 4/8

#### Level II

Learn additional steps and intermediate patterns, which will improve your technique as well as provide you with greater body awareness when moving to music. This is a perfect class for those who are wishing to brush-up or review the foundations of American Ballroom Smooth. Focus will be on rhythm, posture, how to move to music and dancing more smoothly with your partner. Foxtrot, Waltz and triple-time Swing will be presented. No rotation of partners. **Prerequisite:** Ballroom Basics I, or instructor permission.

16 Years+ \$50 Res/\$60 Non-Res

**Dublin Senior Center Fri 3/18-5/13\* 8:00-9:00 PM Activity #40438**\* no class 4/8

#### **MUSIC**

#### Ukulele

Instructor: Glenn Staller

#### **Beginning**

Learn the basics of playing the ukulele. Focus is on learning chords, strumming, and melodies through playing contemporary and traditional Hawaiian songs. Participants will play songs together as a group.

13 Years+

6 Classes \$99 Res/\$119 Non-Res; plus \$20 materials fee

**Shannon Community Center** 

Sat 2/20-3/26 9:30-10:30 AM Activity #40187

#### **Immersion**

Study a different style/technique each week. Students learn finger picking, blues progressions with turn-arounds, and bossa nova and Latin rhythms. Bring your own ukulele.

13 Years+

3 Classes \$59 Res/\$81 Non-Res; plus \$15 materials fee

**Shannon Community Center** 

Sat 4/2-4/16 9:30-10:30 AM Activity #40188

#### **ADULT ACTIVITIES & SPORTS**

#### SPECIAL INTEREST

#### CPR, AED and First Aid

Did you know that 75 to 80 percent of all out-of-hospital cardiac arrests happen at home and that the majority of victims receive no hands-on care until EMS arrives? Properly applied, CPR and First Aid can save lives and reduce recovery times. Learn to recognize signs of cardiac arrest and also how to deal with emergencies like bleeding, shock, burns, sprains, fractures, allergic reactions, seizures and more.

1 Class Instructor: American Safety Academy

13 Years+ \$72 Res/\$86 Non-Res
American Safety Academy

 Sun
 2/28
 1:00 PM-5:30 PM
 Activity #40421

 Sat
 3/19
 9:30 AM-2:00 PM
 Activity #40422

 Sun
 4/10
 1:00 PM-5:30 PM
 Activity #40423

 Sat
 5/7
 9:30 AM-2:00 PM
 Activity #40424

#### FITNESS & WELLNESS

#### **Pilates Plus**

Become leaner, stronger and revitalized through Pilates. Pilates is a system of exercises utilizing the body and mind to increase flexibility and strength. The focus of Pilates is on the "powerhouse" muscles, which encompasses the core muscles of the torso, and the relation of the abdominals to the back muscles. This special class also uses rollers and balls for myofascial and muscle release. Designed for all levels; students focus on body awareness in a fun informative format.

Instructor: Judith Connaughton

18 Years+

#### **Dublin Senior Center**

6 Classes \$60 Res/\$72 Non-Res

Mon 2/22-3/28 6:45-7:45 PM Activity #40175

5 Classes \$50 Res/\$60 Non-Res

Mon 4/11-5/9 6:45-7:45 PM Activity #40176

#### **Pilates Barre Sculpt**

Get ready to transform your body. Get longer, leaner and stronger while enhancing flexibility and posture as we redefine our body image inside and out. This class incorporates Pilates and Barre exercises that engage your core while sculpting and shaping the entire body. This multi-level class focuses on form and alignment, muscle intensity, and calorie burning exercise in a non-impact format.

Instructor: Judith Connaughton

18 Years+

#### **Shannon Community Center**

6 Classes \$60 Res/\$72 Non-Res

Thu 2/25-3/31 6:00-7:00 PM Activity #40177

5 Classes \$50 Res/\$60 Non-Res

Thu 4/14-5/12 6:00-7:00 PM Activity #40178

#### **Ladies Boot Camp**

Joining a boot camp gives you the motivation and support you need to have a great, fit year! You will love how this program makes you feel and the results you will achieve. No matter what your fitness goals are, this camp will jump start your training program and help motivate you to experience success. An experienced team of sports performance coaches work with you in the state-of-the-art Core Performance sports facility. The trained staff will help you achieve your goals and reach a whole new level of health and fitness by incorporating cardio and strength training-in as little as one hour a day.

9 Classes Instructor: Core Performance

18 Years+ \$99 Res/\$119 Non-Res

#### **Core Performance**

Mon, Wed, Fri 2/8-2/26 7:00-8:00 PM Activity #40694 Mon, Wed, Fri 3/7-3/25 7:00-8:00 PM Activity #40695 Mon, Wed, Fri 4/4-4/22 7:00-8:00 PM Activity #40696 Mon, Wed, Fri 5/2-5/20 7:00-8:00 PM Activity #40697

#### **Running For Weight Loss**

Participants shed pounds faster and more easily then they ever thought possible in this fun running program. Little by little, week by week, you'll find yourself running more and weighing less! The FIT Potato teaches the basics, including what shoes to wear, how to stretch, proper running form, and core muscle exercises. Even if you have never run before, The FIT Potato can help. Experience all the health benefits of running: improved mood, stress reduction, more stamina, and tons of energy. Train for your first 5K, 10K or half marathon.

10 Classes Instructor: The FIT Potato

18 Years+ \$119 Res/\$143 Non-Res

The FIT Potato

Mon 2/22-4/25 6:15-7:15 PM Activity #40433

#### **Strength Training For Runners**

Strength training is an integral part of every runner's weekly workout. Power up your legs to increase your speed and have a stronger kick. Strengthen your core to improve form and efficiency. Tone your arms to increase cadence. Strength training helps prevent running injuries.

10 Classes Instructor: The FIT Potato

18 Years+ \$119 Res/\$143 Non-Res

The FIT Potato

Wed 2/17-4/20 6:00-7:00 PM Activity #40435





# Adult Bike Safety Class: Urban Cycling 101

#### Saturday, April 2 10:00 AM – Noon Dublin Public Library Program Room

Indoor workshop for adults and teens, no bike required
This fun and interactive classroom workshop taught by a
certified League of American Bicyclists instructor will cover:

- · Basic rules of the road
- How to equip your bicycle
- Fitting your helmet
- Avoiding bike theft
- Riding after dark
- Avoiding common crashes

Participants will receive a free reflective vest. Register at BikeEastBay.org/Education to participate.

# Adult Bike Safety Class: Urban Cycling 201

#### Saturday, April 9 10:00 AM – 3:30 PM Dublin Public Library Program Room

Indoor and outdoor workshop for adults and teens

Participate in on-road, on-your-bike practice sessions; working in small groups with Bike East Bay's certified instructors. Class will cover:

- · Bike handling skills
- Crash-avoidance maneuvers
- · How to bike confidently on any street

Each participant receives a free set of bike lights. Attendance at an Urban Cycling 101 classroom workshop is a prerequisite to participating in this class. Attendees must bring working bicycles and helmets to class, and be able to ride in order to participate. Registration required at BikeEastBay.org/Education.

#### **How to Prevent Bike Theft**

#### Saturday, February 27 I:00 – 2:00 PM Dublin Public Library Program Room

Classroom session, no bike required

Learn how to protect your bike from theft at this workshop. Topics include locking techniques, secure parking options, bike registration, and tips on how to recover a stolen bike. Register at BikeEastBay.org/Education to participate.

Classes are free. For more information, call (925) 833-6630.

#### Zumba® Fitness with Robin

Dance to great music, with great people, and burn a ton of calories without even realizing it. Who is Zumba® perfect for? Everybody and every body. Each Zumba® class is designed to bring people together to sweat it on. We take the 'work' out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll

see why Zumba® Fitness classes are often called "exercise in disguise." It's a total workout, combining all elements of fitness—cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

13 Classes Instructor: Robin Cranford

16 Years+ \$144 Res/\$173 Non-Res

**Dublin Senior Center** 

Tue 2/16-5/10 7:15-8:15 PM Activity #40413 Wed 2/17-5/11 6:00-7:00 PM Activity #40412

#### **Bombay Jam® Total Body Fitness**

This program has a serious focus on integrating fun and fitness. Our custom music mixes are created with the hottest Bollywood tracks and some American Top 40 music, that will motivate the participants instantly. Bombay Jam® includes cardio and toning in one action-packed class. The choreography incorporates simple and easy-to-follow dance fitness moves and is full of Bollywood masala. Build endurance and develop long, lean muscle. Participants will be burning calories and thrilled by all the Bombay flair. Just one class will leave the class energized and counting down until next Bombay Jam® class.

Instructor: Priya Vasudevan

18 Years+

#### **Dublin Senior Center**

11 Classes \$110 Res/\$132 Non-Res

**Wed 2/24-5/11\* 7:00-8:00 PM Activity #40414** \* no class 4/6

9 Classes \$90 Res/\$108 Non-Res

Sun 2/28-5/15\* 10:00-11:00 AM Activity #40415

\* no class 3/27, 4/10, 4/24

#### **U-Jam® with Andrea**

Get ready for a class that's energizing, uplifting, and great for your health. U-Jam® is a cardio dance program that infuses global music genres with an urban beat. From Bollywood and K-Pop to Latin and Jazz, every U-Jam® song follows simple choreographed routines that allow you to get a great workout while having fun. Come dance yourself into better health and spirits with U-Jam® Fitness. No prior dance experience is necessary.

12 Classes Instructor: Andrea Reak

18 Years+ \$120 Res/\$144 Non-Res

**Shannon Community Center** 

Wed 2/17-5/11\* 9:00-10:00 AM Activity #40420

\* no class 4/6

# City of Dublin \* 2016 \* Presented by World of Shoes

#### Sunday, March 13, at 8:30 AM

The Shamrock 5K is a great event for runners and walkers of all skill levels...don't miss out on all the fun!

#### A few event highlights

- 3.1-mile certified 5K course
- Over 2,000 participants
- · Special discounts for families, corporations and non-timed runners



Individuals (Chip Timed) – Pre-registration	
Individuals (Not Timed) – Pre-registration (Not Timed individuals will not be included in the race results) \$23	
Families – Pre-registration (immediate family of 3-6 members living in the same residence) \$21 per person	
Corporate – Pre-registration (five or more registrants)	
On-site Registration\$35 per person	

Register online at www.active.com. For more information, call Angela Gamez at (925) 556-4500.

#### **Jazzercise**®

Jazzercise® is a calorie-torching, hip-swiveling, dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Our classes—Dance Mixx, Interval, Fusion, Core, Strike, and Strength will leave you breathless, toned and coming back for more. Bring a mat and hand weights. Contact Barbara Van Trease at (925) 447-8890 for class information or visit <u>www.jazzercise.com</u> for new student offers and pricing.

18 Years+

**Dublin Senior Center** Mon, Tue, Wed, Fri, Sat & Sun 8:30-9:30 AM Mon & Wed 5:30-6:30 PM Tue & Thu 6:00-7:00 PM

#### Happiness through Hypnotherapy

Ready to have more happiness in your life? Happy people do certain things and have a certain outlook. Discover important activities and skills to help bring yourself fulfillment. Learn about self-hypnosis and how to reprogram your mind to live with a more positive outlook.

4 Classes Instructor: Darrell Mark

18 Years+ \$50 Res/\$60 Non-Res **Shannon Community Center** 

Wed 3/2-3/23 6:30-7:45 PM Activity #40455 Wed 4/13-5/4 6:30-7:45 PM Activity #40456

#### **MARTIAL ARTS**

#### **NEW!** Intro to Brazilian Jiu-Jitsu

Legendary Jiu-Jitsu Master Ralph Gracie has trained World Champions at every level and is now teaching in Dublin. Learn the basics of Brazilian Jiu-Jitsu in a structured and friendly environment. Students learn ground wrestling moves at their own pace while practicing basic Jiu-Jitsu moves. Instructors teach ground defense and self defense moves without striking. Instructors encourage students to improve on their fitness, ground game, and confidence. Uniforms are required and available for \$30.

8 Classes Instructor: Ralph Gracie Jiu-Jitsu

15 Years+ \$179 Res/\$215 Non-Res

Ralph Gracie Jiu-Jitsu

Wed 2/24-4/13 6:00-6:55 PM Activity #40464

#### Krav Maga

Krav Maga is a self-defense program that uses fitness, boxing, kicks, weapons defense, ground defense and other mixed systems. Focus changes weekly, and the rotating curriculum keeps things moving and the students stimulated with a variety of material. We recommend that students be in good physical condition prior to enrollment. Martial Arts America Krav Maga gloves are required and cost \$49.

12 Classes Instructor: Martial Arts America

15 - 50 Years \$169 Res/\$203 Non-Res

**Martial Arts America** 

Thu 2/18-5/5 7:45-8:30 PM Activity #40409 Sat 2/20-5/7 9:00-10:00 AM Activity #40408

#### **Karate**

Students will be immersed in the Korean Martial Art of Tang Soo Do while learning basic blocks, punches, kicking and sparring techniques that instill discipline and self-control.

9 Classes Instructor: Robert Berger

15 Years+ \$54 Res/\$65 Non-Res

**Dublin Public Library** 

Mon 2/22-5/2\* 7:30-9:30 PM Activity #40184

\* no class 3/14, 3/28

#### **Aikido**

Instructor: Ron Hsi

#### **Beginning Aikido**

Improve your confidence, power and agility while learning self defense in a relaxed, friendly and non-competitive environment. No matter your size, gender, age or athletic ability, you will see and feel the benefits. Beginners are welcome and can start at any point during the session; however, fees are not pro-rated. Judo uniforms are recommended but not required.

14 Years+

6 Classes \$39 Res/\$47 Non-Res

**Dublin Public Library** 

Tue, Thu 2/16-3/17\* 8:00-8:45 PM Activity #40397 Tue, Thu 3/29-4/14 8:00-8:45 PM Activity #40398

\* no class 2/18, 2/25, 3/8, 3/10

#### Intermediate Aikido

Continue to build upon the basic skills learned in Beginning Aikido with additional practice of self-defense techniques without kicking or punching. Instead, students tap their inner energy and use the strength of their attacker. Learn the fundamental body dynamics, throws, pins, and blocks that make this martial art so effective and popular among men and women of all ages.

14 Years+

21 Classes \$116 Res/\$139 Non-Res

**Dublin Public Library** 

Tue, Thu 2/16-5/12\* 8:00-9:30 PM Activity #40400

\* no class 2/18, 2/25, 3/8, 3/10, 3/24



#### **SPORTS**

#### **Tennis Lessons**

Learn a sport that you can enjoy for a lifetime with this easy, step-by-step lesson plan. Instructor/student ratio is 1:6.

6 Classes Instructor: Arora Tennis

#### Tennis 101

Participants will receive plenty of individual attention in this class for those with minimal or no previous tennis instruction. Basic fundamentals will be covered, with a focus on developing solid techniques.

18 Years+ \$132 Res/\$158 Non-Res

**Fallon Sports Park** 

Sat 2/27-4/2 9:00-10:00 AM Activity #40592 Sat 4/16-5/21 9:00-10:00 AM Activity #40593

#### Tennis 102

Intermediate players—this class is for you! Continue to develop solid techniques and further strengthen your skill level.

18 Years+ \$132 Res/\$158 Non-Res

**Emerald Glen Park** 

Sat 2/27-4/2 9:00-10:00 AM Activity #40594 Sat 4/16-5/21 9:00-10:00 AM Activity #40595

#### **NEW! Tennis 103**

Graduates of Tennis 102: this class emphasizes singles and doubles point play, and strategy.

18 Years+ \$132 Res/\$158 Non-Res

**Emerald Glen Park** 

Sat 2/27-4/2 8:00-9:00 AM Activity #40596 Sat 4/16-5/21 8:00-9:00 AM Activity #40597

#### **Cardio Tennis**

Looking for an ideal alternative to working out in the gym? Cardio Tennis is a fun group activity with drills to give athletes of all abilities the ultimate, high-energy workout. It includes warm-up, cardio workout, and cool-down phases. If you're looking for a new way to get in shape and burn calories, try Cardio Tennis. All playing levels are welcome.

6 Classes Instructor: Arora Tennis

18 Years+ \$120 Res/\$144 Non-Res

**Fallon Sports Park** 

Sat 2/27-4/2 8:00-9:00 AM Activity #40600 Sat 4/16-5/21 8:00-9:00 AM Activity #40601

**Emerald Glen Park** 

Tue 3/1-4/12\* 7:00-8:00 PM Activity #40598 Tue 4/26-5/31 7:00-8:00 PM Activity #40599 \* no class 4/5

#### **Private Tennis Lessons**

Both private and semi-private lessons are available. Lessons are held at an agreed-upon date, time and location. Find detailed descriptions of our highly-qualified instructors and registration information at <a href="https://www.DublinRecGuide.com">www.DublinRecGuide.com</a>. Click on Programs, then Children's Classes, then Children's Sports. Questions? Contact <a href="mailto:rich.jochner@dublin.ca.gov">rich.jochner@dublin.ca.gov</a>.



#### Women's Golf School

Women's golf is on the rise and the Ladies Professional Golf Association (LPGA) is steadily gathering dedicated golf fans. Don't just watch! This is your chance to learn how to play with other motivated women. Instruction includes correct grip, stance, posture, aim and swing. Rules, etiquette and fundamentals will also be covered. Bring your own golf clubs if possible; however, loaner clubs are available if needed. Golf or tennis shoes required.

5 Classes Instructor: Dublin Ranch Golf Course

18 Years+ \$114 Res/\$137 Non-Res

**Dublin Ranch Golf Course** 

Wed 4/13-5/11 5:00-6:00 PM Activity #40566 Wed 5/18-6/15 6:00-7:00 PM Activity #40567

#### **Coed Golf School**

Learn to play golf in a friendly, non-competitive environment. Rules and etiquette, as well as basic full swing fundamentals and short game skills (chipping and putting) will be covered. Bring clubs if possible; however, loaner clubs are available if needed. Golf or tennis shoes required.

5 Classes Instructor: Dublin Ranch Golf Course

18 Years+ \$114 Res/\$137 Non-Res

#### **Dublin Ranch Golf Course**

vuvi	iii naiicii uu	iii Course	
Thu	4/14-5/12	5:00 PM-6:00 PM	Activity #40568
Sat	4/16-5/14	9:00 AM-10:00 AM	Activity #40569
Sun	4/17-5/15	11:15 AM-12:15 PM	Activity #40570
Thu	5/19-6/16	6:00 PM-7:00 PM	Activity #40575
Sat	5/21-6/18	9:00 AM-10:00 AM	Activity #40576
Sun	5/22-6/19	11:15 AM-12:15 PM	Activity #40577

#### **ADULT SPORT LEAGUES**

#### Men's 5-on-5 Basketball Leagues

The Men's 5-on-5 Basketball League season consists of a ten-game schedule, plus playoffs for the top qualifying teams. "C" level should be considered higher than "D" level. The 5-on-5 leagues are played on Sunday afternoons and evenings. Registration is currently open for these leagues.



18 Years+ \$640 Res Team/\$768 Non-Res Team

**Stager Community Gymnasium** 

"C" League begins Sun 1/10 Activity #40088
"D" League begins Sun 1/10 Activity #40087

# Men's 5-on-5 Basketball League, 30 Years and Over

This league is for players 30 years of age or older. The season consists of an eight-game schedule, plus playoffs for the top qualifying teams. Game times are in the evening.

18 Years+ \$509 Res Team/\$611 Non-Res Team

Stager Community Gymnasium
"30+" League begins Mon 3/14 Activity #40735

#### **Adult Softball Leagues**

Spring Softball Leagues consist of an eight-game schedule, plus playoffs for the top qualifying teams. Game times are 6:30, 7:45 and 8:45 PM.

18 Years+ \$599 Res Team/\$719 Non-Res Team

**Fallon Sports Park** 

Men's "D" League begins Tue 4/12 Activity #40733 Coed "D" League begins Thu 4/14 Activity #40734

#### **Resident/Non-Resident Team Status**

To qualify as a resident team, 51% of the roster must be Dublin residents, or sponsored by a Dublin-based business with a current business license and pay by company check or credit card.

#### **Team Registration**

Resident team registration must be done in person at Shannon Community Center. Non-Resident team registration may also be completed online. Full registration and payment must be completed 2 weeks prior to the advertised league start date, or a \$25 late fee applies. No partial payments will be accepted. Players must be at least 18 years old.

#### Free Agent List (individuals)

The City of Dublin maintains free agent lists for basketball, bocce and softball. Call (925) 556-4500 to be added to a list. This list is shared with team managers upon request.

# 

# **ACTIVITIES & SERVICES**

#### **Dublin Senior Center**

7600 Amador Valley Blvd. (925) 556-4511 www.dublinseniorcenter.com seniorctr@dublin.ca.gov

#### Hours

Monday through Friday, 9:00 AM – 4:00 PM Saturday, 8:30 AM – 12:00 PM Except...

The Senior Center will be closed on the following days:

Presidents' Day — **Monday, February 15** Memorial Day — **Monday, May 30** 

Saturday activities are cancelled on the following days due to special events:

Teen Job Fair — **Saturday, March 5**St. Patrick's Day Parade — **Saturday, March 12** 

#### Welcome!

The Dublin Senior Center is a welcoming, cheerful, active place designed for the older adult crowd. It's the place to be for exercise and dance classes, delving into art and music groups, or having lunch inexpensively. That's the short list. The next few pages list many choices from the current offerings. Please join our patrons and make new friends by visiting this Center where you will find "rewarding friendships, intriguing activities and a lifestyle of possibilities."

#### **Be a Senior Center Supporter**

The Senior Center thrives because of its supporters. The yearly fee allows our patrons to enjoy the continuous programs offered here. Thank you to all our supporters for caring. Supporters are mailed our quarterly newsletter, *Dublin Doings*.

Yearly Fee \$10; \$1 discount for Dublin Residents

#### **Be a Senior Center Volunteer**

Volunteers are special people who give of themselves. If you would like the feeling of helping others, please sign up to volunteer. Training is provided as needed. Volunteer applications and class proposal forms are available at the front desk, or online at www.DublinSeniorCenter.com.



#### **Dine at The Shamrock Café**

#### Monday to Friday, 11:30 AM-12:15 PM\*

The price is right, so stop by and enjoy a healthy affordable meal catering to older adults. Caregivers are also welcome. Drop-ins are welcome. The suggested voluntary donation is \$3, and annual registration is required. Meals are provided by Open Heart Kitchen, in cooperation with the Area Agency on Aging of Alameda County, and the City of Dublin. Soup, salad, bread, beverage and dessert are served with every entree. Monthly menu posted at www.dublinseniorcenter.com.

\* Cafe closed on 4/28 due to special event

#### **Special Luncheons**

Celebrate holidays at our special luncheons which feature entertainment in addition to a festive mood.

## St. Patrick's Day Luncheon

\$3

Thu 3/17 Activity #39641

#### **Mother's Day Luncheon**

\$15 Res/\$18 Non-Res

Thu 5/5 Activity #40539

#### Annual Volunteer Luncheon

We thank the Center's wonderful volunteers who served in 2015 with a special **invitation only** luncheon. Volunteers, please see that your hours and contact information are up to date so we won't miss sending you an invitation. Regularly scheduled lunch program and activities in the ballroom will be cancelled.

#### DANCE

#### **Ballroom Beginner/Level II Basic**

Enjoy various ballroom dance styles. Prior experience and partners not necessary. *Instructor: Bill Blankenship* 

# Beginner

50 Years+

**Dublin Senior Center** 

#### Waltz

5 Classes \$25 Res/\$30 Non-Res

Tue 3/1-3/29 2:15-3:45 PM Activity #39332

#### Cha Cha

4 Classes \$20 Res/\$24 Non-Res

Tue 4/5-4/26 2:15-3:45 PM Activity #39333

#### **Bolero**

5 Classes \$25 Res/\$30 Non-Res

Tue 5/3-5/31 2:15-3:45 PM Activity #39334

#### **Level II Basic**

21 Years+

**Dublin Senior Center** 

#### **Foxtrot**

5 Classes \$30 Res/\$36 Non-Res

Thu 3/3-3/31 7:25-8:25 PM Activity #39338

#### **Bachata**

4 Classes \$24 Res/\$29 Non-Res

Thu 4/7-4/28 7:25-8:25 PM Activity #39339

#### **Night Club Two-Step**

4 Classes \$24 Res/\$29 Non-Res

Thu 5/5-5/26 7:25-8:25 PM Activity #39340



At the Dublin Senior Center

# Fridays, March 25, April 29 & May 27, 1:30-4:00 PM

All types of ballroom social dance music are played, and dancers of all levels welcome. Dance lessons included. Includes light refreshments

50 Years+ \$6 Drop-in fee

# The Mils LINE DANCE SOCIAL EVERY FIRST THURSDAY, 2:00–4:00PM DJ Millie Dusha plays classic and contemporary line dance music to get you in the mood to dance. All levels are welcome to join the fun! \$4/Drop-in fee

#### **Line Dance**

Get in line, listen to the beat, and dance. Partners not needed.

50 Years+

**Dublin Senior Center** 

#### **Beginning**

Instructor: Lynn Woods

\$2 Drop-in

Thu 2/18-5/12\* 10:15-11:15 AM

\* no class 4/28

#### Beginning/Intermediate

Instructor: Rosa Chan

\$3 Drop-in

Tue 2/16-5/10 10:00-11:00 AM

Sat 2/27-5/14\* 11:00 AM-12:00 PM

\* no class 3/5, 3/12, 4/30

#### **Easy Intermediate**

Instructor: Millie Dusha

\$4 Drop-in

Thu 2/18-5/12\* 2:00-4:00 PM

\* no class 4/28

#### Intermediate

Instructor: Millie Dusha

\$4 Drop-in

Mon 2/22-5/9 1:00-2:45 PM

#### **Intermediate Line Dance Social**

Enjoy intermediate level line dancing in a social setting.

Leader: Karen Hong

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Fri 2/26-5/13 10:00-11:00 AM

#### FITNESS & WELLNESS

#### **Balance, Agility & Strength**

Simple movements are used to strengthen your core (abs and back) and cardiovascular system (heart and lungs). Stand or use a chair. No floor exercises.

Instructor: Robin Weiss

50 Years+

#### **Dublin Senior Center**

5 Classes \$20.75 Res/\$25 Non-Res

Wed 3/2-3/30 10:00-10:45 AM Activity #39518

4 Classes \$16.50 Res/\$20 Non-Res

Mon 3/7-3/28 10:00-10:45 AM Activity #39523 Mon 4/4-4/25 10:00-10:45 AM Activity #39524 Wed 4/6-4/27 10:00-10:45 AM Activity #39519 Mon 5/2-5/23 10:00-10:45 AM Activity #39525 Wed 5/4-5/25 10:00-10:45 AM Activity #39520

#### **Chair Pilates**

Improve everyday movements, sitting, standing and walking, by applying Pilates principles. Schedule is tentative; dates subject to change.

4 Classes Instructor: M Valentin

50 Years+ \$20 Res/\$24 Non-Res

#### **Dublin Senior Center**

Mon 3/7-3/28 3:00-3:45 PM Activity #39377 Mon 4/4-4/25 3:00-3:45 PM Activity #39378 Mon 5/2-5/23 3:00-3:45 PM Activity #39379

#### **Saturday Programs**

Start your weekend with fun activities. The Senior Center is open on **Saturdays** from **8:30 AM until 12:00 PM** for:

**Jazzercise** 

8:30-9:30 AM

**Ping Pong** 

9:00 AM-12:00 PM

Tai Chi Chuan

9:45-10:45 AM

**Beginning/Intermediate Line Dance** 

11:00 AM-12:00 PM



#### Intro to Gentle Yoga

Increase your flexibility and body awareness as you learn basic yoga poses.

Instructor: Caran Ruga

50 Years+

#### **Dublin Senior Center**

5 Classes \$15 Res/\$18 Non-Res

Tue 3/1-3/29 10:30-11:30 AM Activity #40916 Tue 5/3-5/31 10:30-11:30 AM Activity #40915

4 Classes \$12 Res/\$14.50 Non-Res

Tue 4/5-4/26 10:30-11:30 AM Activity #40914

#### **Gentle Yoga**

Simple poses release tension, facilitate stability and improve posture. Optional chair exercises available.

Instructor: Jim Stuhlman

50 Years+

#### **Dublin Senior Center**

5 Classes \$15 Res/\$18 Non-Res

Wed 3/2-3/30 5:30-6:30 PM Activity #39538

4 Classes \$12 Res/\$14.50 Non-Res

Wed 4/6-4/27 5:30-6:30 PM Activity #39539 Wed 5/4-5/25 5:30-6:30 PM Activity #39540

#### **Healing Yoga**

Promote a healthy body while decreasing stress and anxiety using techniques, including stretching, strength and balance exercises, breathing, and meditation. Postures are adapted for chair sitting as needed.

Instructor: Anne Cavazos

40 Years+ \$5 Drop-in

**Dublin Senior Center** 

Thu, Mon 2/18-5/16\* 12:30-1:30 PM

\* no class 3/7, 3/10, 3/17, 4/4, 4/7

#### Tai Chi Chuan

Warm up with Qi (Chi) Gong and learn a different tai chi form each week.

Instructor: John Deng

50 Years+

**Dublin Senior Center** 

#### Beginners—24 Forms

3 Classes \$10 Res/\$12 Non-Res

Fri 3/4-3/18 1:00-2:00 PM Activity #39463 Fri 4/1-4/15 1:00-2:00 PM Activity #39464

# Beginners II for Continuing Students—24 Forms

4 Classes \$12 Res/\$14.50 Non-Res

Tue 4/5-4/26 1:00-2:00 PM Activity #39454

5 Classes \$15 Res/\$18 Non-Res

Tue 3/1-3/29 1:00-2:00 PM Activity #39457

#### Intermediate/Advanced—42 Forms

2 Classes \$6 Res/\$7.25 Non-Res

Sat 3/19-3/26 9:45-10:45 AM Activity #39459

4 Classes \$12 Res/\$14.50 Non-Res

Sat 4/2-4/23 9:45-10:45 AM Activity #39461



#### **Tai Chi Chuan Practice Session**

Class designed to practice Qi (Chi) Gong and basic forms for students currently enrolled in Tai Chi Chuan classes.

Peer Leaders: Wing Yu, Lucy Yu, Anna Hudson

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Thu 2/18-5/12\* 9:00-10:00 AM

\* no class 4/28

Tue, Fri 5/3-5/31\* 1:00-2:00 PM

\* no class 5/27

#### Jazzercise<sup>®</sup>

Jazzercise is a calorie-torching, hip-swiveling, dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Our classes — Dance Mixx, Interval, Fusion, Core, Strike, and Strength — will leave you breathless, toned and coming back for more. Bring a mat and hand weights to class. Contact Barbara Van Trease at (925) 447-8890 for class information or visit www. jazzercise.com for new student offers and pricing.

18 Years+

Mon, Tue, Wed, Fri, Sat & Sun 8:30-9:30 AM

Mon & Wed 5:30-6:30 PM

Tue & Thu 6:00-7:00 PM

# DANCESCARE

At the Dublin Senior Center

Get in the mood, grab your partner and dance the evening away. Swing to big band music. Tango, waltz, cha-cha and foxtrot, too!

Friday, February 12 6:30-9:30 PM

Activity #39514

Tickets purchased by the day prior: \$10 Res/\$12 Non-Res; or \$15 at the door.



#### **Path Wanderers**

Meet at a local, level trail and walk 2 to 3 miles. A current monthly schedule is available. First-timers must turn in a completed emergency form and liability release before participating. Call the Senior Center for more information.

#### **Weekly Thursday Walks**

Leader: Dan Rodrigues
50 Years+ Free

**Location TBA** 

Thu 2/18-5/12 9:00-11:00 AM

#### **NEW! Monthly Saturday Hikes**

Meet at the designated park or trailhead and hike these trails.

Leader: Richard Guarienti

50 Years+ Free

April 2 9:00 AM Alamo Creek Trail May 7 9:00 AM Iron Horse Trail

June 4 9:00 AM Tassajara Creek Trail

July 9 9:00 AM Martin Canyon Creek Trail

#### **Tri-Valley Trail Trekkers**

Trek 4-6 miles on East Bay trails or parks. Weekly schedules are available from hikedirector@gmail.com. First-timers must turn in a completed emergency form and liability release before participating.

Peer Leader: Helen Coleman

50 Years+ \$2 Drop-in fee **Dublin Senior Center** 

Dubini Schiol Center



#### **ART & MUSIC**

#### Acrylics

Instruction for beginner and intermediate artists who would like to learn or brush up on form, composition, and color. Examine techniques and theories behind a master artist's work, then create an original work based on that artist's style.

3 Classes Instructor: Arthur Scott King

50 Years+

#### **Dublin Senior Center**

\$22.50 Res/\$27 Non-Res

Vincent VanGogh—Landscapes
Mon 3/7-3/28\* 2:00-5:00 PM Activity #40145

\* no class 3/21

Monet—Light and Color

Mon 4/4-4/18 2:00-5:00 PM Activity #39506

**Odilon Redon—Florals** 

Mon 5/2-5/16 2:00-5:00 PM Activity #39507

# DUBLIN SENIOR CENTER SPONSORS

The Senior Center truly appreciates its donors and sponsors. Their generosity allows the Dublin Senior Center to provide free coffee, and to partially underwrite the cost of activities, keeping fees affordable. City staff and patrons thank them. To become a donor or sponsor, please e-mail seniorctr@dublin.ca.gov, or call (925) 556-4511.

# PLATINUM SPONSOR Pat Hughes

**Senior Supporter** 

#### SILVER SPONSORS

Hired Hands Homecare, Inc.
Palo Alto Medical Foundation
Pleasanton Nursing and Rehab

**BRONZE SPONSORS** 

**Brookdale Senior Living** 



#### Watercolor

In this peer-led class, watercolor artists at all levels work on their own projects, and offer helpful critiques and tips.

50 Years+ \$32 Res/\$38 Non-Res

**Dublin Senior Center** 

Fri 2/12-5/27 9:30 AM-12:00 PM Activity #38624

#### Art for All Media

Work independently on personal art projects and enjoy the cameraderie of fellow artists. All levels of creativity are welcome.

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Wed 2/17-5/18 12:30-3:30 PM

#### **Draw Now, Paint Later**

This class is aimed at watercolor painters who want to improve their drawings before they paint.

Peer Leaders: Sue Farr & Friends

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Wed 2/17-5/18 1:00-2:30 PM

# Scrapbooking Workshop: Family Memory Book

Create a 15-page saddle stitch bound scrapbook to share with your family and loved ones.

2 Classes Instructors: Sharon Marts & Prity Bhuptani

21 Years+ \$5 Res/\$6 Non-Res; plus \$10 materials fee

**Dublin Senior Center** 

Thu 3/10-3/17 7:00-8:30 PM Activity #40443

#### **Blankets for Vets**

Join caring individuals who make blankets for our veterans. Bring your own knitting and crochet needles. Donations of needles and yarn are appreciated.

Peer Leader: Eva Lim

50 Years+ \$2 Suggested donation

**Dublin Senior Center** 

Wed 2/17-5/11 1:00-3:30 PM

#### **Knitting Social**

Knit baby hats with fellow Mad Hatters and donate to local agencies.

Peer Leader: June Hurd

50 Years+ \$2 Drop-in

#### **Dublin Senior Center**

Tue 2/16 10:00 AM-12:00 PM

Tue 3/15 10:00 AM-12:00 PM

Tue 4/19 10:00 AM-12:00 PM

Tue 5/17 10:00 AM-12:00 PM

#### **Needle Arts Group, Quilting, Sewing**

Work independently on your quilting, sewing, or knitting projects while chatting with a friendly group. Materials not included.

Peer Leader: Linda Schmidt

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Tue 2/16-5/10 10:00 AM-12:00 PM





#### **Melody Minstrels Jam Session**

Bring a personal musical instrument and start jammin' with the group.

Peer Leader: Gary Younse

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Tue 2/16-5/10 1:00-4:00 PM

#### **Music Lovers Sing-Along**

Add your melodious voice to this group of singers. All musical accompanists are welcome.

Peer Leaders: Rich Van Tassel, Kelly Boyer

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Thu 2/18-5/12 10:00-11:00 AM

#### **Name That Tune**

Reminiscing music from the '30s, '40s and '50s. Obtain a free Connecting with Classics "Stay to Play" activity pass when you attend lunch on the same day.

Music Facilitator: Vicky Weseloh

50 Years+ \$2 Suggested donation

**Dublin Senior Center** 

Thu 3/24 12:30-1:00 PM

Thu 4/21 12:30-1:00 PM

Thu 5/26 12:30-1:00 PM

#### **ENRICHMENT**

**Reading Group** 

Finish reading the chosen

meet with the

book, then

group to critique

it. Call for selected current title.

Peer Leader: Pam Fisher

50 Years+ \$2 Drop-in

Dublin Senior Center

Tue 2/23 10:30-11:30 AM

Tue 3/22 10:30-11:30 AM Tue 4/26 10:30-11:30 AM

#### **Polish Your Writing**

Learn creative ways to edit and improve your manuscripts. Classmates enjoy listening to works in progress and offering supportive suggestions. Schedule tentative, dates subject to change.

8 Classes Instructor: Julaina Kleist

50 Years+ \$32 Res/\$38.50 Non-Res

**Dublin Senior Center** 

Mon 3/28-5/16 9:45 AM-12:00 PM Activity #39642

#### **Everyday Life Skills in English (ELSE)**

The goal of this beginning intermediate class is to teach adults from different cultures the practical and necessary everyday life skills that they need to function comfortably within the American culture. The class is taught entirely in English. Students practice English conversation with each other and act out real life situations. Cost includes limited materials fee. Schedule tentative, dates subject to change.

4 Classes Instructor: Danielle Adsit

50 Years+ \$12 Res/\$15 Non-Res

#### **Dublin Senior Center**

Mon 3/7-3/28 3:00-4:30 PM Activity #40919 Mon 4/4-4/25 3:00-4:30 PM Activity #40920 Mon 5/2-5/23 3:00-4:30 PM Activity #40921

Mon 6/6-6/27 3:00-4:30 PM Activity #40922

#### **American Sign Language**

Meet and interact with others interested in acquiring basic skills in the American Sign Language alphabet, numbers, and everyday phrases. No prior knowledge necessary.

8 Classes Instructor: Sheila Holmes

21 Years+ \$48 Res/\$58 Non-Res; plus \$15 materials fee

**Dublin Senior Center** 

Thu 3/24-5/12 1:00-3:00 PM Activity #39326

#### **Computer One-on-One, by Appointment**

Be computer literate or improve skills using the center's desktop, or bring a personal tablet, laptop or smart phone to work on. Contact the Senior Center to arrange a 30-minute one-on-one appointment.

50 Years+ \$3 Res/\$3.50 Non-Res

**Dublin Senior Center** 

Wed\* 2/17-5/11 10:00 AM-1:00 PM

\* Instructor: Elise Nai

Fri\* 2/19-5/13 9:00 AM-11:00 AM

\* Instructor: Zev Kahn

Sun\* 2/21-5/15 8:30 AM-9:30 AM

\* Instructors: Dublin High Tech Club

Thu\* 2/25-5/19 6:00 PM-8:00 PM

\* Instructor: Guru Athisenbagam

Wed\* 3/2-5/18 1:00 PM-4:00 PM

\* Instructor: Lori Rose



#### **CARDS & GAMES**

#### **American Mah Jong**

An interesting and challenging game played with tiles and using a card showing winning hands.

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Fri 2/19-5/13 12:15-4:00 PM

#### **Chinese Mahjong Lessons**

Learn to play this tile game based on Chinese symbols and characters. Call to add your name to the roster.

Peer Leader: Lucy Yu

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Thu 2/25-5/19 12:00-4:00 PM

#### **Chinese Mahjong Social**

Chinese Mah Jong is similar to the card game Gin Rummy, but is played using tiles with Chinese symbols. Contact the Senior Center to be added to interest list.

Peer Leader: Sophia Mok

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Thu 2/18-5/12 12:00-4:00 PM

#### **Lending Library**

The Senior Center's library is available to our patrons for free.

#### How it works:

The library is operated on the honor system; no check-out required. Borrow a book, DVD, or VHS. When finished, return it to the front desk. Donate items at the front desk for processing. We gladly accept, in good condition only, books published no earlier than the year 2010, and magazines from the past two months. We also accept audio, large type books, and puzzles with 1,000 pieces or less.



#### **Bridge**

Join other intermediate/advanced players for a game of Bridge. Contact the Senior Center to sign up for one of the Bridge groups below.

Peer Leaders: Raeia Marshall, Barbara Tocchini, Jenny Underwood

50 Years+ \$2 Drop-in **Dublin Senior Center** 

**Intermediate & Advanced** 

Mon, Tue 2/16-5/13 12:30-4:00 PM Fri 2/16-5/13 12:00-3:30 PM

**Social Play** 

Wed 2/17-5/11 1:00-3:00 PM

#### **Bridge Lessons for Beginners**

Learn how to play Bridge.

Instructor: Bill Iles

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Mon 2/22-5/16 1:00-4:00 PM

#### **Bunco**

Players take turns rolling three dice in this game of chance. The person with the most "buncos" (3-of-a-kind) wins.

Peer Leader: Sue Woods

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Thu 2/18-5/12 1:00-3:00 PM

#### **Bingo**

The Center's most popular game is sponsored by the Dublin Senior Center Foundation. Play ten games and one black-out game.

50 Years+ \$1 per card or \$2.50 for 3 cards

**Dublin Senior Center** 

Wed 2/17-5/11 12:45-3:30 PM





#### **Ping Pong**

Exercise and burn calories as you play this fun game.

50 Years+ \$2 Drop-in

**Dublin Senior Center** 

Wed, Thu, Sat 2/17-5/14\* 9:00 AM-12:00 PM

\* not available 3/5, 3/12

#### Ping Pong, by Reservation

Reserve a table for an hour. Reservations are taken in person or by phone.

50 Years+ \$4 per hour reservation fee

**Dublin Senior Center** 

Tue 2/23-5/17 6:00-8:00 PM

#### **INFORMATION & RESOURCES**

#### Advisory Committee Meeting

The Advisory Committee Meeting is held on the first Thursday of each month, from 9:30 AM to 11:30 AM. The public is welcome to attend. Suggestions may be made at the meetings, or via e-mail to seniorctr@dublin.ca.gov. The agenda is posted by the Monday prior to the meeting, and also online at www.dublin.ca.gov.

#### **Senior Center Advisory Committee**

Holly Ito—Chairperson

Ramona Krausnick—Vice Chairperson

**Beth Brizee**—Member

Jerrie Lore — Member

**Eddie Jo Mack**—Member

**Janine Thalblum**—Parks & Community Services Representative

#### **Dublin Senior Foundation Donor Wall**

Remember someone special, or simply make a tax deductible donation to the Senior Center. Four levels of giving are as follows:

**Benefactor** 

\$5,000 12" x 12"

Sponsor

\$2,500 6" x 12"

**Donor** 

\$1,000 2 ½" x 12"

Individual

\$250 2 ½" x 5 ½"

Pick up an application form at the front desk. Return the form to the front desk, with a check made payable to the Dublin Senior Foundation. For more information, please leave a message at the front desk for George Zika, Foundation Board Member.

#### **Dublin Senior Foundation Meeting**

The public is invited to attend Foundation Board meetings held on the first Wednesday of each month, from 10:00 to 11:00 AM. The Foundation raises funds and supports the activities of the Dublin Senior Center.

# **Experienced Attorney Consultations by Appointment**

The law offices of Jonathan Van Ee provides free consultations for those with questions about breach of contract disputes, trust and estate controversies, and related matters. Some questions may have easy answers,

while others may require more analysis. Call (925) 556-4511 to make a private, one-on-one appointment.

50 Years+ Free

**Dublin Senior Center** 

Tue 3/8 10:00-11:30 AM Tue 4/12 10:00-11:30 AM

Tue 5/10 10:00-11:30 AM

#### **Diabetes Support Group**

The Alameda County Public Health Department's Diabetes Support Group welcomes people with diabetes and their families.

21 Years+ Free, drop-in

**Dublin Senior Center** 

Tue 3/1 10:00-11:30 AM Tue 4/5 10:00-11:30 AM

Tue 5/3 10:00-11:30 AM

# Health Insurance Counseling Advocacy Program (HICAP)

Seniors may receive free counseling regarding Medicare benefits, Medicare supplements, HMOs, nursing homes, and other insurance and health care coverage issues. Appointments are in one-hour increments. Clients must be 65 and older; adult children are welcome. Please call to schedule an appointment one week prior.

65 Years+ Free

**Dublin Senior Center** 

Wed 3/23 12:30-3:30 PM

Wed 4/27 12:30-3:30 PM

Wed 5/25 12:30-3:30 PM

#### **Health Screening and Footcare**

Senior Support Health Screening is provided for free on a first-come, first-served basis. Foot care is available by appointment for Alameda County residents. For more information, contact Senior Support, Pleasanton, at (925) 931-5379. Foot care, \$10 donation; health screening, free.

65 Years+

**Dublin Senior Center** 

Mon 3/7 9:00 AM-2:00 PM

# Hearing Screening and Hearing Aid Cleaning/Repair

Hearing aid cleaning services are performed on site while you wait. Pamphlets and brochures are available. Many repairs can also be completed on-site, however some repairs will have to be taken to a lab. Call to make an appointment.

Sponsor: Audibel Hearing Center

50 Years+ Free

**Dublin Senior Center** 

Wed 3/9 10:00-11:30 AM

Wed 4/13 10:00-11:30 AM

Wed 5/11 10:00-11:30 AM



Let's Talk Workshops

Presentations by government agencies, non-profits, and senior service businesses on topics of interest to seniors. **Please note:** presentations are subject to cancellation if minimum enrollment is required one week prior to start date.

#### The Lost Sense: Balance

When people have problems with balance, simple activities such as walking, getting up from a chair, climbing stairs, and bending without falling can be a challenge. This informational workshop emphasizes how good balance can be maintained with the appropriate functional exercises. Learn about the three integrated systems that affect balance: vestibular, vision and proprioception.

Instructor: M Valentin \$8 Res/\$9.75 Non-Res

Fri 3/11 10:00-11:30 AM Activity #40664

#### **Conquering Dry Mouth Workshop**

Did you know that more than 700 medications can cause dry mouth that may lead to developing dental diseases, difficulty speaking or swallowing, or alter taste and sense? Learn techniques for maintaining excellent oral health.

Presented by Chabot College students

Free

Mon 3/14 12:30-1:15 PM Activity #40689

#### Senior Legal & Financial Panel Discussion

Our discussion topics include: overview of trust and estate planning issues, financial planning considerations, and strategies for avoiding or resolving legal disputes. Panelists will draw on their extensive experience to outline strategies and considerations to more effectively tackle the many legal and financial challenges seniors face.

Panelists: Daniela Lungu, Esq., Mary Hanson, Certified Financial Planner, Jonathan Van Ee, Esq.

\$5 Res/\$6 Non-Res

Tue 3/15 7:00-8:30 PM Activity #40080

# Challenges for Senior Parents and their Adult Children

This workshop discusses difficult relationships between seniors and their adult children. Difficulties may include overly dependent, controlling, unhelpful or undependable adult children. Adult siblings who conflict and divide the family will also be considered.

Coordinator: Gregory Burns, Senior Support of Tri-Valley Free

Fri 4/1-5/20 10:00-11:30 AM Activity #40666

#### Senior Support of the Tri-Valley Agency

Senior Support is an independent non-profit agency that assists seniors (60+) residing in Dublin, Livermore, Pleasanton and Sunol. They provide services and resources that allow seniors to remain healthy, safe and independent in their homes. Programs include: case management, health services (nutrition, exercise, medication management, foot care), family caregiver support, friendly visiting, alcohol/drug program and counseling, homecare registry, and volunteer transportation to medical appointments. *Co-sponsored by the City of Dublin and other local and county agencies* 

5353 Sunol Blvd., Pleasanton, CA 94566 Office Hours: Mon-Thu, 9:00 AM-4:30 PM General Information: (925) 931-5379 Case Management: (925) 931-5381

#### **Prescription Drug Take-Back Initiative**

Dublin Police Services, along with the DEA, will be participating in this year's national prescription drug "Take-Back Initiative." The event's goal is to collect potentially dangerous, expired, unused, and unwanted prescription drugs for destruction. The free and anonymous collection event will take place at Dublin Senior Center. Dublin Police Officers will collect tablets, capsules, and all other solid dosage forms of prescription medications—no questions asked. Intravenous solutions, injectables, and syringes will not be accepted.

Dublin Senior Center Date/Time TBA

# DUBLIN SENIOR CENTER **VOLUNTEERS**

The Senior Center's volunteers serve in many ways — join the ranks of our dedicated volunteers!

There are many useful ways to volunteer at the Center and training for all positions. Plus it is a great feeling knowing that Staff and patrons are grateful for your help.

If you have an expertise in a specific area and would like to teach a class here, the Center is always interested. Pick up a volunteer application or class proposal form at the reception desk, or download forms at www.DublinSeniorCenter.com. Volunteers are recognized every spring.



#### **AARP Registration**

Make check or money order payable to AARP, and drop off/ mail to the Dublin Senior Center, 7600 Amador Valley Blvd., Dublin, CA 94568.

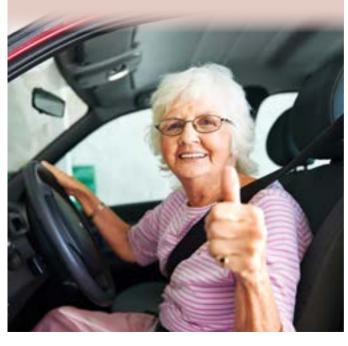
\$15 AARP Members (write membership #on check) \$20 Non-Members

#### **AARP Safety Driving: 8-Hour Class**

A helpful class for drivers 50 and over. Develop functional abilities and reflexes for safe driving. Class completion may entitle participants to a discount from an auto insurance provider. Attendance in both class sessions is needed to qualify.

Instructor: Bill Bryson

**Date & Time TBA** 



#### **Wheels Transportation Counseling/ Training**

Discover the ease of public transportation. Apply for Dial-a-Ride service and RTC discounts, as well as learn how to travel fixedroute buses. Please call to schedule a 15-minute appointment. Leader: Jan Cornish, Wheels Travel Trainer

50 Years+ Free

**Dublin Senior Center** 

Tue 3/15 10:00-11:00 AM Tue 5/17 10:00-11:00 AM



#### **AARP Free Tax Assistance**

Drop-in tax assistance is available at the Dublin Public Library on a first-come, first-served basis. Please call (925) 803-7252 for more information. Please bring the following:

- Current year's tax forms and preparation booklet;
- Copy of last year's income tax returns and supporting documents;
- W-2 and W-2p forms from each employer;
- Unemployment compensation statements;
- SSA-1099 form if you were paid SS benefits;
- All 1099 forms showing interest and dividends, and original purchase price of sold assets;
- 1099R form from the payer of your pension or annuity;
- All forms indicating federal income tax paid;
- Child care provider information;
- All receipts or cancelled checks if itemizing deductions;
- Social security numbers for all dependents.

Administered by the AARP Foundation in cooperation with the IRS

55 Years+ Free

#### **Dublin Public Library**

Sat 2/6-4/9 10:00-11:30 AM

#### 2-I-I Information Line

2-1-1 Alameda County phone line is a free, confidential and multilingual resource line. Trained resource specialists are available 24/7 to assess callers' needs and provides comprehensive and up-to-date information on affordable housing, emergency shelter space, utility payment assistance, Medi-Cal information, food programs, support groups, etc.

#### **VAN TRIPS**

Sit back and relax while being driven to an interesting location.
Register early! Trips fill up fast, and van capacity is 14 people. Dublin residents receive priority.
Non-residents register one week later. Trip fees include professional driver, tolls, parking and admission, but not lunch, unless specifically noted. Trip

#### **Van Trip Registration and Refund Policy**

- Full payment is due at time of registration: check payable to "City of Dublin" (by mail, or in person), cash (in person), or credit card (in person, or online at <a href="https://www.DublinRecGuide.com">www. DublinRecGuide.com</a>).
- Full trip refunds will be issued only when the Senior Center cancels a trip.
- If you withdraw from a trip by the registration deadline, a refund will be posted to your account as a credit, minus the cost of any ticketed admission.
- If you would like a refund issued, please contact the Senior Center. Refunds take up to 30 days and are subject to a \$5 processing fee.
- Withdrawal after the registration deadline may result in forfeiture of the trip fee unless the space can be sold to a person on the waiting list.

Flyers are available on the bulletin board in the Center's east hallway. Call for fees and availability.

TRIP	DATE & TIME	COST	REG. BY	ACT.#
Explore Napa	Saturday, March 26, 8:15 AM-5:00 PM	\$39 Res/\$47 Non-Res	2/16	40507
Monterey	Wednesday, March 30, 8:45 AM-5:30 PM	\$39 Res/\$47 Non-Res	2/16	40508
Sonoma Plaza, Sonoma	Saturday, April 9, 8:30 AM-5:30 PM	\$39 Res/\$47 Non-Res	3/1	40509
Filoli Gardens, Woodside	Saturday, April 30, 8:30 AM-5:00 PM	\$51 Res/\$62 Non-Res	3/1	40510
Explore San Francisco	Saturday, May 14, 9:00 AM-5:00 PM	\$39 Res/\$47 Non-Res	3/21	40511
Mare Island Naval Base, Vallejo	Saturday, May 21, 8:45 AM-5:00 PM	\$54 Res/\$65 Non-Res	3/21	40513
Carmel	Saturday, June 4, 8:45 AM-5:30 PM	\$39 Res/\$47 Non-Res	4/25	40514
Ano Nuevo, Pescadero	Monday, June 13, 7:00 AM-5:00 PM	\$45 Res/\$53 Non-Res	4/25	40515



## WEEKLY SCHEDULE

DAY	TIME			CLASS
Mondays	9:45 AM-12:00 PM	\$ -	*	Writing Class with Julaina Kleist
ŕ	10:00-10:45 AM		*	Balance, Agility and Strength
	12:30-1:30 PM		*	Healing Yoga — Drop-in
	12:30-4:00 PM		*	Bridge — Advanced Play
	1:00-2:45 PM	\$	İ	Intermediate Line Dancing
	2:00-5:00 PM		*	Acrylics Art Class
	3:00-3:45 PM	\$ -	*	Chair Pilates
	3:00-4:30 PM	\$ -	*	Everyday Life Skills in English (ELSE)
Tuesdays	8:45 AM-12:00 PM	¢ ·	*	Tri-Valley Trail Trekkers
	10:00-11:00 AM	\$	Ť	Beginning/Intermediate Line Dance
	10:00 AM-12:00 PM	¢	İ	Needle Arts Group
	10:30-11:30 AM	\$ -	*	Intro to Gentle Yoga
	10:30-11:30 AM	¢	Ť	A Reading Group (every 4th Tuesday)
	12:30-4:00 PM	т	*	Intermediate Bridge
	1:00-2:00 PM	\$	*	Tai Chi Chuan
	1:00-4:00 PM		İ	Melody Minstrels Jam Session
	2:15-3:45 PM	\$	*	Ballroom Dance
Wednesdays	9:00 AM-12:00 PM		İ	Ping Pong — Open Play
	10:00-10:45 AM		*	Balance, Agility and Strength
	10:00 AM-1:00 PM	\$	*	PC/MAC Computer 1-on-1 (30-minute sessions)
	12:30-3:30 PM		Ť	Art Studio for All Media
	12:45-3:30 PM	\$	Ť	Bingo
	1:00-2:30 PM	<u> </u>	Ť	Draw Now/Paint Later
	1:00-3:30 PM		Ť	Blankets for Vets
	5:30-6:30 PM	\$ -	*	Gentle Yoga
Thursdays	9:00 AM	*	Ť	Path Wanderers Walking Group (call for schedule)
	9:00–10:00 AM		İ	Tai Chi Chuan Practice Group
	9:00 AM-12:00 PM	¢	Ť	Ping Pong — Open Play
	10:15-11:15 AM	_	İ	Line Dancing for Beginners
	10:15-11:15 AM		İ	Sing-Along
	12:00-4:00 PM		*	Chinese Mah Jong
	12:30-1:30 PM		İ	Healing Yoga — Drop-in
	1:00-3:00 PM	_ T	*	Basic American Sign Language
	1:00-3:00 PM		İ	Bunco
	2:00-4:00 PM		İ	Intermediate Line Dance (Social on 1st Thursday)
	7:25-8:25 PM	т	*	Beginning/Intermediate Ballroom Dance
Fridays	9:30 AM-12:00 PM	\$ -	*	Watercolor for all Levels
	10:00-11:00 AM	_	†	Line Dance Social
	12:15-4:00 PM		Ť	American Mah Jong
	12:00-3:30 PM		*	Intermediate Bridge
	1:00-2:00 PM	- T	*	Tai Chi Chuan (1st, 2nd & 3rd Fridays)
Saturdays	8:30 AM-12:00 PM	_	Ť	Ping Pong — Open Play AM only
	9:45–10:45 AM	-	*	Tai Chi Chuan
	11:00 AM-12:00 PM	\$	İ	Beginning/Intermediate Line Dance

#### **Activity Key**



Walk-ins welcome (otherwise please register in advance, in person or online)



Activity fee \$2



**Costs vary** 



No charge

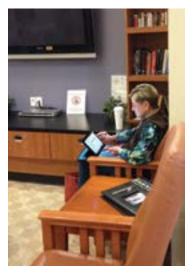


**Registration for Senior** Center classes required by calling (925) 556-4511

# shamrock cafe

MONDAY - FRIDAY 11:30 AM - 12:15 PM See page 44







## **Dublin Public Library**

200 Civic Plaza (925) 803-7252 www.aclibrary.org www.facebook.com/DublinLibrary blogging at: dublinlibrary.wordpress.com twitter: @aclib

#### Hours

 Sunday
 1:00 PM-5:00 PM

 Monday
 10:00 AM-8:00 PM

 Tuesday
 10:00 AM-8:00 PM

 Wednesday
 10:00 AM-8:00 PM

 Thursday
 10:00 AM-6:00 PM

Friday CLOSED

Saturday 10:00 AM-5:00 PM



Friends of the Dublin Library
Spring Book Sale
Saturday & Sunday, March 26 & 27
Friends of the Dublin Library

Shop for bargain treasures at the Friends of the Dublin Library Spring Book Sale! The sale includes gently used hardbacks and paperbacks, children's books, media such as DVDs, books on CD, and music CDs. All proceeds from the sale benefit the Dublin Library.

Saturday, March 26, 9:00-11:00 AM—Members Only Saturday, March 26, 11:00 AM-4:00 PM—General Public Sunday, March 27, 1:00-4:00 PM—Bag Day

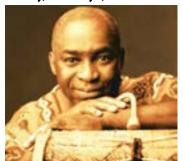
# Adult Literacy Reading Group @Dublin Library

# Tuesdays, January 19 through May 3, 6:00-8:00 PM in the Library Program Room

Reading groups are an opportunity for adults to practice their English language conversational skills. Members read the same book and then discuss it at weekly meetings. New learners must schedule an appointment for an orientation and a reading assessment. To join a group, please call the "Write to Read" Adult Literacy office at (510) 745-1480. The minimum requirement is an intermediate reading level in English.

#### **African Village Celebrations**

#### Sunday, February 7, 2:00-3:00 PM in the Library Community Room



Onye Onyemaechi, founder of *Village Rhythms*, brings the joy and soul of African culture, music and the celebration of village life to audiences throughout the world. This program is suitable for the whole family. Free tickets will be handed out 15 minutes before the start of the program.

#### **Daniel Bennett Group**

#### Sunday, April 24, 2:00-3:30 PM

The group performs a mix of Modern Jazz, fused with elements of American Folk and experimental classical music, featuring saxophone, guitar and drums. Visit www.danielbennettgroup.com for more information about the group. Free. All ages welcome!



#### **City Council**

# Meets 1st & 3rd Tuesdays at 7:00 PM Dublin Civic Center

City Council meetings are aired live on TV-30 (Cable Channels 28, 29 or 30), or at www.TV30.org

#### Mayor **David Haubert**

Councilmembers
Don Biddle
Abe Gupta
Kevin Hart
Doreen Wehrenberg

# Heritage and Cultural Arts Commission

# Meets 2nd Thursday at 7:00 PM Dublin Civic Center

Chairperson Timea Iharosi

Vice Chairperson

Dayna Tutino

Commissioners
Kathy Blackburn
Richard Deets
Frank He
Steve Minniear

# Rita Szollos Human Services Commission

Meets bi-monthly on 4th Thursday at 7:00 PM (November meeting is on 3rd Thursday) Dublin Civic Center

> Chairperson Melissa Strah

Vice Chairperson
Alan Brown

Commissioners Bruce Fiedler Shehu Hassan Janet Songey

# Parks and Community Services Commission

#### Meets 3rd Monday at 7:00 PM Dublin Civic Center

Chairperson
Anthony Totaro

Vice Chairperson

Mona Lisa Ballesteros

Commissioners
Joseph Giannini
Janine Thalblum
Philip Tucker

Student Commissioner Sabrina Tabaracci

# Parks and Community Services Administration

Parks and Community Services Director
Paul McCreary

Assistant Director of Parks and Community Services Micki Cronin

#### **Facilities**

#### **Dublin Civic Center**

(925) 833-6645 100 Civic Plaza Monday to Friday, 8 AM to 5 PM

#### **Shannon Community Center**

(925) 556-4500 I 1600 Shannon Avenue Monday to Friday, 8 AM to 5 PM Thursday until 7 PM Saturday, 9 AM to 12 PM

#### **Dublin Heritage Park & Museums**

(925) 452-2100 6600 Donlon Way **Park Hours:** 

Park open daily during daylight hours

#### **Museum Hours:**

Tuesday, 6 PM to 9 PM Wednesday through Sunday, I to 4 PM Closed Mondays & Fridays

#### **Dublin Senior Center**

(925) 556-4511 7600 Amador Valley Boulevard Monday to Friday, 9 AM to 4 PM Saturday, 8:30 AM to 12 PM

#### **Dublin Swim Center**

(925) 556-4590 8157 Village Parkway Offices hours vary (see Aquatics)

#### **Stager Community Gymnasium**

6901 York Drive For information call (925) 833-6645

#### **Dublin Preschool**

I 1600 Shannon Avenue For information call (925) 556-4500

#### **Departments** -

City Council (925) 833-6650	Public Works (925) 833-6630
City Manager (925) 833-6650	Housing(925) 833-6610
City Clerk (925) 833-6650	Human Resources(925) 833-6650
Economic Development (925) 833-6650	Finance (925) 833-6640
Building Inspection (925) 833-6620	Parks & Community Services .(925) 833-6645
Code Enforcement (925) 833-6610	Environmental Services(925) 833-6630
Engineering (925) 833-6630	Neighborhood Resources(925) 833-6610
Planning (925) 833-6610	Police

#### **Community Groups** -

Community Groups	
Boy Scouts of America	(925) 785-4518
Chamber of Commerce	(925) 828-6200
Child Care Links	(925) 417-8733
Dial-a-Ride	(925) 455-7510
Dublin 4-H	(925) 462-4518
Dublin Historical Preservation Association	dhpaorg@gmail.com
Dublin Lions Club	(925) 828-6636
Dublin Little League	president@dublinll.org
Dublin Public Library	
Dublin Rotary	(925) 583-5116
Dublin Sister City Assoc	(925) 899-4771
Dublin United Soccer	www.dublinsoccer.org
Dublin Partners in Education	(925) 828-2551 × 8024
Girl Scouts	(800) 447-4475
Integrity in Action	
Tri-Valley Convention and Visitor's Bureau	
Tri-Valley YMCA	
Dublin Fighting Irish	(510) 714-1439
WHEELS	(925) 455-7500
Women's Club of Dublin/San Ramon	(925) 828-2812
Valley Spokesmen Bicycle Club	(925) 828-5299

	FIELDS FOR RENTAL	BARBECUES	BASKETBALL COURTS	BASKETBALL (LIGHTED)	BASEBALL DIAMONDS	BMX COURSE	DOG RUN (*20 lbs & under)	DRINKING FOUNTAINS	FITNESS EQUIPMENT	HORSESHOE PITS	PICNIC TABLES	PICNIC AREA	PLAY EQUIPMENT	RESTROOMS	SKATE PARK	SOCCER FIELDS	SOFTBALL DIAMONDS	TENNIS COURTS	TENNIS (LIGHTED)	VOLLEYBALL (GRASS)	VOLLEYBALL (SAND)	WALKWAYS & TRAILS	WATER PLAY AREA
ALAMO CREEK PARK 7601 Shady Creek Road		x	X					x			X	X	X	X								X	
BRAY COMMONS 3300 Finnian Way		x	x				X*	x			x	x	X	x						x		x	
DEVANY SQUARE 4405 Chancery Lane								x			X	X	x										x
DOLAN PARK 11651 Padre Way		x	x					x	x		x	x	x									x	
DOUGHERTY HILLS DOG PARK Amador Valley Blvd. & Stagecoach Road							x	x															
DUBLIN HERITAGE PARK & MUSEUMS 6600 Donlon Way		x						x			X	X		X								x	
DUBLIN SPORTS GROUNDS 6700 Dublin Blvd.	x	x			x			x			X	X	X	X		X	x					X	
EMERALD GLEN PARK 4201 Central Pkwy.	x	x		x	x			x			X	X	X	X	x	x			x			x	x
FALLON SPORTS PARK 4605 Lockhart Street	x	x		x	x	X		x			X			X		X	x		X			X	
KOLB PARK 8020 Bristol Road		x						x	x		x	x	x	x					x			x	
MAPE MEMORIAL PARK 11711 Mape Way		x						x			x	x	x	x							x	x	
MARTIN CANYON CREEK TRAIL Enter from Silvergate Drive at Bay Laurel Drive																						x	
PASSATEMPO PARK 3200 Palermo Way		x						x			X	X	x	X								x	
PIAZZA SORRENTO 3600 Palermo Way								x			x	x	x										
POSITANO HILLS PARK 2301 Valentano Drive		x	X					x			X	X	x	X								x	
SCHAEFER RANCH PARK 9595 Dublin Boulevard		x	x					x		x	x	x	x	x				x				x	
SHANNON PARK 11600 Shannon Avenue		x						x			x	x	x	x								x	x
STAGECOACH PARK 7550 Stagecoach Road		x						x			x		x										
TED FAIRFIELD PARK 3400 Antone Way	X	X	X		X			X			X		X	X		X					X	X	

The City strives to maintain its parks in a first-rate manner and ensure the safety of park users. If you notice a problem at one of Dublin's parks, you can report the problem using the City's website. On the home page, click on the button on the left side to "Report an Issue," then select the "Park Maintenance Form," or contact the Parks and Community Services Department at (925) 556-4500.

Register online at www.DublinRecGuide.com
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#### **CITY PARKS**

- Alamo Creek Park
- **Bray Commons**
- Devany Square
- Dolan Park
- Dougherty Hills Dog Park
- Dougherty Hills Open Space
- **Dublin Heritage Park & Museums**
- **Dublin Sports Ground**
- Emerald Glen Park
- Fallon Sports Park
- Kolb Park
- Mape Memorial Park
- Passatempo Park
- Piazza Sorrento
- Positano Hills Park
- Schaefer Ranch Park
- Shannon Park
- Stagecoach Park
- Ted Fairfield Park

#### **PUBLIC SCHOOLS**

- Amador Elementary School
- Dougherty Elementary School
- Dublin Elementary School
- ▲ Dublin High School
- Fallon Middle School
- Frederiksen Elementary School
- ▲ Green Elementary School
- Kolb Elementary School
- Murray Elementary School
- Mielsen Education Center
- Valley High School
- Mells Middle School

#### **HISTORICAL SIGHTS**

- 13 Alamilla Springs
- Old Green Store
- n Dublin Heritage Park & Museums
  - Dublin Pioneer Cemetery
  - Hay Barn
  - Kolb House Museum
  - Sunday School Barn

#### **ART AT THE CIVIC CENTER**

- - "Aaron and Dillon" by Katherine Keefer, 1999
  - "Gail" by Katherine Keefer, 1994
  - "Sisyphus," 1989 by Roger Berry, 1992
  - "Steel Water Color #99," 1989 by Fletcher Benton, 1996
  - "20th Anniversary Quilt" by Linda Schmidt, 2002

#### **ART AT SHANNON COMMUNITY CENTER**

- "In My World" & "Community" by Tricia George, 2009
  - "The Sacred Tree at the Center of the World" by Colin Lambert & Peter Adams, 2009
  - "And There was Evening and There was Morning" by Margarita Soyfertis, 2009

#### ART IN THE DUBLIN LIBRARY

Commissioned and installed 2003

- 🈰 "Know Way" by Robert Ellison
  - "Seasons" by Peter Mollica "Cutouts" by Mark Evans and Charlie Brown



#### ART AT THE SENIOR CENTER

\*Wisdom through the Ages" by Rowland Cheney, 2005

#### **DOWNTOWN ART**

Underpass Murals by Daniel Galvez, John Pugh and John Wehrle. Completed 2003

- thistoric Crossroads", I-680 at Amador Valley Blvd.
- "Artistic Bus Shelter" by Dan Dykes. Village Pkwy.
- \* "Artistic Bus Shelter" by Dan Dykes. Village Pkwy.
- \*Artistic Bus Shelter" by Dan Dykes. Amador Valley Blvd.

#### **ART IN THE PARKS**

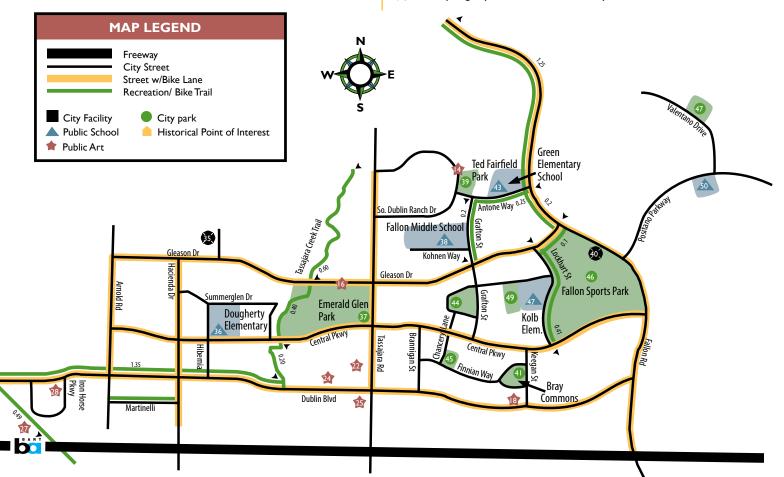
Commissioned by Dublin Fine Arts Foundation

- Shannon Park: "Sirius" by Peter Voulkos, 1990
- Stagecoach Park:
  Mosaic tile seating area, benches, wagon wheel sign by Twyla Arthur, 1996
- ♠ Alamo Creek Park: "Black Pool" by Alan Counihan, 1997
- Mape Memorial Park: "Archway" by Donna Billick and Troy Corliss, 1999
- f Kolb Park: "Dust in the Universe" by John King, 2000

- 🏚 Ted Fairfield Park: "Birdwatch" by Johanna Poethig, 2002
- p Dolan Park: "Dreams of Longing After Nothing" by Bryan Tedrick, 2004
- 🎪 Emerald Glen Park:"Divided Sea" by Ned Kahn, 2004
- Dougherty Hills Dog Park: "Animal Series" by Michele M. Arcantara, 2007
- Bray Commons Park: "Wind, Light, Shade = Tranquility" by Bill Gould, 2007

#### **ART IN PUBLIC SPACES**

- "Dublin Time" by Dan Dykes, Dublin Blvd. and Amador Plaza Rd. 2004
- ☆ "Indesign" by Ray Lamb, at Dublin Place Shopping Center, 2001
- "Ironhorse Trail" by Vickie Jo Sowell, at the Archstone Apartments, 2002
- "The Rising Blue" by Yoshio Taylor, at Waterford Shopping Center, 2003
- function of the state of the st
- restivity" by Aries Lee, at Ulferts Center, 2006
- ☆ "Alamilla" by Archie Held, at Gateway Medical Building, 2006
- \* "Home" by Gary Winter, at San Ramon Village, 2007
- make "Dubliner" by Cliff Garten, Dublin/Pleasanton BART Station, 2012
- 🏚 "Oasis" by Wowhaus, Campbell Green, 2013
- "Wellspring" by Eric Powell, at Connolly Station, 2013



Registration for Senior Programs is on-going

# Online at www.DublinRecGuide.com • In Person • Mail-in Shannon Community Center, I 1600 Shannon Ave., Dublin, CA 94568 Spring 2016 Classes & Activities Residents: Tuesday, January 19 at 8 AM Non-Residents: Tuesday, January 26 at 8 AM Preschool: Fall 2016-2017, Session I Priority: February 25 at 8 AM – March II at 8 AM Residents: March 24 at 8 AM – April 8 at 8 AM Non-Residents: April 14 at 8 AM After-School Recreation/Student Union: Session III Priority: February 16 at 8 AM Residents: Tuesday, March I at 8 AM Non-Residents: Tuesday, March 8 at 8 AM Non-Residents: Tuesday, March 8 at 8 AM Senior Center Programs

Note: Registrations received prior to these dates are not given priority. Call (925)556-4500 for more information.

#### No Phone or Faxed Registrations Accepted

- Full payment is due at the time of registration. Checks are payable to the "CITY OF DUBLIN." MasterCard, Visa, Discover and American Express credit cards are accepted.
- Only check payments can be submitted with mail-in registrations.
   Credit Card payments must be made in person or online at www.DublinRecGuide.com.
- For mail-in registrations, confirmations will be sent to the email address on the registration form.
- If you do not already have an online account with us, please call (925) 556-4500 to set up a free account, or set up an account at www.DublinRecGuide.com.

#### **Activity Withdrawals and Refunds**

Withdrawals can be done online at <a href="www.DublinRecGuide.com">www.DublinRecGuide.com</a>, over the phone, or by sending an email to <a href="mailto:glentheguilde@dublin.ca.gov">glentheguilde@dublin.ca.gov</a>:

- If the withdrawal is requested up to four (4) business days prior to the
  activity start date, a credit for the full registration fee will be placed on
  your account. If you would like your credit balance refunded, please call
  (925) 556-4500, or send an email to glentheguide@dublin.ca.gov. Refunds
  take up to 30 days, and are subject to a \$5 processing fee.
- If the withdrawal is requested less than four (4) business days before the
  activity start date, the activity fee will be forfeited and no refund or credit
  will be issued.

#### PARENT/MAIN CONTACT INFORMATION

Online at www.DublinRecGuide.com • In Person • Mail-in

Dublin Senior Center, 7600 Amador Valley Blvd., Dublin, CA 94568

Last Name:			First Name:	First Name:											
Address:			City:	St	ate: Zip:										
			Work/Day	Work/Daytime Ph: ()											
Email Address:															
Emergency Contact/Relat	ionship			Ph: (											
PARTICIPANT'S NAME	BIRTHDATE	M/F	ACTIVITY TITLE	ACTIVITY#	2 <sup>ND</sup> CHOICE	FEE									
The City of Dublin Youth Fee Assistance Program provides eligible Dublin youth financial assistance to participate in City-sponsored recreation programs. The program will allow children to have quality recreational experiences that may not be possible without financial assistance. Would you like to make a donation of \$1 to the Youth Fee Assistance Program? \(\superigram\) Yes, \$1.00—Thank you for your support! \(\superigram\) No thanks.															
					Total fees due:										

I understand that photographs may be taken of me or my child during the course of said activity, and that these photographs may be used in the City of Dublin's publications.

PLEASE CAREFULLY READ THE FOLLOWING PARAGRAPH. AMONG OTHER THINGS, IT LIMITS YOUR RIGHT TO SUE SHOULD YOU OR YOUR CHILD BE INJURED WHILE PARTICIPATING IN A CITY PROGRAM.

Waiver and Release: I specifically acknowledge that City recreation programs may include physical activity that can result in injury to participants, and I agree that should I engage in such activity that I do so voluntarily and at my own risk. THE UNDERSIGNED, in consideration of participation in this recreation program and the use of the City of Dublin's facilities, premises, equipment and transportation services, hereby agrees to RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE THE CITY OF DUBLIN, its officers, employees, and agents (collectively, "the City") for any loss or damage, and any claim or demands therefore on account of injury to the person or resulting in the death of the undersigned, whether caused by the negligence of the City or otherwise, while the undersigned is in, upon, or about the premises or any facilities or equipment therein or, arising out of, or in the course of any transportation provided by the City. In addition, the undersigned hereby agrees to indemnify and save and hold harmless, and defend at its own expense, the City from any loss, liability, damage or cost, including reasonable attorney's fee, the City may incur due to the presence of the undersigned, in, upon, or about the City premises or in any using any facilities or equipment of the City whether caused by the negligence of the City or otherwise. If this agreement is signed on behalf of a minor by a parent or guardian, the phrases "I" and "the undersigned" in the previous paragraph refer to the child and not to the parent or guardian signing on the child's behalf. In the case of an injury to my minor child, I authorize the City staff to administer minor first aid. In the event that I cannot be contacted and it is necessary to administer further medical treatment, I will take full responsibility for any medical expenses. I HAVE READ AND VOLUNTARILY SIGN THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT. I HAVE READ THIS RELEASE.

LIABILITY AND INDEMINITY AGREEMENT. I HAVE KEAD THIS RELEASE.	FOR OFFICE USE ONLY						
		Date Entered: Receipt No:					
Signature	Date	☐ Cash ☐ Credit Card ☐ Check No:					
🗆 Participant 🕒 Parent 🕒 Legal Guardian							



Where else but publin?

**City of Dublin** 

# ST. PATRICK'S DAY FESTIVAL

Saturday & Sunday, March 12 & 13, 10 AM-5 PM **Dublin Civic Center** 

Enjoy plenty of fun at this year's St. Patrick's Day festival! Don't miss our three stages of authentic Irish music and dance; over 250 fine arts and commercial vendors, including an Irish Marketplace; plenty of authentic Irish food and beverages; carnival rides for all ages; and an Irish Tea Cottage.



**Dublin Sister City Association** 

#### **GREEN & WHITE GALA**

Friday, March 11, at 6 PM **Dublin Senior Center** 

Begin the weekend's festivities with a hosted happy hour, followed by dinner and dancing to live music. Tickets are \$65 per person, online at brownpapertickets.com/event/2469519. Call (925) 899-4771 for more information.



**Alameda County Firefighters** 

#### **PANCAKE BREAKFAST**

Saturday, March 12, 7-10 AM Fire Station #16, 7494 Donohue Drive

Join Local 55 for a delicious hot breakfast featuring green pancakes! Tickets are \$5 per person at the door; proceeds support the Local 55 Charity Fund.

**Dublin Lions Club** 

#### ST. PATRICK'S DAY PARADE

Saturday, March 12, at 9:30 AM **Dublin Blvd. at Amador Plaza Road** 

The 33rd Annual Dublin Lions Club Parade will feature over 80 entries including marching bands, bagpipers, equestrian riders, and more. The parade proceeds east on Dublin Boulevard, north on Village Parkway, west on Amador Valley Boulevard, and ends at the Target parking area.



#### SHAMROCK 5K FUN RUN & WALK

Sunday, March 13, at 8:30 AM **Dublin Blvd. near Dublin Civic Center** 

Lace up those running shoes! The Fun Run & Walk is a 3.1 mile certified course beginning on Dublin Boulevard near the Civic Center and ending at the Festival. Register online at

www.active.com, or download an application at www.dublinstpats.com.









Parks and Community Services Department 100 Civic Plaza, Dublin, CA 94568

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# DUBLIN, CALIFORNIA St. PATRICK'S CELEBRATI

Where else but dublin?



**Saturday & Sunday** March 12 & 13

**Dublin Civic Center** 

**Dublin Sister City Association** 

#### **GREEN & WHITE GALA**

Friday, March 11 at 6 PM **Dublin Senior Center** 

**Alameda County Firefighters** 

#### PANCAKE BREAKFAST

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#### PARADE

Saturday, March 12 at 9:30 AM **Dublin Boulevard at Amador Plaza Road** 

City of Dublin

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Sunday, March 13 at 8:30 AM **Dublin Boulevard near Dublin Civic Center** 

IRISH MUSIC, FOOD & DANCE

ARTS & CRAFTS

IRISD MARKETPLACE

CARNIVAL RIDES

tea cottage



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